



boosts energy

Energy. It's just the one thing we never have enough of anymore, right? Wrong. b-lite!™ promotes smooth, feel-good energy that keeps you on track and feeling good about your day.

blocks bad cravings

This isn't just about suppressing your appetite...it's about "fixing" it. B-Vitamins and other antioxidants in b-lite!™ provides the brain nutrition—often missing from our diets—that restores balance to our natural hunger mechanisms.

burns bad fat

There's two kinds of fat. b-lite!™ promotes a mild thermogenic effect in your body that stimulates brown fat (the good fat) which in turn burns off white adipose tissue (the bad fat). This is what you want.

restores balance

It's not just over eating that causes people to gain weight. b-lite!™ is packed with antioxidants and other natural herbs that promotes cleansing the body of impurities, which in turn releases white adipose tissue (the bad fat).

loaded with b-vitamins

Even if you get the "RDA" of B-vitamins, they would still be terribly deficient because the RDAs are pretty much all too low—some by a lot! B-vitamins are absolutely essential to every stage in weight loss and maintenance. b-lite!™ is loaded with non-synthetic, natural B-vitamins.

b-lite!™ is available online or through individual authorized retailers. Get back to the person that gave you this brochure or follow the contact information at the bottom of this page to get started today!

Take one or two capsules as desired for energy. **Important:** Drink at least 64 oz. of water per day. **Do not take too late in the day as sleep may be impaired. Do not exceed four capsules per day.**

WARNING: Not intended for use by persons under 18 years of age. Not for use by persons who are pregnant or nursing, caffeine sensitive, or suffer from high blood pressure. If unpleasant effects occur, discontinue use.

Supplement Facts

Serving size: 1 capsule Servings per container: Varies

	Amount Per Serving	%Daily Value
Vitamin B1 (Thiamine Pyrophosphate)	3 mg	300%
Vitamin B2 (Riboflavin-5'-Phosphate)	4 mg	330%
Vitamin B3 (Niacinamide)	44 mg	320%
Vitamin B5 (D-Calcium Pantothenate)	22 mg	440%
Vitamin B6 (Pyridoxal-5'-Phosphate)	4 mg	250%
Vitamin B7 (Biotin)	660 mcg	900%
Vitamin B8 (Inositol)	35 mg	008%
Vitamin B9 (Follic Acid)	920 mcg	230%
Vitamin B12 (Methylcobalamin)	800 mcg	800%

Proprietary Blend	350 mg	†
PEA (Phenylethylamine HCL), Bladderwrack, DMAA, GABA, Ginger Root, R-Lipoic Acid, Citrus Aurantium, Synephrine, White Willow, 7-Keto		
Green Tea Extract (Standardized to 50%)	50 mg	†
Caffeine (Natural Origin)	75 mg	†
Yerba Mate (8% Extract)	28 mg	†
Chelated Mineral Blend	47 mg	†
Zinc, Selenium, Manganese, Chromium, Vanadium		
Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established		

*These statements have not been evaluated by the FDA. This product is not meant to diagnose, treat, cure or prevent any disease.



To order b-lite!™ online or for more info, please visit...

www.bliteworks.com

To order by phone, please call or TEXT...

(817) 797-0001

Please call anytime!

dave austin, l.f.b.

(817) 797-0001 call or text!

dave@bliteworks.com

make \$\$\$ ask me how!



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Come over to the lite side!

Powerful, effective and safe, b-lite!™ is a formulation of all-natural ingredients that nourish the brain and body while providing appetite control and satisfaction—plus smooth, natural energy all day long.



b-lite!™ is available in 60 ct, 30 ct and 12 ct bottles

Below are answers to some commonly asked questions about b-lite!™

Who should use b-lite!™?

b-lite!™ is for adults seeking a simple tool to help them regain control over their eating habits, promote safe, effective fat-burning, and enhance their mood and energy all day long.

Is b-lite!™ safe?

b-lite!™ is safe, natural, non-toxic—and healthy—for your body and brain. Please read the warning on the back of this brochure. If you are under a doctor's care or on any medications, we encourage you to have your physician clear you to use b-lite!™ and help monitor your results.

Will b-lite!™ give me shakes or jitters or make me feel like I want to jump out of my skin?

Absolutely not! What makes b-lite!™ such a unique formula is the nutrients and antioxidants that nourish and repair the adrenal glands and neurotransmitters in our brain that are overstimulated by thermogenesis. This prevents the uncomfortable feelings often associated with energy and thermogenic supplements.

Will b-lite!™ affect my sleep or keep me up?

b-lite!™ is formulated as a natural energizer for your body. Each capsule has about the same amount of natural caffeine as an eight ounce cup of coffee, plus other natural energizing ingredients. If you are caffeine sensitive, avoid taking b-lite!™ too late in the afternoon. Your daily routine will be your best guide.

What is the correct dosage?

If you're trying b-lite!™ for the first time, take one capsule mid-morning or early afternoon on an empty stomach or before a light meal. If you don't feel significantly energized after an hour or two, take another capsule. Individuals who are caffeine sensitive may find one capsule will last the entire day. Others may need an additional capsule to reach desired results.

Is b-lite!™ a diet program or system?

No. But if you are currently involved in a program or routine for weight reduction, b-lite!™ will increase its effectiveness in a big, big way! Most diets require you to not only reduce caloric intake but also to make a conscious decision to eat healthier calories. Both can be daunting tasks! The craving control of b-lite!™ is a natural weapon against overeating, "emotional hunger" and poor food choices.

In addition to b-lite!™, what else can I do to help my weight loss efforts?

Good health is not an event—it's a lifestyle. To achieve long-lasting change in your health, better decisions need to become a habit rather than a chore. There's no such thing as a magic bullet in weight loss and there's no replacement for healthier eating habits and exercise. b-lite!™ will help you stay satisfied longer and feel more energized, motivating you to stay on track and reach your goals. Visit www.bliteworks.com and learn how healthy eating works and how to recognize and prevent "emotional hunger."

Should I buy the 30ct or 60ct bottle and how long does each last?

The 30ct bottle is a supply intended to last one month and the 60ct bottle is intended to last two months. However, some individuals may desire more than one capsule of b-lite!™ daily and consume more than 30 capsules per month. If you want to try b-lite!™ with little investment, try our new 12ct "mini" bottle and try it out for a week or so.

For more answers and information, or to order online, visit www.bliteworks.com today!