

Lisa Lynn English Toffee Flavor Protein Bar  
9/9/2010

**Supplement facts**

Serving Size: 1 Bar (50g)

	<b>Amount/Serving</b>	<b>%DV*</b>
Calories	150	
Fat Calories	30	
Total Fat	2.5	4%
Saturated Fat	2g	10%
Cholesterol	2.2mg	<1%
Total Carbs	21g	7%
Fiber	10g	40%
Sugars	2.5g	†
Protein	19g	38%
Calcium	70mg	7%
Iron	0.1mg	<1%
Sodium	85mg	4%
Potassium	100mg	3%

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Ingredients: Lisa Lynn Protein Blend (Whey Protein Isolate, Milk Protein Isolate), Isomalto-oligosaccharides, Brown Rice Syrup, Medium Chain Triglycerides, Natural and Artificial Flavors, Lecithin, F. D. & C. (Yellow 5, Red 40, Blue 1, Yellow 6), Dipotassium Phosphate, Sucralose (A Non-Nutritive Sweetener).

Contains 11g net carbs\*

\*Net Carbs Calculation: 21g total carbs, subtract 10g Fiber as this has minimal impact on blood sugar.