

Fat Quarter Meter Yield Chart / Strips & Squares

Below is a chart showing how many strips or squares can be cut from a fat quarter metre. A fat quarter metre usually measures 50cm by approx 55cm (half the width of the fabric, generally approx. 110cm wide). Converted to inches, a fat quarter metre would measure approx. 19³/₄" by approx. 22". For cutting purposes, we have calculated the quantities below on a piece of fabric measuring 19" by 21" (the selvedge would run along the 19" length).

Size of strip or square	No of strips per fat quarter	Strip length	No of squares per strip	No of squares per fat quarter
1"	19	21"	21	399
1½"	12	21"	14	168
2"	9	21"	10	90
2½"	7	21"	8	56
3"	6	21"	7	42
3½"	5	21"	6	30
4"	4	21"	5	20
4½"	4	21"	4	16
5"	3	21"	4	12
5½"	3	21"	3	9
6"	3	21"	3	9
6½"	2	21"	3	6
7"	2	21"	3	6
7½"	2	21"	2	4
8"	2	21"	2	4
8½"	2	21"	2	4
9"	2	21"	2	4
9½"	2	21"	2	4
10"	1	21"	2	2
10½"	1	21"	2	2
11" - 19"	1	21"	1	1



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SusanClaire Mayfield (the GourmetQuilter) is devoted to refined enjoyment of quilting, patchwork, appliqué and pattern design. All Gourmet patterns are designed by SusanClaire. Gourmet quilter is a passionate experience so don't hold back! Visit us often at gourmetquilter.com to see the latest patterns available for purchase and download online—so you get to have fun straight away. We also have some freebies for you to sample and get your taste buds going!!



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