Exposure to Radio Frequency Energy

The Fit contains a radio transmitter and receiver. When on, the Fit can receive and send out radio frequency (RF) energy through its antenna. The Fit is designed and manufactured to comply with the limits for exposure to RF energy adopted by the Communications Commission (FCC) of the United States and other countries. The exposure standard employs a unit of measurement known as the specific absorption rate or SAR. The Fit has been tested, and meets the FCC exposure guidelines.

If you are concerned about exposure to RF energy, you can limit your exposure by limiting the amount of time using the Fit since time is a factor in how much exposure a person receives.

Additional Information

For more information from the US FCC about exposure to RF energy, see:
http://www.fcc.gov/encyclopedia/radio-frequency-safety

For information about the scientific research related to RF energy exposure, see the EMF Research Database maintained by the World Health Organization at: www.who.int/emf

Radio Frequency Interference

Nearly every electronic device is subject to radio frequency interference from external sources if inadequately shielded or designed, or otherwise not configured to be compatible. As a result, the Fit may interfere with other electronic devices. Follow the following information and instructions to avoid interference problems:

Aircraft: Use of the Fit may be prohibited while traveling in aircraft.

Vehicles: RF signals may conflict with installed or inadequately shielded electronic systems in motor vehicles. Check with the manufacturer or its representative regarding your vehicle.

Electronic Devices: Most modern electronic equipment is shielded from RF signals. However, certain electronic equipment may not be shielded against the RF signals from the Fit.

Pacemakers: To avoid potential interference with pacemakers, the pacemaker manufacturer recommends keep the Fit more than six inches from their pacemaker when the device is turned on. Consult with a doctor about concerns when using the Fit near a pacemaker. If you have any reason to suspect that interference is taking place, turn the Fit off immediately.

Other Medical Devices: If you use any other personal medical device, consult the device manufacturer and your physician to determine if it is adequately shielded from external RF energy. Turn the Fit off in health care facilities when any regulations posted in these areas instruct you to do so. Hospitals and healthcare facilities may use equipment that is sensitive to external RF energy.

Posted Facilities: Turn off the Fit in any facility where posted notices so require.

Important Handling Information

NOTICE: Failure to follow these handling instructions could result in damage to the Fit or other property.

Using Connectors and Ports

Never force a connector into a port. Check for obstructions on the port. Make sure that the connector matches the port and that you have positioned the connector correctly in relation to the port.

Keeping the Fit Within Acceptable Temperatures

Operate the Fit in a place where the temperature is always between 0° and 35° C (32° to 95° F). Battery life might temporarily shorten in low-temperature conditions. Store the Fit in a place where the temperature is always between -20° and 45° C (-4° to 113° F). Exceed the Fit's rated temperatures or temperatures in perfect care can ascend this range.

Keeping the Outside of the Fit Clean

To clean the Fit unplug all cables and turn off the Fit. Remove any audio media. Moisten a cleaning cloth and wipe off the Fit. Then use a soft, slightly damp, lint-free cloth. Avoid getting moisture in openings. Don't use window cleaners, household cleaners, aerosol sprays, solvents, alcohol, ammonia, or abrasives to clean the Fit.

Disposal and Recycling Information

The Fit must be disposed of properly according to local laws and regulations. Because this product contains a battery, the battery should be properly disposed apart from household waste. Contact your local authorities to learn about recycling options when the Fit reaches the end of its life.

Tenga 1 Year Limited Warranty

FOR CONSUMERS, WHO ARE COVERED BY CONSUMER PROTECTION LAWS OR REGULATIONS IN THE COUNTRY OF PURCHASE OR, IF DIFFERENT, THEIR COUNTRY OF RESIDENCE, THE BENEFITS CONFERRED BY THIS WARRANTY ARE IN ADDITION TO ALL RIGHTS AND REMEDIES CONVEYED BY SUCH CONSUMER PROTECTION LAWS AND REGULATIONS, INCLUDING THE RIGHTS NOT EXCLUDE, LIMIT OR SUSPEND ANY RIGHTS OF CONSUMERS ARISING OUT OF NONCONFORMITY OF THE PRODUCT WITH THE CONTRACT. SOME STATES AND PROVINCES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES OR ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATIONS OR EXCLUSIONS DESCRIBED BELOW MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS THAT VARY BY COUNTRY.

