

Beaded Headband tutorial



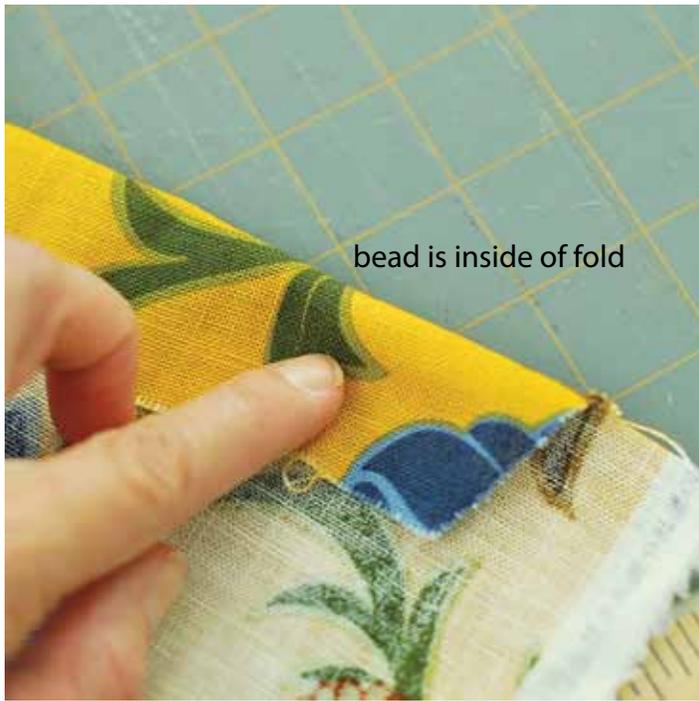
JAMIE
CHRISTINA 
sewing patterns



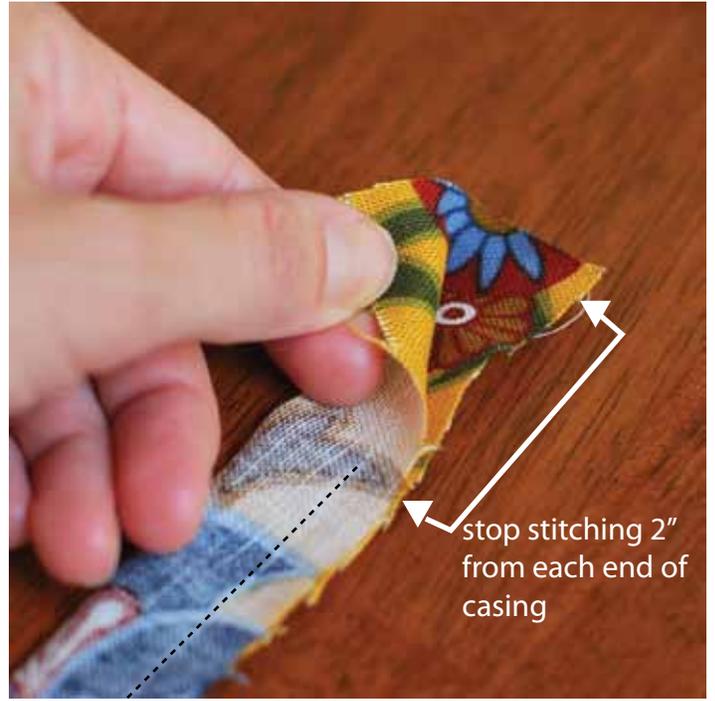
Materials List

- ✂ Large rubber band
- ✂ 32" x 4" strip of fabric
- ✂ Additional 32" x 4" strip of fabric if making the 3 strand Beaded Headband
- ✂ Beads (wood, plastic, large, small... your choice)
- ✂ Matching thread
- ✂ Hand sewing needle

Use 1/4" seam allowance when sewing



1. Adjust the fabric's width to fit beads. To determine the correct width, wrap fabric around bead & record circumference measurement. Add 3/4" to measurement. The additional 3/4" is for a 1/4" of ease & 1/4" SA ($1/4" + 1/4" = 1/2"$). Cut fabric's width according to your measurements. Note: You do not need to adjust the length of the 32" fabric.



2. Sew casing - With right sides together, fold fabric strip in half lengthwise & stitch along long edge, stopping 2" short of each end. Leave short ends open. Turn casing right side out through opening.

.....illustrated view.....



3. Make loop with casing - With right sides together, stitch short ends of casing together. You should now have a loop with part of the casing open for inserting the beads.



4. Insert 5 to 10 beads into casing. Push & pull beads through casing & to opposite end of opening.



5. With needle threaded, wrap & tie off end of first bead. Do not cut thread when you tie off. Thread needle through fabric to space between next 2 beads & wrap/tie off. Continue until you have wrapped spaces between all beads. Add more beads & repeat until you have filled casing. If you run out of thread, tie a knot to secure thread. Begin where you left off with a new threaded needle.



