



Parmesan Vegetable Spiral

Fresh from the garden!

Servings: 4

2 Zucchini
2 Yellow Squash
1 Potato
1 Tomato
1 large Onion
Olive Oil
Parmesan Cheese
Sea Salt and Black Pepper



On a bed of chopped onions topped by a medley of veggies tomatoes, potatoes, yellow squash & zucchini sliced then drizzled with Olive Oil, sprinkled with Parmesan cheese, salt & pepper and roasted to perfection.

Bake 400 for 35 Min.

Option: top with mozzarella cheese and fresh basil.



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