STATE OR PROVINCE. THIS LIMITED WARRANTY IS GOVERNED BY AND CONSTRUED UNDER THE LAWS OF THE COUNTRY IN WHICH THE PRODUCT PURCHASER TOOK PLACE. TENGA, A BRAND OF TENGA USA, INC. ("TENGA") PROVIDES THIS "LIMITED WARRANTY", IS HEREINAFTER REFERRED TO AS "TENGA."

Tenga' s warranty obligations for this hardware product are limited to the terms set forth below: Tenga hardware product ("Hardware") is warranted against defects in materials and workmanship under normal use for a period of ONE YEAR (365 DATE) from the date of retail purchase by the original end-user purchaser ("Warranty Period"). If a Hardware product proves defective during the Warranty Period and is received by Tenga within the Warranty Period, at its option and to the extent permitted by law, Tenga will either (1) repair the Hardware product with new or refurbished replacement parts, (2) exchange the product with a product that is new or which has been manufactured from new or serviceable used parts and is at least functionally equivalent to the original product, or (3) refund the purchase price of the product. Tenga may request that you replace defective parts with new or refurbished user-installable parts that Tenga provides in fulfillment of its warranty obligation. A replacement product or part, including a user-installable part that has been installed in accordance with instructions provided by Tenga, assumes the remaining warranty of the original product or thirty (30) days from the date of replacement or repair, whichever provides the longer period of time. Any part, product, or hardware, replacement, any replacement item becomes Tenga's property. Parts provided by Tenga in fulfillment of its warranty obligation must be used in products for which Tenga has provided authorization for use with the product for which the refund is provided must be returned to Tenga and becomes Tenga's property. A refund may be delayed until Tenga has received by Tenga within the Warranty Period, at its option and to the extent permitted by law, Tenga will either (1) repair the Hardware product with new or refurbished replacement parts, (2) exchange the product with a product that is new or which has been manufactured from new or serviceable used parts and is at least functionally equivalent to the original product, or (3) refund the purchase price of the product. Tenga may request that you replace defective parts if packaged or sold with the Tenga hardware Manufacturers, suppliers, or publishers, other than Tenga, may provide their own warranties to the end user purchaser, but Tenga, in so far as permitted by law, disclaims liability for any such. Any software provided by Tenga with or without the Tenga brand name (including, but not limited to system software) is not warranted by Tenga unless otherwise specified in a licensing agreement accompanying the software for delete or injure rights with respect to its use. Tenga does not warrant that the operation of the product will be uninterrupted or error-free. Tenga is not responsible for damage arising from failure to follow instructions relating to the product's use.

This warranty does not apply: (a) to damage caused by use with non-Tenga products; (b) to damage caused by accident, abuse, misuse, flood, fire, earthquake or other external cause; (c) to damage caused by operating the product outside the permitted or intended uses described by Tenga; (d) to damage caused by service performed by anyone who is not a representative of Tenga; (e) to a product or part that has been modified to alter functionality or capability without the written permission of Tenga; or (f) if any Tenga serial number has been removed or defaced.

