

VIDŌMA™
naturals



**INGREDIENT SOURCE,
NATURAL PROPERTIES & USES**

July 2009



Certified Organic

INGREDIENT	NATURAL SOURCE	NATURAL PROPERTIES	USED FOR
Aloe Vera Concentrate	Concentrated Aloe Vera Juice	See Aloe Vera Juice	See Aloe Vera Juice
Aloe Vera Gel	From the Aloe Vera plant	The plants polysaccharides have softening, soothing and protective qualities.	Soothe and heal minor burns and abrasions. Softens skin, soothes and protects damaged skin
Aloe Vera Juice	From the aloe vera plant.	Contains vitamins B1, B2, B6, C, niacinamide, choline, 18 amino acids.	Soothing and healing to the skin.
Apricot Kernel Oil <i>Prunus armeniaca</i>	Cold pressed from the Kernel	Minerals, Vitamins and GLA, oleic acid, palmitic acid, stearic acid, linoleic acid, Vitamin E	Facial massage, prematurely aged, sensitive and inflamed skin. Helps to relieve itching caused by eczema and dry skin.
Argan Oil <i>Argania spinosa</i>	Extracted from the fruit of the Argane Tree which grows in Morocco. Known as the "Tree of Life".	Very rich in essential fatty acids and vitamin E. Has natural hydrating and revitalizing properties.	Ideal for dry skin, prevents aging, regenerates and nourishes dry hair, strengthens nails.
Arnica Oil <i>Arnica Montana</i>	Flowering heads of plants Mountainous regions of Northern Europe	Arnica is a fragrant, bitter, and astringent herb that stimulates the immune system and heart, relieves pain and inflammation and clears fungal and bacterial infections. It contains the anti-inflammatory sesquiterpene lactone helanalin, as well as flavones, flavonols, triterpenoids, phenolic acid, polysaccharides and an essential oil containing thymol, thymolmethylether and azulene.	Bruising, strained muscles/tendons, contusions, hemorrhages, swellings, bone fractures, rheumatic pain Caution: For external use only! Arnica is an extremely potent herb, which must be used judiciously. It contains a compound that acts in the same way as oxytocin, which is used to induce labor and for this reason pregnant mothers should not use arnica in any form or way.
Ascorbic Acid	Freeze dried whole orange juice.	Vitamin C - anti-oxidant.	Adjusts PH levels in formulas. Use to enhance skin toners.
Avocado Pear <i>Persea americana</i>	Cold pressed from the pulp of the fruit	Vitamin A, B1, B2,D & E, lecithin, potassium, oleic acid, palmitic acid, linoleic acid, palmitoleic acid, linolenic acid, stearic acid. Rich in chlorophyll.	All skin types, dehydrated dry skin, eczema, aging skin
Basil <i>Ocimum basilicum</i>	Steam distilled from leaves of annual herb plant. Grown in Europe and Mediterranean	Antifungal, antiseptic, possible irritant properties, antispasmodic.	Dry skin,eczema, herpes, insect bites, acne, skin tonic, insect repellent, aids hair growth, congested skin, stimulates skin circulation, varicose veins, aids gout. CAUTION-sensitive skin, pregnancy
Beeswax	A natural wax made by bees in the cell walls of honeycombs.	Natural emulsifier.	Helps to seal and protect the skin when used in moisturizing products.
Bergamot <i>Citrus bergami</i>	From the peel of the fruit of the citrus tree grown in Italy. Extracted by cold expression.	Analgesic, anti-infectious, antibacterial, antifungal, antidepressant, antispasmodic, antiseptic, anti-toxic, antiviral, calming	Acne, Eczema, Herpes, Itching, Insect Repellent, Mouth Ulcers, Psoriasis, Oily skin, Wounds. Caution - photo toxic (sunlight)
Betaine Hydrochloride	A natural supplement derived from sugar beets.	Has unique water binding and cell membrane protective properties.	Used as a moisturizer and stabilizer.
Bicarbonate of Soda		A powerful, yet gentle cleaning and scouring agent that sanitizes and neutralizes odors	Laundry and cleaning products

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Black Walnut Extract <i>Jugians nigre</i>	Green hulls are harvested from the nut of the Black Walnut tree then cleaned and soaked in a solution of organic grain alcohol and distilled water.	Anti-fungal, anti-parasitic and antiseptic properties. Rich in Iron, Iodine, Calcium and silica.	Ringworm, fungal and parasitic infections, mouth sores, warts, bruising, herpes, poison ivy, acne , eczema, tumors and toxic blood conditions.
Blue Tansy <i>Tanacetum annum</i>	Steam distilled from leaves and flowers. Grown in Morocco.	Anti-inflammatory, antihistamine, antispasmodic.	Reduce nervous tension and stress, allergies. CAUTION: external use only.
Borage Oil <i>Borage officinalis</i>	Cold pressed from the seeds of herb plant	Gamma linolenic acid, vitamins, minerals, linoleic acid, palmitic acid, stearic acid.	Psoriasis, eczema, prematurely aged skin, regenerate skin, deter wrinkling, relieve inflammation
BTMS Conditioning Emulsifier <i>Cetearyl Alcohol</i>	See Cetearyl alcohol		
Burdock Extract <i>Arcticum lappa</i>	Root of plant	Natural blood purifier and detoxifier. Astringent, softens, soothes, purifies. Burdock root has been used as a remedy against skin cancer in Chile, China, India, Canada and Russia. Herbalists praise it as an excellent remedy for acne and eczema. Burdock is said to restore the smoothness of the skin and promote hair growth.	Helps the body maintain healthy skin. Used to moderate skin disorders such as acne, boils and eczema.
