Strawberry-Orange Sorbet

Refreshing Summer Fun!

Servings: 6

4 cups strawberries, hulled and sliced

I cup water

1 cup fresh orange juice plus the zest

1/2 cup sugar



In a saucepan, place the sugar, orange juice and water and bring it to a boil. Let it boil until sugar dissolves, about 3 minutes. Add the strawberries and the orange zest and let the mixture boil for 8 to 10 minutes. Using a hand blender (regular blender works just fine just do it in small badges) Puree the mixture and then pass the it through a fine mesh strainer. Let it come to room temperature and place in the refrigerator to chill. Pour the mixture into an ice cream maker and freeze according to manufacturer's instructions.



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