What a Cake

Wedding cake can cost anywhere from \$3 to \$30 (!) per slice. How is this range of prices possible when we're essentially talking just sugar, flour, and eggs? Simple: While the cost of ingredients can be a factor, the final sum actually depends upon the hours of labor required. Luckily, we found a few bakers willing to reveal how to keep costs down without sacrificing the cake design you have your heart set on. BYLAUREN MATTHEWS

Here are some factors that can increase costs: DESIGN: A custom design can add about \$200 to \$300, since a baker needs to spend time coming up with and perfecting the concept. To save: Go simple, or slightly alter a previous design the baker has done (say, change the types of flowers). ICING: Covering a cake in rolled fondant instead of buttercream will generally add \$1 per slice. Fondant costs more to buy in bulk, and it's harder to make lie smoothly, so there's more labor involved, and consequently, more money. COLOR: Colored fondant can add another \$1 per serving, since getting the color even while kneading it into the doughlike icing is difficult. SUGAR FLOWERS: Creating realistic-looking flowers from gumpaste (a type of sugar-based dough)

is time-consuming: Each individual petal has to be cut out, molded, dried, attached to the other petals, then hand-painted. Making flowers from sculpted fondant, on the other hand, is quicker, and therefore less costly. The caveat: Fondant can't be rolled as thinly as gumpaste, so it can be used to create only simple or abstract flowers. HAND-PAINTING: Cake designers often paint over fondant and gumpaste decorations with pearl, luster, or gold dust to add richness and dimension. The extra cost of hand-painting is based on the additional labor, not the price of materials (though you may be charged a nominal fee for 24k edible gold leaf, depending on how much is being used). Brush embroidery is created using an advanced hand-painting technique in

which intricate designs are piped onto a cake with royal icing, then smudged with a wet brush. It's a laborious process-sometimes taking up to five hours for one cake-and requires an extremely skilled hand. FONDANT CUT-OUTS: The price you'll pay depends on how many cut-outs there are and how difficult the shapes are to create. For example, cutting out circles is simple, but cutting out an intricate custom pattern takes much longer, POURED SUGAR: Poured-sugar and pressed-sugar decorations are made using molds, so they aren't too difficult to create (definitely less laborious than pulled-sugar or blown-sugar decorations). However, the process of hand-coloring then dusting poured-sugar details does take time, which adds to the total cost.



Costs



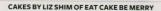
♦\$12 per slice Total cake cost: \$900

\$9 per slice▶ Total cake cost: \$675

"Cutting the individual fondant petals out by hand took me about four hours, because they were thin and needed to look uniform," says baker Liz.

However, pressing circles into bands of fondant "is much less labor-intensive—this cake took just two and a half hours to decorate."

Simple aqua-blue piping (royal icing squeezed through the tip of a pastry bag) completes the look. A more intricate piped design would have taken longer, and incurred a higher price.





◆\$18 per slice Total cake cost: \$2,250

\$12 per slice > Total cake cost: \$1,500

Embossing—creating a raised pattern with rolled fondant—is time-consuming. The less-expensive cake features an inlaid pattern cut directly into the fondant, which takes less than half the time to execute.

On the expensive cake, black "brooches" and scattered metallic "jewels" are made of poured sugar. Each component of the brooches has to be delicately hand-wired and glued together. On the less-pricey cake, simple pressed-sugar versions of the brooches glued directly onto the fondant saved time (and money).

Dragées—tiny balls of sugar painted with gold dust—are purchased pre-made, and are therefore less costly than the poured-sugar jewels.

Like sugar flowers, these gumpaste feathers had to be hand-cut, molded, and dried. In comparison, the poured-sugar leaves were much easier to create; the less-expensive cake required six fewer hours of labor.

CAKES BY LAURI DITUNNO OF CAKE ALCHEMY