Cajaput	Steam distilled from leaves and buds of Melaleuca leucodendron Tree	Antispasmodic, stomachic, anti-rheumatic	Sores, Acne, Psoriasis, Earache, Toothache, Headaches, Varicose veins, Insect repellent, Aches and Pains, Hemorrhoids
Calendula Extract / Oil <i>Calendula officinalis</i>	Extracted from the flower blossoms. Grown in the Mediterranean	Antiinflammatory and antispasmodic. Calendula flower blossoms infused in a base of cold-pressed virgin olive oil.	Broken veins, bruises, stubborn wounds, varicose veins, skin problems, rashes, chapped and cracked skin, dry eczema
Camellia Seed Oil <i>Camellia Sinnsis</i>	Cold pressed from the seeds of the Tea Tree grown in South East Asia	Minerals, Vitamins, Fatty acids of Palmitic, Stearic, Oleic, Linoleic, Linolenic, Arachidic. Powerful anti-oxidant.	Dry, mature, wrinkled skin. Restores elasticity and firmness. Dry/damaged hair. Sun damaged skin. Softens skinm, strengthens nails. Protects against UV rays ad helps prevent freckles, age spots and wrinkles.
Carrot Oil (root & seed) <i>(Daucus carota)</i>	Steam distilled from seeds of herb plant. Grown in Europe, Asia and North Africa	Rich in beta-carotene, vitamins B,C,D, & E.	Dry aging skins, premature aging skin, itching, burns, dryness, psoriasis, eczema. Rejuvenates skin.
Castor Oil <i>(Ricinus communis)</i>	Cold pressed from brown seeds of shrub plant. Grown in West Africa	Glyceride(ricinoleic acid,) iso-ricinoleic acid, stearic acid, linoleic acid, dehydroxyteric acids. Lubricating and waterproofing properties.	Hair conditioners, diaper rash creams, dissolves cysts, growths and warts, softens corns, dry chapped skin, helps prevent scarring. CAUTION- pregnancy
Cedarwood <i>(Cedrus atlantica)</i>	Distillation of heartwood, cones and green needles of tree. Grown in Rocky mountains, Mexico	Antiseptic, astringent, expectorant, fungicidal, insecticidal, sedative	Acne, dandruff, oily skin, dermatitis, seborrhea, insect repellents. Softens skin. CAUTION-pregnancy
Cetearyl emulsifying wax <i>(Cetearyl alcohol)</i>	Derived from Colza Oil. Not an alcohol but an emulsifying wax.	Imparts an emollient feel to the skin and hair.	Used an emulsion stabilizer, opacifying agent, foam boosting surfactant, moisturizer and carrying agent for other ingredients. Skin and Hair care products.
Cetyl Palmitate	Cetylated fatty acid derived from vegetable oils	Emollient, antioxidant	Emollients are substances which soften and soothe the skin. They are used to correct dryness and scaling of the skin and aid skin elasticity

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Chamomile, Moroccan <i>(Artemisia multicaulis)</i>	Steam distilled from flower head of plant. Grown in Morocco.	Analgesic, anti-allergenic, anti-inflammatory, antispasmodic, antibacterial, calming.	Nervous bowel, tension headaches, sleeplessness. Excellent skincare oil See Roman Chamomile. CAUTION: pregnancy.
Chamomile, Roman <i>(Chamaemelum nobile)</i>	Steam distilled from the flowers of the plant - grown in France	Antispasmodic, antifungal, antiviral, antidepressant, calming, low toxicity	Acne, boils, dermatitis, eczema, insect bites, itching, psoriasis, sunburn, scars, bacterial infections. Safe for children. CAUTION -1st trimester of pregnancy
Chickweed Herb <i>(Stellaria Media)</i>	Common herb, often considered a weed, that grows in the world's temperate regions.	Contains vitamins A, C and some B, plus calcium, phosphorus, potassium and zinc.	Inflammation, skin problems, bruises, support the urinary system, colds/flu, sore throat, respiratory problems, cough, poor digestion.
Cinnamon Leaf <i>(Cinnamomum zeylanicum)</i>	Steam distilled from leaf of cinnamon tree. Grown in Madagascar.	Anti-bacterial, anti-fungal, anti-infection, antiparasitic, antiseptic, antiviral, astringent, stimulant,	Headaches, poor circulation, poor concentration. CAUTION - hemophilia, kidney or liver disease, pregnancy, sensitive skin.
Citric Acid	Derived by fermentation of carbohydrates or lemon and lime juices.	Occurs in cellular metabolism.	Used to balance PH levels in formulas.
Clary Sage <i>(Salvia sclarea)</i>	Steam distilled from the flowering tops of the herb plant. Grown in France and Russia	Anticonvulsive, antiseptic, antispasmodic, antidepressant.	Baldness, dandruff, greasy hair, mature skin. Balances skin and hair secretions. Acts as a stimulant for the scalp. CAUTION - avoid during pregnancy.
