

April 2013

**Rockwest Times**

# **Parking Lot Sale & Car Wash**

**We need your help.**

**What :**

Annual fundraising parking lot sale  
and a donation based car wash.

**When:**

July 11th and 12th 2013

**Where:**

Rockwest Parking Lot  
4646 Ridge Dr. NE Salem 97301

**Why:**

To raise funds to purchase  
Christmas presents for our client employees

**What We Need:**

Clothing

Furniture

Household Items

Tools

Etc.

Items should be in good condition and ready to sell.

We will pick up large items,

All donations are tax deductible

The last day to donate is June 30th

## Cascade Nut & Bolt

Tom Boline, President of Cascade Nut & Bolt, has offered to sell our first aid kits assembled by client-employees with developmental disabilities at Rockwest. Cascade Nut & Bolt, located at 2085 Vista Avenue in Southeast Salem, has recently expanded with a variety of new products to their sales floor. This larger expansion will accommodate their wholesale customers more efficiently with professional products to meet their job needs. Cascade Nut & Bolt's foresight of expansion and decision to use local vendors is an example of their great community support and customer service. Rockwest has long been the contracted first aid supplier to the State of Oregon and it's departments, as well as the private business sector. Rockwest thanks Tom for showcasing our first aid kits and for his purchase of our custom apparel products. We recommend you to stop by to visit their recent updated showroom.



**CASCADE  
NUT & BOLT  
INC.**



## David Graham Teaches Rockwest Staff Teambuilding Skills

At our February in-service day, we had the opportunity to have David Graham with Travois, LLC, present team building activities to our staff. It is a positive experience where we learn through playing and that opens the lines of communication with each other. It also gets us out of the day to day, allows us to laugh together as we go out of our comfort zones and learn from each other. With David's background in recreational therapy and providing recreational events to people with developmental disabilities, he has a passion to empower people. He explains each activity clearly and starts with the least uncomfortable exercise to ease people into the process which gains trust from each person attending. We have worked with David since 2002 and only have positive words to say. We would recommend his presentation to others seeking group activities that build trust and teamwork. If you would like to learn more about what David and his company can do for you, please contact him at 503-949-4213.



## Staff of the Month

### **Craig W.**

Craig was chosen by his peers for taking over the delivery responsibilities with a cheerful and willing attitude, helping out wherever he is needed and being a team player. Craig's favorite part of working here is the relationship with the clients. He says he is honored to be in their life and that they accept his support in the contributions he can give them. Craig's hobbies include skiing, hiking, kayaking and biking. Craig has a wife and a daughter and loves to spend time with them as well as friends and looks forward to traveling to even more destinations with them.



## Client-Employee of the Month

### **Doug O.**

Doug was chosen by staff to be client employee of the month because he has been trying new things. He recently has been learning how to work in the café and is really enjoying it. He's becoming more social and outgoing and has shown great effort overall. Doug says he likes everything about working here. In his free time he likes to do projects such as making model cars. His favorite job here is working in the café. Thank you Doug for all your hard work and extra effort!



## Birthdays and Anniversaries

### **Birthdays**

Eric F. April 1st  
 Lisa P. April 3rd  
 Kathy W. April 10th  
 Kristopher P. April 12th  
 Trula S. April 16th  
 Ray G. April 18th  
 Lee C. April 19th  
 Beth L. April 23rd  
 Tani H. April 23rd  
 Sean M. April 30th



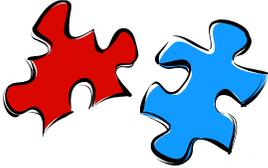
### **Anniversaries**

Tony T. 6 years on April 2nd  
 Rachael O. 1 year on April 3rd  
 Juan C. 10 years on April 3rd  
 Melody M. 1 year on April 4th  
 Sean M. 5 years on April 17th  
 Jack R. 4 years on April 17th  
 Kathy W. 1 year on April 17th  
 John H. 4 years on April 20th  
 Yolanda C. 12 years on April 30th

Happy Birthday & Anniversary

## April is National Autism Awareness Month

Many famously gifted children and adults throughout history are now believed to have been on the autism spectrum; such as Amadeus Mozart, Albert Einstein, Michelangelo, Charles Darwin, Thomas Jefferson and Emily Dickinson

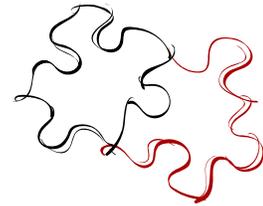


People with autism are generally very creative and find a passion and talent for music, theatre, art, dance, and singing.