TO THE EXTENT PERMITTED BY LAW, THIS WARRANTY AND THE REMEDIES SET FORTH ABOVE ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, REMEDIES AND CONDITIONS, WHETHER ORAL OR WRITTEN, STATUTORY, EXPRESS OR IMPLIED. AS PERMITTED BY APPLICABLE LAW, TENGA SPECIFICALLY DISCLAIMS ANY AND ALL IMPLIED WARRANTIES OR CONDITIONS, INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE AND WARRANTIES AGAINST HIDDEN OR LATENT DEFECTS. IF TENGA CANNOT LAWFULLY DISCLAIM IMPLIED WARRANTIES UNDER LAW, THEN TO THE EXTENT PERMITTED BY LAW, ALL SUCH WARRANTIES SHALL BE LIMITED IN DURATION TO THE DURATION OF THE EXPRESS WARRANTY AND TO THE REPAIR OR REPLACEMENT SERVICE AS DETERMINED BY TENGA IN ITS SOLE DISCRETION. No Tenga reseller, agent, or employee is authorized to make any modification, extension, or addition to this warranty. If any term of this warranty is deemed invalid or unenforceable, the remaining terms shall not be affected or impaired. EXCEPT AS PROVIDED IN THIS WARRANTY AND TO THE MAXIMUM EXTENT PERMITTED BY LAW, TENGA IS NOT RESPONSIBLE FOR DIRECT, SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM ANY BREACH OF WARRANTY OR CONDITION, OR UNDER ANY OTHERLEGAL THEORY, INCLUDING BUT NOT LIMITED TO LOSS OF USE; LOSS OF REVENUE; LOSS OF ACTUAL OR ANTICIPATED PROFITS (INCLUDING LOSS OF PROFITS ON CONTRACTS); LOSS OF THE USE OF MONEY; LOSS OF ANTICIPATED SAVINGS; LOSS OF BUSINESS; LOSS OF OPPORTUNITY; LOSS OF GOODWILL; LOSS OF REPUTATION; LOSS OF, DAMAGE TO OR CORRUPTION OF DATA; OR ANY INDIRECT OR CONSEQUENTIAL LOSS OR DAMAGE HOWSOEVER CAUSED INCLUDING THE REPLACEMENT OF EQUIPMENT AND PROPERTY, THE FOREGOING LIMITATION SHALL NOT APPLY TO DEATH OR PERSONAL INJURY CLAIMS OR ANY STATUTORY LIABILITY FOR INTENTIONAL AND GROSS NEGLIGENT ACTS AND/OR OMISSIONS.

OBTAINING WARRANTY SERVICE

Please acquire and complete the online help resources provided by the Tenga Information Website before the hardware product before seeking warranty service. If the product is still not functioning properly after making use of these resources, contact us at http://www.tenga.com/pages/tenga-customer-support for instructions on how to obtain warranty service. You must follow Tenga's warranty processes. Tenga may provide warranty service by sending you new or refurbished replacement hardware products or parts to enable you to service or exchange your overproduct. Upon receipt of the replacement product or part, you may be required to return the product to Tenga and you agree to follow instructions, including, if required, arranging the return of original product or part to Tenga in a timely manner. When service requiring the return of the original product or part, Tenga may require you to pay the shipping costs to return the defective or the replacement product or part and applicable shipping costs. If you follow instructions, Tenga will reimburse you for shipping costs you have been charged for the product or part and shipping costs. If you fail to return the replaced product or part as instructed, Tenga will charge the credit card for the authorized amount. Service options, parts availability and response times may vary by country. Additional service options may be requested. Service options are subject to change at any time. You may be responsible for shipping and handling charges if the product cannot be serviced in the country in which service is requested. If you seek service in a country that is not the country of purchase, you will comply with all applicable export laws and regulations and be responsible for all custom duties, V.A.T. and other associated taxes and charges. For warranty service, you may be required to return defective products and parts with comparable products and parts that comply with local standards. In countries where warranty service is offered, Tenga require that you furnish proof of purchase details and/or comply with registration requirements before receiving warranty service. Tenga will maintain and use customer information in accordance with the Tenga Customer Privacy Policy acceptable at www.tenga.com.

Conformity Declaration

FCC Compliance Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Important: Changes or modifications to this product not authorized by Tenga could void the EMC (electromagnetic compatibility) compliance and negate your authority to operate the product. This product has demonstrated EMC compliance under conditions that included the use of compliant peripheral devices and shielded cables between system components. It is important that you use compliant peripheral devices and shielded cables between system components to minimize the possibility of causing interference to radios, televisions, and other electronic devices. This device must not be co-located with other transmitters.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.
Responsible party (contact for FCC matters only): Tenga (a division of Pitts Pacific, LLC)
www.tenga.com

Canadian Compliance Statement

Complies with the Canadian ICES-003 Class B specifications. Cet appareil numérique de la Classe B est conforme à la norme NMB-003 du Canada. This device complies with RSS 210 of Industry Canada. This Class B digital apparatus complies with Canadian Interference-causing equipment regulations. Cet appareil numérique de la Classe B respecte le Règlement sur le brouillage ou Règlement sur le matériel brouilleur du Canada.