Clove Bud <i>(Eugenia caryophyllata)</i>	Steam distilled from flower buds and leaf of evergreen tree. Grown in Zanzibar, Madagascar	Antibacterial, anti-inflammatory, antiparasitic, antiseptic, antispasmodic.	Insect repellent, mouth ulcers, toothache, athlete's foot, scabies. CAUTION -hypertension, abdominal pain, sensitive skin
Coconut Oil (Fractionated) <i>(Cocos nucifera L)</i>	Solvent extraction required to make a liquid oil from the dried flesh of the coconut.	Excellent emollient properties. Helps oil blends from going rancid	Makes skin smooth and satin like. Beneficial to dry hair and aids tanning.
Cranberry Seed Oil <i>(Vaccinium macrocarpon)</i>	Cold pressed from the seeds.	Only oil with natural ratio of Omega 6, Omega 3 and Omega 9 fatty acids. Contains high concentrations of tocopherols, tocotrienols, phytosterols, phospholipids and Vitamin A. Contributes to the lipid barrier protection of the skin and assists in moisture retention.	Scaly, itching skin conditions such as eczema, dandruff and psoriasis. Protects hair from UV rays.
Cucumber Extract <i>(Cucumis sativa)</i>	Cucumber rind	Anti-inflammatory Skin-tightening properties	anti-inflammatory and skin tightening properties. Calming and cooling to the skin
Cypress <i>(Cupressus sempervirens)</i>	Steam distilled from the cones, twigs and needles of evergreen conifer	Antibacterial, antiseptic, antispasmodic, astringent, deodorant, decongestant	Acne, broken capillaries, cellulite, excessive perspiration, insect repellent, mature skin, oily skin, skin circulation, varicose veins. CAUTION - pregnancy, high blood pressure, cancers, fibrosis.
Dead Sea Salts	Southern Dead Sea in Israel	21 minerals, such as Sodium, Calcium, Magnesium, Potassium, Bromide, Bitumen, Chlorine, Iodine, Zinc and more. Anti-inflammatory agent.	Removes dry, dead skin, cleanses pores. Improves oxidation, cell metabolism, enzymatic regulation of cell proliferation. Strengthens cell membranes, helps maintain correct balance of alkaline and acid levels in the body.
Decyl Glucoside	A fatty polyglycoside prepared by reacting cornstarch with natural fatty alcohol.	Non-ionic surfactant, excellent foaming characteristics. Extremely mild and gentle.	Sensitive skin, facial products, shampoos, body wash. Mild to skin and eyes

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Dulse (<i>Palmaria Palmata</i>)	A sea vegetable (seaweed)	A source of essential nutritional elements that feed the thyroid gland	Hair growth, skin and nail health
Echinacea Extract (<i>Echinacea augustifolia</i>)	Flower, leaves and roots of plant	Calms, revitalizes, stimulates, purifies. Echinacea herb is used internally as a blood purifier. Antibiotic, antiseptic, analgesic	Externally, it helps speed the healing of skin conditions caused by acne, eczema and other problems. Firms and tones the skin.
Emulsifying wax	Vegetable based.	Used to bind oil and water together into a smooth emulsion.	
Elder Flower (<i>Sambucus nigra L</i>)	Extracted from the flower of the Elderberry tree.	Astringent, stimulant, antiseptic	Tones skin, stimulates cell growth
EmEster (<i>Alkyl Benzoate</i>)	Esters of a mixture of C12 to C15 alcohols and benzoic acid	Emollient. Provides light conditioning. Is non-toxic, non-sensitizing, non-comedogenic and odorless.	Sensitive skin.
Epsom Salts (<i>Magnesium sulfate heptahydrate</i>)	Salt Lakes in Utah	Mineral magnesium sulfate. Is a natural emollient and exfoliate	Draws toxins from the body, reduces swelling, acts as a sedative for the nervous system.
Eucalyptus, lemon (<i>Eucalyptus citriodora</i>)	Steam distilled from leaves and twigs of tree. Grown in Australia and china	Strong antifungal, deodorant, antistaph effects	Air freshener, insecticide. CAUTION: Pregnancy
Eucalyptus (<i>Eucalyptus globulus</i>)	Steam distilled from the leaves of evergreen tree. Grown in Europe and North Africa	Antibacterial, antiseptic, antispasmodic, antiviral, antifungal, analgesic, expectorant	Blisters, burns, cuts, chicken pox, herpes cold sores, insect bites, insect repellent, measles, skin infections, wound healing. Is an expectorant and decongestant. Deodorizes. CAUTION- Avoid if Asthmatic, Epileptic, or have High Blood Pressure.
Eucalyptus, peppermint (<i>Eucalyptus radiata</i>)	Steam distilled from leaves and twigs of tree. Grown in Australia and Tasmania	Deodorant, antiseptic, immuno-stimulant, antibiotic, antiviral	Viral infections, colds, bronchitis, muscular strains, rheumatism, sinus conditions, chest infections, natural insect repellent. CAUTION: - Pregnancy
Evening primrose oil (<i>Oenothera biennis</i>)	Cold pressed from the seed pods of herb plant.	Gamma linolenic acid, vitamins and minerals.	Psoriasis, eczema, wounds. Helps to prevent premature aging.
