



HOW TO USE VIDEO MODELLING TO TEACH SOCIAL SKILLS AND MORE

Video modelling is gaining increasing popularity as an effective teaching and learning tool, particularly for people with an Autism Spectrum Disorder (ASD). We have used video modelling ourselves clinically, when supporting children to develop social skills including their understanding of others. My Diffability Australia currently stocks an American video modelling series – Model Me Kids.

Social Skills Training: Suggestions for Video Use (Model Me Kids series)

Watch and Explain: The videos are intended as a teaching tool, to be used as another means of illustrating the targeted skills. It is recommended that you stay near the child so that you can explain and answer questions, and take an active role in teaching using the videos as support. Watching the video with the child will help demonstrate the rules both visually and with narration. You may want to start by focusing on the skills in one or two chapters at a time, depending on the abilities of the particular child.

Teach Visually: Each scene lasts between 30 seconds and 3 minutes, depending on the chapter. At the end of each chapter is a storyboard with the rules demonstrated and photos illustrating the rule laid out in story form. Under each storyboard photo are the rules related to the particular social skill.

You may print out the storyboards for easy reference using the photo CD included (free) with the video. Or show them as a slideshow on the computer. They are useful for both social skills training and testing knowledge of what was viewed in the video.

Practice & Generalization: Due to the difficulty that children with ASD have in generalizing skills, once a skill or rule is understood, it is important to practice it in a "real world" environment. Once the skill is mastered in a variety of settings, you can move on to a new chapter while practicing and maintaining the rules already learned.

Model Me Kids now also produces a range of support materials (teacher and student workbooks) to accompany many of the DVDs. These are also available through My Diffability Australia.

Video Modeling Study - Teaching Complex Play Sequences to a Preschooler with Autism Using Video Modeling

"The identification of efficient teaching procedures to address imaginative play skills deficits commonly seen in children with autism is a challenge for those designing treatment programs. In the present study video modeling was used to teach play skills to a preschool child with autism. Videotaped play sequences included both verbal and motor responses. A multiple baseline across three response categories (tea party, shopping, and baking) was implemented to demonstrate experimental control. No experimenter implemented reinforcement or correction procedures were used during the intervention. Results showed that the video modeling intervention led to the rapid acquisition of both verbal and motor responses for all play sequences. The video modeling teaching procedure was shown to be an efficient technique for teaching relatively long sequences of responses in the absence of chaining procedures in relatively few teaching sessions. Additionally, the complex sequences of verbal and motor responses were acquired without the use of error correction procedures or explicit, experimenter implemented reinforcement contingencies."

-Patricia D'Ateno, Kathleen Mangiapanello, Bridget A. Taylor, Journal of Positive Behavior Interventions, Winter, 2003.

<http://modelmekids.com/video-modeling.html>

<http://modelmekids.com/social-skills-training.html>