



## Gluten Free chocolate cookie mix ~ naturally good ~

### What you will need:

large mixing bowl  
ungreased cookie sheet  
paper towels or cooling rack  
1½ sticks of butter or margarine  
1 egg

### Instructions:

Preheat oven to 325° F.

1. Empty contents of baking mix into large mixing bowl.
2. Add butter or margarine & egg; mix thoroughly.

— OR —

You can use ¾ stick butter & ¾ C applesauce & 1 egg.

— OR —

You can use 1½ C applesauce & 1 egg. This will cause the dough to be a batter, runny like a pancake and will bake up as a much thinner cookie.

3. Mix thoroughly & scoop dough using a tablespoon onto cookie sheet.
4. Bake at 325° for 10-12 minutes. Cookie will be chewy. Cool on pan a little before removing. Store in airtight container or you can freeze them for later enjoyment. Mix makes approximately 18 cookies!

*\*\* Meets FDA requirements for low fat and saturated fat, and low sodium. Contains less than 25% sugar as requested to assist in the prevention of childhood obesity.*

## Nutrition Facts

Serving Size 2 T dry mix (30g)

Servings Per Product 15

Amount Per Serving

**Calories 110**      **Calories from Fat 20**

**% Daily Value\***

**Total Fat 2g**      **3%**

Saturated Fat 0.5g      **3%**

Trans Fat 0g

**Cholesterol 0mg**      **0%**

**Sodium 85mg**      **4%**

**Total Carbohydrate 22g**      **7%**

Dietary Fiber 1g      **4%**

Sugars 12g

**Protein 2g**

Vitamin A    \*\*      •      Vitamin C    \*\*

Calcium    \*\*      •      Iron      2%

Folic Acid    \*\*

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

\*\* Contains less than 2%.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** gluten free flour (rice flour, brown rice flour, modified potato starch, modified tapioca starch, modified cornstarch, xanthan gum), granulated sugar, medium brown sugar, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin (an emulsifier), and vanilla), cocoa powder, baking soda (sodium bicarbonate, tricalcium phosphate), powdered vanilla, sea salt. **Allergen Warning: Contains Milk, Soy**