

## WELLNESS WIRE

Thursday, June 7, 2012

# My Five Beauty Obsessions: Christine Taylor

Christine Taylor is known for her work in comedies like “Dodgeball” and “The Brady Bunch Movie,” as well as for her marriage to actor Ben Stiller.

So maybe it’s not surprising that she takes a light-hearted view of her beauty foibles. “I don’t know what I’m doing with makeup. When I have an event, a professional makeup artist helps me out. But I love discovering and trying great new products,” says Taylor.

One thing she’s increasingly serious about? Natural ingredients. Taylor recently partnered with Nourish, a new USDA-organic-certified line of super pretty (and shockingly affordable) beauty products. “I’m always looking for simpler ways to be healthy. I think a lot of women are,” she says.

Here are a few of her go-to summer staples that help her simplify and health-ify her beauty regimen.

**5. Sallie B Antioxidant Skin Boost (\$34)** I love this recent find. The founder of the line does everything naturally, and I feel like it’s so good for my skin. I’ve already seen a difference and been getting compliments, so it must be working! I’ll use at night and blend it with my moisturizer. Plus, I can *really* spend some money on some products, but this is such a good affordable one.



*You stir a teeny spoonful of Sally B into your moisturizer*