Fennel (<i>Foeniculum vulgare var. cuulce</i>)	Steam distilled from seeds of herb plant. Grown in Europe, India, Japan and North Africa	Anti-inflammatory, antiseptic, insecticide properties, antispasmodic, stimulant, decongestant, analgesic.	Oily skin, mature skin, wrinkles, bruises, cellulite. CAUTION - pregnancy, epilepsy, breast feeding
Feverfew Extract (<i>Pyrethrum parthenium</i>)	Whole plant	Anti-inflammatory	Dermatitis, arthritis, asthma Caution: avoid during pregnancy
Flax Seed oil (<i>Linum usitatissimum</i>)	Oil is cold pressed from ripened seeds of the flax plant.	Anti-vital, anti-bacterial, anti-fugal and anti-cancer properties. Contains omega-3 and omega 6 fatty acids.	Inflammation, pain, swelling, pressure in joints or blood vessels, water retention, allergic response, rheumatoid arthritis, arthritis, cancer, high blood pressure, psoriasis and eczema.
Frankincense (<i>Boswellia carteri</i>)	Steam distilled from the resin of tree trunk. Grown in Middle East and North Africa	Anti-inflammatory, antiseptic, astringent, antidepressant	Sores, ulcers, boils, dermatitis, varicose veins, wound healing, surgical scars. Rejuvenates and tones skin, softens wrinkles and stretch marks. CAUTION- 1st trimester of pregnancy

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Garlic Oil <i>(Allium Sativum)</i>	Whole garlic buds	Infused oil of whole organic garlic buds in a base of organic sunflower oil. Antibiotic, detoxifier, parasite killer. Source of chromium, phosphorus, delenium, thiamin.	All purpose healing oil
Geranium <i>(Pelargonium graveolens)</i> 	Steam distilled from the green parts of the plant leaves. Grown in China, Egypt, Russia, France	Anti-inflammatory, antiviral, antiseptic, antifungal, antibacterial, astringent	Acne, athletes foot, broken capillaries, bruises, burns, cell regenerator, cellulite, eczema, insect repellent, mature skin, oily skin. Smooths facial lines and wrinkles, relieves dry skin and scalp conditions .
Ginger <i>(Zingiber officinale)</i>	Steam distilled from the rhizomes (roots) of plant. Grown in Europe and India	Anti-inflammatory, antioxidant, antiseptic, antispasmodic, expectorant, stimulant	Bruises, carbuncles, sores, muscle aches and pains, sprains, neuralgia, varicose veins. CAUTION - sensitive skin, slightly phototoxic.
Ginkgo biloba Extract <i>(Ginkgo biloba)</i>	Dried leaf of the Ginkgo biloba plant.	Powerful antioxidant and contributes to the oxidation of free radicals which are contributors to premature aging.	Circulation related disorders, hardening of the arteries, hemorrhoids, varicose veins, eye and ear disorders, mental alertness, relieve tension and anxiety. CAUTION Do not use if pregnant
Ginseng root extract <i>(Panax quinquefolium)</i>	Powdered root steeped in alcohol.	Stimulant, tonic, metabolism booster, eases breathing, natural balancer, improve and promote circulation	Anxiety/panic, bronchitis, colds, depression, general health tonics, stress. CAUTION – do not use during pregnancy or have high blood pressure.
Glacial Clay, Canadian	It is an inter-tidal fine colloidal clay that originated as a result of accumulation over tens of thousands of years of glacial materials deep in the Pacific waters of North Western Canada (B.C. Coast). This unique clay is found in deposits and it has been shown to contain “rare elements and rare earth’s” that provide numerous benefits to the skin.	Glacial Clay is composed of particles that are small enough to create a powerful absorption factor for the skin and due to it’s chemical properties it has the ability to remove toxins and bacteria and dead skin cells to leave the skin healthy, purified, and smooth. Due to it’s pH that is between 6.5 and 7.3 it is an excellent clay to use topically on the skin.	This clay has been studied by many notable research scientists and has been found to possess qualities that promote healthy skin and also help to ease muscle pain and inflammation, heal acne as well as other skin problems. When applied to the skin as a mask, oxidation and circulation are accelerated, defensive functions stimulated and body temperature lightly raised. Thus clay acts rather like a light massage.
Golden Salve <i>(proprietary blend from Nature’s Sunshine Products)</i>	A blend of the ingredients listed.	Olive oil, comfrey leaf, golden seal root, yarrow flower, white oak bark, black walnut hulls, marshmallow root, lobelia herb, scullcap herb, myrrh gum, mullein herb, wheat germ, chickweed herb, beeswax, eucalyptus oil, vitamin E oil. Antiseptic, astringent.	Soothes and moisturizes dry, rough, chapped skin. Promotes healing of damaged tissues. Helps with blisters, bruises, burns, calluses, cold sores, cuts/scratches, cysts, eczema, hemorrhoids, infection, itching, rashes, scars, skin infections, sunburns.
