

Roasted Garlic and Nut-Crusted Fish

Great for a light dinner with some jasmine rice.....

Servings: 4

1/2 cup KRAFT Light Sicilian Roasted Garlic Balsamic Vinaigrette Dressing

4 tilapia fillets (1 lb.)

1/4 cup finely chopped Mixed Nuts

2 Tbsp. finely chopped cilantro

1 clove garlic, minced

1 tsp. Peanut Oil



POUR dressing over fish in shallow dish; turn fillets over to coat both sides with dressing. Refrigerate 30 min. to marinate. Meanwhile, combine nuts, cilantro, garlic and oil.

HEAT oven to 375°F. Remove fish from marinade; discard marinade. Place fish on lightly greased baking sheet. Top with nut mixture; press lightly into fish to secure.

BAKE 10 to 12 min. or until fish flakes easily with fork.

SUBSTITUTE your favorite mild white fish, such as flounder, for the tilapia.



ANDY THORNAL COMPANY 336 Magnolia Ave. Winter Haven, Fl 33880 (800) 499-9890 • (863) 299-9999

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