

## SECURITY WARNING

### Use:

This unicyclce was designed for an indoor or outdoor use on solid ground. A use for purposes other than intended may cause serious injury or death.

### Seat height:

The height of the saddle has to be adjusted in a simmlar way as on a bicycle. In the lowest pedal-position your leg has to be nearly sprawled. For beginners, adjust it 2 cm lower. Always insert the seatpost up to the min-height marked on the post. You will find it 6 cm before its end.

### Learning / use:

Best place to learn is by starting in a doorframe or alongside a wall. Then simply start to pedal. Always look forward.

Braking is simple - just brake with your legs by trying to pedal slower - with muscle-power.

With a little bit of patience and endurance, learning will work best. If you feel you fall back- or forward, simply jump down the unicycle and land on your feet. This is also the reason why you should train in a place where you have enough room and where no cars are parked.

### Maximum rider weight:

For OnlyOne unicycles, the maximum rider weight for 16" and 18" unicycles is 60 kgs, for 20" and 24" it is 75 kgs.

### Maintenance / wear:

A unicycle needs very few maintenance - just check screws, nuts, rims and tyres from time to time.

The saddle-handle and bumpers are exchangeable as they sometimes get damaged when the unicycle falls down.

In case one day there should really be a defective part, replace it immediately with a genuine spare part. You can ask your dealer for the appropriate tyres, tubes etc.

Of course, after a longer use, there might also be wear, e.g. on tires. Therefore, let your OnlyOne-dealer check your unicycle from time to time.

### Unicycle size:

To check what size your unicycle is, have a look on the side of the tire whether it is a 16", 18", 20" or 24".

### Spare parts: (# = part no.)

bumpers: #6031, saddle: #2000, seatpost: #2027, tyre: #2050, tube: 2306, pedals #2061

### Use:

An adult should supervise children when riding their unicycles.

Keep this manual to be able to look up information such as sparepart-numbers or maintenance information later.

### Maker:

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