Golden Seal Extract <i>(Hydrastis Canadensis)</i>	A perennial herb in the buttercup family Ranunculaceae, native to southeastern Canada and the northeastern United States	Astringent, antiseptic, antibiotic, antibacterial	Natural antibiotic properties. Healing. Goldenseal is often used to boost the medicinal effects of other herbs it is blended or formulated with
Grapefruit Seed Extract <i>(Citrus Grandis (Grapefruit) Seed Extract, Glycerin)</i>	Extracted from peel of fruit.	Antimicrobial substance of triclosan. Retards oxidation	A natural preservative to prolong the shelf life of carrier oils.
Grapefruit, Pink <i>(Citrus paradise)</i>	Cold expressed from the rind of the fruit. Grown in USA, West Indies and Africa	Antiseptic, antibacterial, antifungal, antiviral, astringent	Oily skin, acne, bruises, cellulite, edema. Tones and tightens skin. CAUTION -sensitive skin
Grapeseed Oil <i>(Vitis vinifera)</i>	Heat extracted from the seeds of the fruit.	Contains vitamins, minerals, protein, linoleic acid.	Suitable for all skin types.

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Green Tea Extract (<i>Camellia sinensis</i>)	Extracted from leaves of evergreen shrub “Camellia sinensis”	Anti-oxidant, anti-inflammatory, astringent.	Use in hair and skin care products.
Guar Silk (<i>Guar hydroxypropyltrimonium chloride</i>)	Derived from Guar Gum	A cationic derivative of natural Guar Gum.	Leaves hair soft, shiny and silky.
H.N.S.-W Extract From Les Herbes Pures	“Hair, Nails and Skin” - a blend of extracts from rosemary, dulse, sage and horsetail.	See individual ingredients	Growth and repair of hair, nails, skin. Restoration of hair color.
Helichrysum (<i>Helichrysum italicum</i>)	Steam distilled from the flowering tops of shrub. Grown in Italy, France and Spain	Antibacterial, expectorant, anti-inflammatory, analgesic, antiseptic, anti-allergenic, astringent	Psoriasis, scars, wound healing, bruising, burns, dermatitis, eczema, cell regenerative, acne, cuts, mature skin, skin spots. Protects skin from ultraviolet rays.
Himalayan Mineral Salts	Himalaya mountains.	Crystal salt that contains all the natural minerals and trace elements that are found in the human body.	Acne, eczema, psoriasis, herpes infections, athlete’s foot, warts, insect bites, gout.
Holly Oil (<i>Ilex opaca</i>)	Distilled from Holly plant and blended with Vitamin E and Jojoba oil.	Clear hypoallergenic oil with unlimited shelf life.	Does not clog pores, creates easy glide for massage
Horsetail Extract (<i>Equisetum arvense</i>)	Extracted from whole herb plant.	A good source of silica, astringent.	Strengthens skin, hair and nails. Caution: kidney inflammation, hypertension, cardiovascular problems.
Hydrogen Peroxide (<i>H2O2</i>)	Naturally occurring water-like liquid made up of two hydrogen atoms and two oxygen atoms. It is formed in nature by the action of sunlight on water and even in honey.	One of the most powerful oxidizers known to man. Used worldwide in municipal water supplies instead of chlorine to disinfect and stop the growth of unwanted organisms.	Kills bacteria, viruses and fungi. Is a mild bleach
Hydrolyzed Wheat Protein	Derived from wheat protein	Naturally derived wheat protein that contains wheat oligosaccharides (carbohydrates). A unique hydrating complex offering a combination of moisture balancing and film forming properties that work synergistically. Hydrolyzed wheat protein is also known as phyto peptides.	Gives hair better body control, moisturizing in lotions, creams, body wash and anti-aging products. It offers conditioning, moisturizing and film forming properties and is widely in skin care products to help skin retain its moisture and improve its overall appearance. Wheat protein penetrates the hair shaft and helps mend split ends.
Hyssop Oil (<i>Hyssopus officinalis</i>)	Steam distilled	Astringent, antispasmodic, carminative, emmenagogue, expectorant, febrifuge, sedative.	Bruises, coughs, sore throat, throat infections, cuts, sores, dermatitis, eczema, inflamed skin, wounds, asthma, bronchitis, poor muscle tone and stress related conditions. CAUTION: Avoid in epilepsy, fever, pregnancy and children.
Jewel Weed Extract Impatiens (balsamina leaf (Garden balsam)	Stems and leaves	flowers of <i>I. textori</i> can be utilized as an anti-anaphylactic and anti-pruritic agent in addition to the traditional applications of this plant.	Warts, bruises, athlete’s foot, ringworm, nettle stings, cuts, eczema, acne and skin irritations such as insect bites and stings by reducing itching and swelling
Jojoba Oil (<i>Simmondsia chinensis</i>)	Cold pressed from the bean of the plant/shrub	Actually a wax, not a fat. Contains protein, minerals, plant wax, myristic acid. Chemical composition resembles the skin's sebum. Anti-bacterial properties.	Eczema, psoriasis, hair care, all skin types. Readily absorbed by the skin.. Has a softening effect on the skin.

