

Mix It Up: B GREEN MUD MASK RECIPE

B SOOTHED

Perfect for wind and sun damaged skin in need of an instant boost of moisture. Reduces redness and soreness, while hydrating and soothing.

- 1 Tablespoon Sally B's B Green Mud Mask
- 1 Tablespoon olive oil
- 1 half of a ripe avocado
- 1 half of a ripe banana

Mix all ingredients together in a Vitamix, food processor, or by hand. For extra cooling, place mask in refrigerator for a few minutes before applying. Evenly apply mask over freshly washed face and let stand for 20 minutes. Wash off with warm water.

Recipe makes 4 masks. Can stash unused mask in refrigerator for up to a week.

For more recipes, visit www.sallybskinyummies.com

