

The *Trauma and Learning Consortium* presents:



THE TRAUMA AND LEARNING INSTITUTE



*Saturday, September 24 and
Sunday, September 25, 2011
9:00 am to 3:30 pm*

Theosophical Society, 21 Maple Street, Arlington, MA

*Is it becoming increasingly difficult to meet the
academic, behavioral, and emotional needs of your
students?*

*Are you working harder and harder yet
it feels as though your students
are making less and less progress?*

*Do you feel stressed out? Burnt out?
or like you have nothing left to give?*

INSTITUTE OBJECTIVES

Join us at the Trauma and Learning Institute and spend two days learning from leading educators and practitioners in the emerging field of trauma and learning. Institute faculty will draw, in part, from experiences they had while collaborating on the creation of a district-wide, trauma-sensitive learning environment for students and staff.

The Institute combines both didactic and experiential sessions that address the needs of children with trauma histories as well as their teachers and caregivers. Enrollment is capped at 40 participants to enable deeper inquiry and personalized learning.

Day 1: Supporting Our Students

Addressing the teaching and learning needs of children with trauma histories

After Day 1, you will:

- ✓ be able to identify and describe the impact of trauma on children's learning
- ✓ know the key considerations for transforming your school or classroom into a trauma-sensitive learning environment
- ✓ acquire essential strategies for creating the secure state of readiness needed for children's learning to occur
- ✓ shift your attitude toward the challenging behaviors that traumatized children sometimes exhibit and toward the children themselves

Day 2: Supporting Ourselves

Exploring the relationship between secondary traumatic stress and self-care

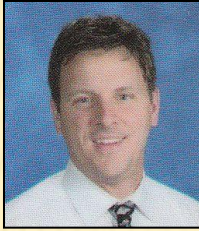
After Day 2, you will:

- ✓ understand secondary traumatic stress, its warning signs, and symptoms
- ✓ know the impact of chronic stress on well-being and the critical role self-care plays
- ✓ gain experience with self-assessment and self-care planning tools
- ✓ acquire effective self-care strategies that increase wellness and minimize blocks to self-care
- ✓ alter your perception concerning active participation in your own self-care and resiliency

CEUs for Social Workers ♦ Certificates of completion for teachers, others.

More information at www.blisshealingarts.com.

INSTITUTE FACULTY



Brett Bishop



Don Casella



Chris Casella



Tony Hill



Gena Rotas



Carolyn Romano



Sean Kane

Brett Bishop, elementary school principal and educational consultant. A passionate educational leader, Brett is at the forefront of creating awareness about the educational needs of students with trauma histories.

Don Casella, assistant clinical director of a program for youth with mental, emotional, and behavioral needs, most of whom have been impacted by traumatic life experiences. Don also provides guidance to school districts regarding trauma-informed care and positive behavior supports for students.

Christine Casella, instructional coach and former elementary school teacher in the first, trauma-sensitive classroom to be piloted in her school district through its Trauma and Learning Initiative.

Tony Hill has extensive experience in both the fields of social work and education and has been a clinician, case manager, adjunct faculty member, school social worker, assistant principal and principal. He is currently associate director of field work at Smith College School of Social Work.

Gena Rotas, social worker, teacher trainer, and former school adjustment counselor in a high-need, urban district who uses mind-body practices in her work with children and adults. Gena has spent the last 35 years coaching educators, counselors and others about the important role self-care plays in creating lasting health.

Carolyn Romano, an educational consultant with expertise in designing and implementing trauma-sensitive environments in schools as well as fostering resiliency in children and adults affected by traumatic experiences, secondary traumatic stress, and compassion fatigue.

Sean Kane, school adjustment counselor and outreach clinician with extensive experience working with high-risk children, adults, and families in their homes, urban schools, and hospital settings.

REGISTRATION FAQ

How much does it cost?

Tuition is just \$199 for both days or \$125 for one day.

How do I register?

1. Online at
www.blisshealingarts.com
2. By phone. Call 857-205-0849.
3. Mail your registration form and payment to:

Trauma and Learning Institute
Bliss Healing Arts
PO Box 704
Maynard, MA 01754

Credit cards & Purchase Orders accepted.
Checks payable to Bliss Healing Arts.

Who should attend?

Teachers, school adjustment counselors, school psychologists, principals, administrators, case managers, out-of-school time providers, parents, and anyone else working with children who wish to understand more about trauma in the educational context, compassion fatigue, and secondary traumatic stress.

Register today!

REGISTRATION FORM

Name _____

Position _____ District _____

Email _____

Phone _____

Address _____

City _____, State _____ Zip _____

PURCHASE ORDER # _____ (Please attach.)

I am attending :
(check one)

Sept Institute:

- Both days
 Day 1 (9/24)
 Day 2 (9/25)