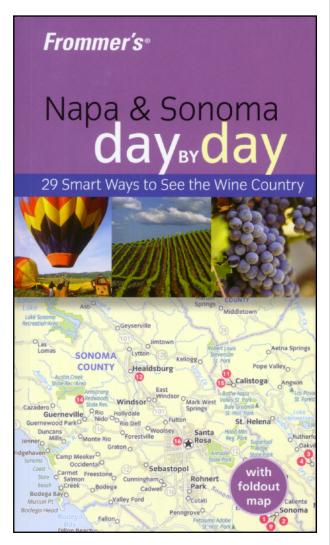
## TIDDLE E. WINKS IN FROMMER'S!





At the northern boundary of the Carneros District, along Highway 12, is the centerpiece of Sonoma Valley: the midsized town of Sonoma, which owes much of its appeal to Mexican general Mariano Guadalupe Vallejo. Vallejo fashioned this pleasant, slowpaced community after a typical Mexican village—right down to its central plaza, which still serves as Sonoma's geographical and commercial center. The plaza sits at the top of a "T" formed by Broadway (Hwy. 12) and Napa Street. Most of the surrounding streets form a grid pattern around this axis, making Sonoma easy to navigate. The plaza's Bear Flag Monument marks the spot where the crude Bear Flag was raised in 1846, signaling the end of Mexican rule: the symbol was later adopted by the state of California and placed on its flag. The 8-acre (3.2-hectare) park at the center of the plaza, complete with two ponds that are populated with ducks and geese. might make you want to take an afternoon siesta-but don't. There's too much to see here. Depending on your pace, allow a halfto a full day. START: Sonoma Valley Visitors Bureau, 453 1st St. E. Distance: Less than a half-mile (.8km) of walking.

- ★ Spirits in Stone. Cross the street to get to this gallery selling African sculptures, paintings, baskets, and ethnic jewelry. It'll make you want to go to Kenya. 452 1st St. E. 2 707/938-2200. www.spiritsin stone.com. Daily 10am-6pm (open until 8pm Fri-Sat).
- Basque Boulangerie, Grab lunch at this crowded little bakery with fresh sandwiches and good coffee. 460 1st St. E. 22 707/935-7687. Daily 7am-6pm. \$. Also offering exceptional coffee is tucked-away Jeanine's Coffee & Tea Co., which roasts its own beans and shares a quirky storefront with a tobacconist. 464 1st St. E. St. 707/ 996-7573. S.
- ★★ Mayo on the Plaza. At Mayo Family Winery's friendly, fragrant tasting room, \$5 gets you six tastes; it's free to peruse the nice gift selection, so pick out a book, table

- Also try the shop's oils, teas, cocoas, honeys, and pastas. 127 E. Napa St. 2 707/996-4060. www.cheese makersdaughter.com. Tues-Sat 10am-6pm, Sun 11am-5pm.
- ★★ Etre. Some store-design. expert must've planned this delightfilled boutique; it's in a restored 1880s bungalow with a singular selection of hard-to-find home wares. books, cosmetics, fragrances, and other excellent ware. 156 E. Napa St 207/939-2700. www.etresonoma com. Wed-Man 11am-6pm
- ★ Sonoma-Enoteca. Back on. the plaza, a staffer behind this wine bar hands you a sheet listing the 20 wine selections of the day, all from small-lot wineries; your task is to select 6 to try. Also taste a variety of olive oils and browse the home decorselection. 35 E. Napa St. 22 707/935-1200. www.sonoma-enoteca.com. Wed-Mon 11am-6pm (last tasting at 5:30pm). \$5 for 6 tastes, \$10 with a cheese plate.

 ★★★ kids Tiddle E. Winks Vintage 5 & Dime. A treasure trove of nostalgic paraphernalia. Marvel at the meticulously kept tchotchkes, including authentic college pennants (some date back to the 1940s), decades-old board games, and old-fashioned candies and sodas. This place is like a hands-on museum; kids love it as much as adults do. 115 E. Napa St. 707/939-6933. Mon-Sat 11am-6pm,

Sun 11-5. www.tiddleewinks.com.