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Juniper Berry (<i>Juniperus communis</i>)	Steam distilled from the berries of evergreen shrub. Grown in Europe, Asia and North America	Anti-infection, antiseptic, antispasmodic, astringent, detoxifying, parasiticide, sedative	Abscess, acne, blocked pores, cellulite, dermatitis, eczema, hair loss, inflammation, oily skin, ulcers, varicose veins, wound healing, facial masks. CAUTION -pregnancy, kidney/bladder infections
Kaolin Glacial Clay (<i>white Kaolinite</i>)	A clay mineral mined in Brazil, France, UK, Germany, India, Australia, Korea, China and USA.	Natural absorbency properties. Also known as China clay, the mildest of all phyllitous clays.	Poultices, masks, baths, creams, lotions
Lavender (<i>Lavandula angustifolia</i>) 	Steam distilled from the flowering tops of shrub plant. Grown in France, England and Russia	Antispasmodic, analgesic, antiseptic, antibacterial, antiviral, antifungal, anti-stress, anti-inflammatory	Abscess, Acne, athlete's foot, boils, bruises, burns, cuts, dandruff, eczema, fleas, insect bites, insect repellent, lice, psoriasis, rashes, sunburn, scars, ulcers, wound healing
Lemon (<i>Citrus limon</i>) 	Cold expressed from the peel of the fruits from evergreen tree. Grown in Asia, Greece and India	Anti-aging, antifungal, antiseptic, antibacterial, antispasmodic, antiviral, astringent, detoxifying	Acne, boils, corns, hair loss, herpes, oily or dry skin, varicose veins, warts, canker sores. Tones the skin, diminishes cellulite. CAUTION -photo toxic
Lemongrass Oil (<i>Cymbopogon citratus</i> <i>W.Indian</i>) (<i>Cymbopogon flexuosus</i> <i>E. Indian</i>)	Steam distilled from fresh and dried grass. Grown in India, West Indies, Africa, Sri Lanka.	Analgesic, antidepressant, anti-inflammatory, fungicidal	Acne, athlete's foot, skin parasites, bruises, enlarged pores, oily skin, oily hair, insect repellent, detoxification, environmental disinfection, headaches. CAUTION - pregnancy, sensitive skin, children under 2.
Licorice Root (<i>Glycyrrhiza glabra</i>)	Powdered dried root of plant is used. This plant grows in parts of Europe and Asia.	Contains glycyrrhizin which reduces inflammation, promotes secretion of mucous, soothes irritation, protects the stomach and gastrointestinal tract and stimulates the activity of the adrenal glands. The root also contains coumarins, flavonoids, volatile oils and plant sterols. Anti-viral, anti-spasmodic, demulcent and expectorant.	Mouth and stomach ulcers, shingles, herpes, lupus, rheumatoid arthritis, spasmodic coughs, respiratory ailments, skin diseases, menopause, PMS. CAUTION: high blood pressure, heart, kidney and liver disorders, pregnant or breast feeding women, diabetes and obesity.
Liquid Silver (<i>Argentum Metallicum</i>)	Pure silver and de-ionized water.	Most powerful, virtually non-toxic, natural disinfecting antibiotic available. It is known to destroy over 650 disease causing organisms including bacteria, parasites, viruses and fungi.	Heals and rejuvenates injured tissue of severe burns, acne, eczema, herpes, wounds, inflammation, etc.
Mandarin, Green (<i>Citrus reticulata</i>)	Cold pressed from un-ripened fruit of the Mandarin tree.	Similar to Red Mandarin, but gentler and therefore safe for children, pregnant woman and the elderly. Antiseptic, antispasmodic, sedative.	Anti-stretch mark oil, water retention, lymph stimulant, upset digestive system. CAUTION: Mildly phototoxic.
Mandarin, Red (<i>Citrus reticulata</i>)	Cold pressed from the peel of the fruit. Grown in Brazil, Spain, Italy, California	Antiseptic, antispasmodic	Acne, cellulite, surgical scars, cell regenerator, oily skin, dry skin, stretch marks, scars. CAUTION - photo toxic, citrus allergy.
Manuka (<i>Leptospermum scoparium</i>)	Steam distilled from leaves and branches of small tree. Grown in New Zealand	Antiseptic, antifungal, anti-inflammatory, antiviral	Dermatitis, eczema, infected gums, pimples, psoriasis, oily skin, insect bites, athlete's foot, fungal infections, cold sores.
Marjoram, Sweet (<i>Origanum majorana</i>)	Steam distilled from flowering parts of herb plant. Grown in France, North Africa and Egypt.	Antifungal, anti-inflammatory, anti-oxidant, antiseptic, antispasmodic, antiviral, analgesic, expectorant	Bruises, wound healing, respiratory infections, snoring. CAUTION -asthma, depression, low blood pressure, pregnancy
Marshmallow Root Extract (<i>Althaea officinalis</i>)	Perennial herb native to northern Europe and western Asia, not naturalized to the Atlantic coast of the USA. Root is dried for use.	Demulcent, diuretic, emollient, vulnerary. Antioxidant, phenolic acids.	Soothing agent – relieves inflamed surfaces, sore throat.

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Meadowfoam Oil (<i>Limnanthes alba</i>)	Solvent extraction of the seeds from this small annual flowering plant.	Contains fatty acids, naturally occurring tocopherols, and has UV protection properties.	Adds shine and moisture to hair, moisture to scalp and skin.
Mellissa (lemon balm) (<i>Melissa officinalis</i>)	Steam distilled from leaves. Grown in Mediterranean.	Antiseptic, calming	Asthma, coughs, lowers high blood pressure, acne dermatitis, eczema, shock. CAUTION: - possible dermal irritation.
