Suggested Use: As a dietary supplement, take two (2) softgels daily.

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

Warning: Consult with your physician if you are pregnant or nursing or if you have allergies, use blood thinners or are planning to have surgery.

KEEP OUT OF THE REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

This product is PCB tested and guaranteed to be within Prop 65 limits.

MANUFACTURED FOR:

www.lynfit.com * 203-295-8878



PURE OMEGA 3

SPECIFICALLY FORMULATED FOR WEIGHT LOSS

- · Improves Fat Burning
- · Boosts Immunity
- · Balances Blood Sugar Levels

Made in the USA. Net Weight 4 oz.

LISA LYNN FITNESS LLC. NORWALK, CT 06851

DIETARY SUPPLEMENT • 60 SOFTGEL CAPSULES

Supplement Facts

Serving Size 2 Softgels	Servings Per Container 30		
Amount Per Serving	% Dail	% Daily Value	
Calories (energy)	20		
Calories from fat	20		
Total Fat	2.9	3%	
Omega-3 Fatty Acids	1,500 mg	†	
EPA (Eicosapentaenoic Acid)	800 mg	t	
DHA (Docosahexaenoic Acid)	600 mg	†	
Other Omega-3 Fatty Acids	100 mg	+	
Percent Daily Value is based on a 2,000 calorie	diet. †Daily Value not e	†Daily Value not establishe	

Other Ingredients: Omega-3 Fish Oil, Capsule (gelatin, glycerin and

purified water, Natural Lemon Flavor, Proprietary Antioxidant Blend (consisting of rosemary extract, ascorbyl palmitate and natural tocopherols).