

Nutrition Facts

Serving Size 1 Package (28g)

Amount Per Serving

Calories 70 **Calories from Fat** 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 260mg **11%**

Total Carbohydrate 6g **2%**

Dietary Fiber 0g **0%**

Sugars 6g

Protein 12g **24%**

Vitamin A 0% • Vitamin C 2%

Calcium 1% • Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.