Mullein Herb (<i>Verbascum Thapsus</i>)	Dried from the leaves and flowers for powder blend or infused in olive oil for liquid form.	Anti-inflammatory, demulcent quality,	Bruises, insect bites, hemorrhoids, earache, burns, boils, cough suppressant.
Myrrh (<i>Commiphora myrrha</i>)	Steam distilled from the gum of thorny shrub. Grown in Middle East, Northern India, and North Africa	Antiseptic, antiputrescent, anti-inflammatory, astringent, analgesic, expectorant, antifungal	Athletes foot, cuts, mature skin, mouth ulcers, toothache, ulcers, wrinkles, wound healing, ringworm, eczema, psoriasis, stretch marks, scars, aging skin. CAUTION -pregnancy
Myrtle (<i>Myrtus communis</i>)	Steam distilled from flowering tops and young leaves of bush. Grown in North Africa	Antiseptic, bactericidal	Urinary infections, respiratory infections, oily complexion, acne, asthma, bronchitis.
Neem Oil (<i>Azadirachta indica</i>)	Cold pressed from seeds of fruit of Neem Tree. Grown in Asia, Africa, Americas, Australia	The active constituent is made up of 40 different active liminoids, which when ingested by an insect/pest, create a hormonal disruption that prevents the insect/pest from feeding, breeding or metamorphosing.	Insect repellent, pest control as well as cuts, bruises, skin disorders, acne.
Neroli (<i>Citrus aurantium</i>)	Steam distilled from orange blossoms of bitter orange tree. Grown in Mediterranean, California, South America	Antidepressant, antiseptic, antispasmodic, antitoxic, tonic, anti-aging, antifungal, cell generator	Mature skin, surgical scars, varicose veins, acne, thread veins, stretch marks, dry skin, oily skin.
Nettle Extract (<i>Urtica dioica</i>)	Made from the root of the stinging nettle plant. Plant is native to Europe, North Africa, Asia and North America.		Tones, good for arthritis, anemia, hay fever, kidney problems, pain, controls dandruff, makes hair shiny. It's high Vitamin K content makes it good for helping to stop bleeding.
Oatmeal, Colloidal	Made by pulverizing oat grain into very fine oat flour.		Soothes & softens dry skin. Helps to relieve itchy skin conditions, rashes, bug/insect bites.
Olive Oil (<i>Olea europaea</i>)	Cold pressed from the fruit.	Natural sun filter screening out up to 20% of the sun's rays. Oleic acid, palmitic acid, linoleic acid, stearic acid.	Dehydrated skin, sore inflamed skin, prevention of stretch marks, acne, sprains, bruises. CAUTION - sensitive skin
Orange Oil, Sweet (<i>Citrus sinensis</i>) 	Cold expressed from the peel of fruit from the orange tree. Grown in China and India	Antifungal, anti-inflammatory, antiseptic, astringent, antidepressant, fungicidal, anti-aging.	Oily skin, puffiness, mouth ulcers, wrinkles. Softens thick, chapped and fissured skin, strengthens epidermis. CAUTION - sensitive skin, phototoxic
Oregano, Wild (<i>Origanum campactum</i>)	Steam distilled from leaves and flowers of herb plant. Grown in Turkey, France and Utah	Antibacterial, antifungal, antiseptic, antispasmodic, analgesic, expectorant	Cellulite, warts. Caution-children under 5, pregnancy, sensitive skin
Palmarosa Oil (<i>Cymbopogon martini</i>)	Steam or water distilled from fresh or dried fragrant grass. Grown in Madagascar, India, Brazil, Comoro Islands	Antiseptic, antifungal, cell regenerator properties.	Acne, eczema, scars, wrinkles, boils. Aids in the regeneration of skin and regulates sebum.
Palm Ester Stearates	Long chain saturated fatty acid of palm oil derived from the fibrous flesh of the fruit of the palm trees.		Skin elasticity and moisturization

INGREDIENT	NATURAL SOURCE	NATURAL PROPERTIES	USED FOR
Panthenol Provitamin B5	Present in all living cells. Converts to pantothenic acid in hair. Binds keratin to hair.	Often referred to as Pro Vitamin B5. Environmentally friendly, contains no solvent residues. Vitamin B5 is present in all living cells in the form of Pantothenic acid, a constituent of Co-enzyme A.	A provitamin that is important in cellular growth. It helps stimulate the production of new skin cells, promotes healing of damaged and broken skin areas, moisturizes the dermal layers, exhibits anti-inflammatory properties, and builds skin elasticity by stimulating the production of collagen and elastin. It moisturizes and increases the strength of the hair shaft. Helps repair hair damage, conditions without build up, reduces damage from split ends.
Patchouli (Pogostemon patchouli)	Steam distilled from leaves and flowers of herb plant. Grown in South east Asia, Java.	Antidepressant, antifungal, anti-inflammatory, antiseptic, tonic, antibacterial. Has cell regenerative properties.	Abscess, athletes foot, eczema, fleas, acne, chapped skin, dermatitis, seborrhea, dandruff, wound healing, varicose veins.