Hyperlexia, the ability to read above one's age or grade level, commonly accompanies autism.



People with autism have a set of symptoms unique to themselves, with no two people the same.

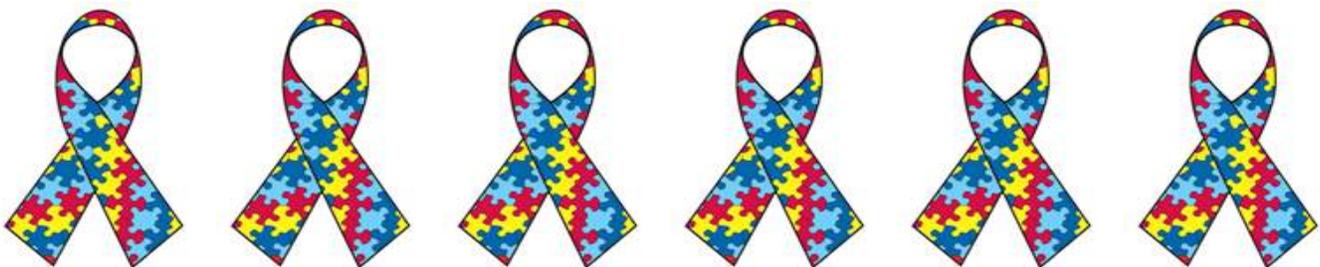


Children and adults with autism do quite well learning foreign languages due to their excellent memories.

Many autistic people have savant like characteristics because of their ability to intently focus on one subject or thing.

**"If they can't learn the way we teach; we teach the way they learn."**

**O. Ivar Lovass, Autism Research Specialist, PhD**



## Beauty Day: A Day at the Rockwest Spa

On April 5th Rockwest held it's first ever Day of Beauty: A Day at the Rockwest Spa. We were able to offer our wonderful client— employees spa treatments and services such as haircuts and styles, facials and makeup, and manicures with nail art and hand massages. We also offered shaving tips and demonstrations to our gentlemen. Over 85 client— employees participated and received services on this special day at Rockwest! We are pleased to say it was a huge success and we look forward to offering it again; it truly was a day of beauty! We wish to thank the Rockwest employees who were on the committee and participated in this event by performing the services offered: Starla, LeAnna, Jayne, Tani, and Michelle; and Angelique, who was chairperson of the committee and organized the event, and Yola, both of whom offered their expertise in the cosmetology field to make this day a success! We also would like to thank Heidi Eck, a Rockwest board member, and Tony, Christine, Angelique, and Michelle for their donation of beauty products!



Peter H. before and after he received a haircut, lineup, and a beard trim!



The Rockwest Spa



Michelle & Gladys after Gladys received her facial!



Jessica receiving her haircut from Angelique



Josie receiving a manicure from Starla



Jamie received a style and makeup

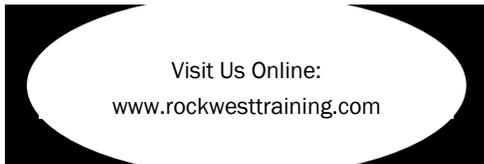


Laura, after her haircut, makeup, and new style!



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Mailing Address Line 4  
Mailing Address Line 5

***Supporting People With Disabilities = A Solid Community***

## Client Artwork



Yolanda has worked at Rockwest for 12 years now. We currently have a piece of her artwork on display in the lobby. It's titled **Pieces of Life**. It is a very beautiful piece of art. We are very proud to be able to show off her work. Thank you Yolanda!

