



1. Print out this page on letter size paper (8.5" x 11"). Make sure your print setting is at 100% and do not check the "scale to fit" box.
2. Cut out the above ScoreBand-to-Wrist Size Guide strip with scissors.
3. Wrap the paper strip around your wrist snugly so that the logo end overlaps the colored bars (S, M, L, XL).
4. Whatever bar the logo end of the strip lands on is the proper size ScoreBand for your wrist.

Please call us at 888.722.0444 with any questions.