European Community Compliance Statement

This equipment complies with the RF Exposure Requirement 1999/519/EC, Council Recommendation of 12 July 1999 on the limitation of exposure of the general public to electromagnetic fields (0–300GHz). It also meets all applicable ETSI harmonized EN standards: EN 300 328, EN 301 894, EN 301-489-17, EN 50385

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Made in China. Printed in China.

tenga

Bluetooth

Fit
In-Ear Wireless Earbuds for Sports

INSTRUCTION MANUAL

WELCOME

Thanks for trying out the Tenga™Fit Bluetooth Wireless Stereo Headphones. You are finally on your way to experiencing the ultimate in sound quality. But first, please review the user's guide carefully for important information concerning operation, performance and safety.

Package Contents

1 Tenga Fit Bluetooth Stereo Earbuds
3 pair noise isolating ear tips (S, M, L)
1 micro USB charging cable
3 pairs of silicone stabilizers (S, M, L)
1 premium travel pouch

Specifications

Talk time:	5.5 hours
Charging time:	1.5 hours
Standby time:	300 hours
Music playback time:	5.5 hours
Range:	10 m or 33 ft
Noise Reduction:	CVC® 6th Generation
Chipset:	CSR® 8620
Weight:	14.8 g or .52 oz
Dimensions:	33 x 32 x 31 mm or 1.30 x 1.18 x 1.18 in.
Profiles supported:	A2DP, AVRCP, Headset and Handsfree profiles

Charging

Use the included micro USB cable to connect the Fit with a USB port on your computer or a USB charging plug. Plug the micro USB end into the charging port located on the left earbud's "R". Charging will start automatically and the red indicator light will stay on while your earbuds are charging. When they have finished charging, the red light will change to blue.

It takes about 1.5 hours to charge the unit completely for about 1.5 hours before first use.

Pairing with mobile phones

1. Place the Fit within 30 cm of the device with which you are pairing.
2. Press and hold the power button on the inside area of the earphone marked with an 'R' for about 8 seconds or until the red and blue LEDs flash alternately. If you are in a noisy environment, you can hear a voice say "pairing". The Fit will now be in "pairing mode."
3. Activate the "search for devices" function in your Bluetooth settings menu on your phone. If you are unable to find this, please refer to the user's manual of your mobile phone for more information.
4. Select "tenga fit" in the device list on the phone.
5. If prompted for a pairing code, enter '0000'.
6. Upon successfully pairing, you will hear a voice prompt say "connection successful."

After pairing with your Bluetooth enabled device, the music output will be transmitted to the Fit and can be controlled from your headphones.

Volume Adjustment

The volume can be changed by clicking on the front or back of the switch located on top of the earphone marked 'R'. To increase the volume, click on the front of the switch until the desired volume is reached. You will hear a tone when the maximum volume has been reached.

To decrease the volume, click on the back half of the switch until the desired volume is reached.

Changing Audio Tracks

The same switch used for adjusting the volume located on top of the earphone marked 'R' is also capable of changing audio tracks on your phone.

To advance to the next track, click and hold the front half of the switch until you hear the track change.

To go back to the previous track, click and hold the back half of the switch until you hear the track change.

Answering/Ending phone calls

If you receive a phone call while connected to your phone, you will hear tones indicating you have an incoming call. Click on the front of the switch located on the right earbud to answer the call.

To adjust the volume of the call, click the front of the switch to increase the volume or click the back of the switch to decrease the volume.

To end the call, you can either click either the front or back of the switch until you hear a tone indicating the call has been ended.

While in standby mode (not listening to music), you can redial the last number called by pressing the volume button twice.

If you were listening to music when the call was received, once the call is ended the music will resume automatically.

If you receive an incoming SMS text message, you will also hear a tone.

Pairing Two Phones Simultaneously

1. Press the power button for 4-7 seconds until the Fit earbuds are in "pairing mode."
2. Follow pairing instructions to pair with the first phone.
3. Turn off the earbuds and then turn them back on and enter pairing mode.
4. Activate the Bluetooth function on the second phone and again follow the steps to pair the second phone with the earbuds.
5. Upon successfully pairing, return to the Bluetooth menu on the first phone and select "tenga fit" from the list of previously paired devices. Now both phones will be paired.