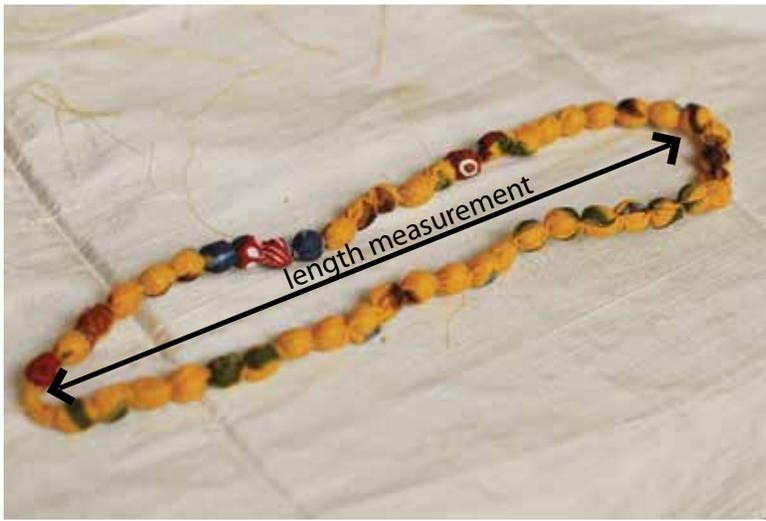
6. When you get to the opening, add a bead or 2 & slip stitch the opening close.



7. You should now have a fabric beaded loop. To make a double strand headband move on to step 8. To make a triple strand headband skip step 8 & move on to step 9.



8. Double strand headband - With a threaded needle, tie one end of rubber band to beaded loop. Make sure you have securely tied the rubber band to the loop. Next, tie opposite end of rubber band to opposite end of loop. Embellish the headband or leave it as is. Enjoy!

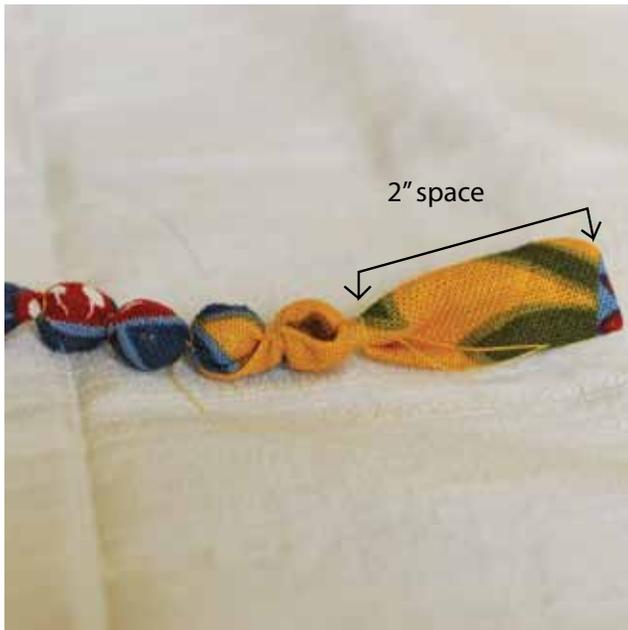


9. To determine the length of the middle strand, pull loop taut & measure length of loop. Double (length x's 2) that measurement for new length measurement. Cut a strip of fabric using the length measurement you just determined & the width measurement you used for the loop (step 1).



10. With rightsides together, fold strip in half lengthwise & stitch casing close leaving one short end open for turning. Turn casing right-side out through opening.

..... illustrated view



11. Insert beads through opening. Do not place beads all the way to end of casing. Allow for 2" of space between first bead & end of casing. Repeat step 5 to wrap/tie off thread between bead spaces. When you are mid way through beaded casing, place beaded casing in center of beaded loop. The beaded portion of middle strand should reach from one end to the next. If not add more beads until it does.



12. When beaded strand is long enough, cut casing 2 1/4" away from last bead. Turn raw edge under a 1/4".



13. Attach rubberband, middle strand, & beaded loop by wrapping the middle strand's end around both the beaded loop & rubberband. Hand stitch in place. Next, attach the opposite side of the middle strand to the opposite side of the loop & rubberband. Hand stitch in place.



Enjoy!

Embellish as you please!



For more Jamie Christina sewing patterns, please visit www.jamiechristina.com



Honey Girl Dress



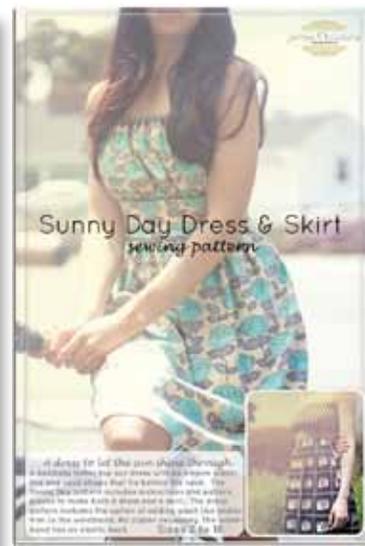
Pretty Ditty Apron



Hooded Scarf



Cupcake Apron



Sunny Day Dress



Palooza Apron



Bibury Capelet e-pattern



Dalliance Gloves e-pattern



Mission Maxi



Miz Mozelle Dress

Thank you