

Chatter Pack

What makes a good friend
worksheet

Free resource

What makes a good friend worksheet

The concept of friendship can be really tricky for some children and young people to understand. Some say that everyone is their friend yet when asked what makes a good friend, they struggle to describe how friends might differ from others.

You could start this activity by first seeing how/if they are able to respond to the question 'what makes a good friend?' and then ask further questions such as:

- What does 'friend' mean?
- Why do we have friends?
- Why do some people not have many friends and others have lots?
- Is it ok to not want lots of friends?

You could extend this by asking about other types of relationships, such as:

Why do people get married? What other types of relationships are there?

You could try asking about specific people in their lives, such as:

- What is good about A? What do you like about them?
- What is different between A and B? Could B be a good friend too?
- What makes J your favourite or best friend? How is a best friend different to other friends? What do they do differently?

If they are unable to answer, or unable to extend on their answers, you could try offering suggestions for them to sort into 'Good friend' 'Not a good friend'.

Use the suggestions provided and/or make some of your own.

If you use words such as 'kind' or 'generous' make sure they understand what the words mean and can use them in context.

Listens to
me when I
am worried

Talks to
other people
about me

Has lots of
nice things which
I dont have

People that I like,
like them

They are
clever

Cares about
me when
I am sad

Loud

Gives me gifts

Is funny



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