Low-power prompt

The red LED will flash and and you will hear a voice prompt say "low battery" when the power level is low. Please recharge the unit.

Power meter on iOS

When the Fit headphones are connected with devices with iOS software, the battery level of the headphones is displayed in the top right corner.

Status Indicators

Power on:	Blue light flashes three times
Shutdown	Red light flashes three times then the power turns off
Standby mode	Blue light flashes every 5 seconds
Incoming call	Blue light indicator continues to flash
Charging	Red light is continuously lit while connected to USB charging cable
Charging completed	Blue light is continuously lit while connected to USB charging cable

Safety Information

Read all safety information and operating instructions before using the Fit to avoid injury. Failure to follow safety instructions could result in injury to yourself or others, or other property damage. Follow all operating instructions including any updates to the safety and regulatory information, please visit us at http://www.tenga.com/

Bluetooth Communication

Bluetooth wireless technology operates within a range of about 10 m (33 feet). Install the transceiver and any connected Bluetooth device as closely to each other as possible.
The following conditions may have a negative effect on the Bluetooth connection:
- certain obstacles (people, metal, walls, etc.)
- an electromagnetic environment
- A device with a 2.4 GHz frequency (e.g. a Wireless LAN device, cordless telephone, or microwave oven).
Note: Bluetooth SIG, Inc. recommends that Bluetooth and Wireless LAN (IEEE802.11b/g) use the same frequency, microwave interferences may occur. This may lead to communication speed deterioration, disconnection, or inability to connect. In this case, turn off the respective device to avoid interference.

To avoid accidents, turn off this device and other Bluetooth devices in the following locations:
- near inflammable gas
- near a medical, electronic, or a fueling station
- near automatic doors or a fire alarm
Any Bluetooth device you wind to connect to the headset must be compliant with the Bluetooth standard specified by Bluetooth SIG.
Even if the connected devices may conform with the Bluetooth standard, some devices cannot be connected or will not work correctly depending on the specifications or software of the device.
Note: These headphones are connected to a mobile phone or other electronic device using radio frequency signals which cannot guarantee connection under all conditions or circumstances. Therefore, please never rely solely upon the headphones for essential or emergency communication.

For more information on Bluetooth safety and features, please visit www.Bluetooth.com

Handling the Fit

Do not drop, disassemble, open, crush, bend, deform, puncture, shred, microwave, incinerate, paint, or insert foreign objects into the Fit.

Avoiding Water and Wet Locations

Do not use the Fit in or near rain, swimming pools, hot tubs, bathtubs or other wet locations. Take care not to spill any food or liquid on the Fit. In case the Fit gets wet, unplug all cables, turn off the Fit, remove any media, and allow it to dry thoroughly before turning it on again. Do not attempt to dry the Fit with an external heat source, such as a microwave oven or hair dryer.

Repairing the Fit

Never attempt to repair or modify the Fit yourself. The Fit does not contain any user-serviceable parts. If the Fit does not work properly or has been exposed or subjected to a severe fall, it is advised that you no longer use the device. The rechargeable battery in the Fit cannot be replaced.

For service information, go to www.tenga.com.

Charging the Fit

To charge the Fit, it is advised that you only use the included USB to micro USB charging cable and only charge the Fit in devices compliant with the USB 2.0 standard.

Read all safety instructions for any products and accessories before using with the Fit. Tenga is not responsible for the operation of third party accessories or their compliance with safety and regulatory standards.

Avoiding Hearing Damage

Permanent hearing loss may occur if the Fit is used at high volume. Set the volume to a safe level. You can gradually increase the volume to your desired sound normal but can be damaging to your hearing. If you experience ringing in your ears or muted speech, stop listening and have your hearing checked.

The louder the volume, the less time is required before your hearing could be affected. Hearing experts suggest that to protect your hearing, limit listening and the amount of time you use headphones at high volume. Avoid turning up the volume to block out noisy surroundings. If you can't hear people speaking near you, then turn the volume down.

Driving Safely

Do not use the Fit while operating a vehicle. Check and obey the laws and regulations on the use of devices like the Fit in areas where you drive. Stop using the Fit if you find it disruptive or distracting while performing any activity that requires your full attention.