Peppermint (Mentha piperita)	Steam distilled from the flowers of herb plant. Grown in Australia, Brazil, China and France	Antifungal, anti-inflammatory, anti-oxidant, antiseptic, antispasmodic, antiviral, analgesic, astringent decongestant, expectorant, stimulant, tonic, antibacterial and has cell regenerative properties.	Acne, boils, insect repellent, itching, rashes, headaches, sun burn, hot flashes, skin circulation, CAUTION - balsam allergy, epilepsy, insomnia, children under 3, sensitive skin, 1st trimester of pregnancy, nursing
Pepsin		Enzyme to break down protein to their components of peptides and amino acids so they can be readily absorbed by the intestinal lining.	
Perilla Seed Oil (Perilla frutescens) 	Cold expeller pressed from the seed.	Rich in vitamins, amino acids, Omega 3 fatty acids, linolenic, linoleic and oleic acids. Antiseptic properties.	Retains moisture in the hair and skin. Eczema, psoriasis.
Petitgrain (Citrus aurantium)	Steam distilled from the leaves and twigs of bitter orange tree. Grown in the Mediterranean.	Antiseptic, antispasmodic, anti-infectious, anti-inflammatory, antibacterial, antifungal, anti-oxidant, deodorant.	Acne - dry and infected, boils, oily skin, oily hair, scars, dry skin, toning, cell and tissue regenerator. CAUTION - balsam allergy
Phenoxyethanol	Organic chemical compound, rose ether.	A relatively safe anti-bacterial preservative which protects formulas from microbiological activity. Bactericide.	Preservative
Pine Needle (Pinus sylvestris)	Steam distilled from the needles of evergreen tree. Grown in Europe, Russia, North America	Antiseptic, expectorant, antibacterial, antispasmodic, antiviral, decongestant	Enhances tissue oxygenation, stimulates circulation and memory, combats fleas. CAUTION - insomnia, sensitive skin
Plantaren 2000N (Decyl Polyglucose)	A fatty polyglycoside prepared by reacting cornstarch with a vegetable fatty alcohol.	Plantaren 2000N is a nonionic surfactant and can function as either a primary or secondary surfactant in a variety of personal care cleansers. It contains no solvents or hydrotypes. Plantaren 2000N is the only surfactant available which does not contain sulfates.	It provides excellent foaming characteristics and mildness to skin and eyes. Due to its mildness and foaming properties it is recommended as a primary or co-surfactant in applications where mildness, without sacrificing performance, is required.
Polyfactant DLS (Decyl polyglucose)	Surfactant - naturally derived.	Ultra mild surfactant. Naturally derived polyglucose combined with mild sulfosuccinate.	Excellent foaming and extremely gentle cleansing qualities.
Red Clover (Trifolium pratense L)	Extracted from the flower tops of Red Clover.	Antispasmodic, nutritive, stimulant. High in calcium, chromium, Vitamin C, potassium, thiamine, magnesium, niacin and phosphorus	Sores, skin ulcers, skin diseases. Also used as an expectorant.
Rhassoul Clay	Mined in the Atlas mountains of Morocco.	Rich in magnesium, Silica, potassium and calcium. Properties have capacity of high absorption due to its high level of ions exchange.	Aids rejuvenation, detoxification and toning of the skin. Reduces dryness, flakiness, improves skin clarity and elasticity.

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Rice Bran Oil (<i>Oryza sativa</i>)	Outer bran (husk) of rice	Strong anti-oxidant. Rice Bran is full of antioxidants, such as Vitamin E, ferulic acid, linolic acid, oleic acid, palmitic acid and oryzanol. The oil acts as both a carrier and emollient	It is excellent for mature, delicate or sensitive skin . Also used as a skin and hair beauty enhancer
Rose Bulgaria Oil Extract (<i>Rosa damascene</i>)	Steam distilled from the flowers of Rose plants. Grown in France	Antidepressant, anti-inflammatory, antiseptic, antispasmodic, antiviral, astringent, stimulant, antifungal	Acne, broken capillaries, eczema, herpes, inflammation, mature skin, shingles, skin infections, ulcers, cell regenerator, moisturizer, all skin types, aging skin, slow healing wounds, scars, preventing stretch marks, dry skin, inflamed skin, skin damage due to radiation
Rose Geranium (<i>Pelargonum graveolens</i>)	Steam distilled from flowers and leaves of plant. Grown in Egypt and India	Anti-inflammatory	Mature skin, balances combination skin, dry skin, sun burns, rosacea, rashes, acne, cellulite. Also used as a tick repellent.
Rosehip Seed Oil (<i>Rosa rubiginosa</i>)	Extracted from the seeds of rose bush.	Alpha linolenic acid, linolenic acid, oleic acid, palmitic acid	Tissue regenerator, burns, facial wrinkles, treatment of scars, reduces wrinkles and signs of premature aging. CAUTION - avoid with acne or oily skin
Rosemary E.O. (<i>Rosmarinus officinalis</i>)	Steam distilled from the flowers of evergreen shrub. Grown in Europe, North Africa and the middle east.	Antidepressant, anti-inflammatory, anti-oxidant, antiseptic, antispasmodic, antiviral, analgesic, astringent, expectorant, antibacterial.	Acne, cellulite, dandruff, eczema, edema, hair growth, insect repellent, puffiness, varicose veins, dermatitis, burns, wrinkles, all skin types, rejuvenative powers on hair and skin, alopecia areata. CAUTION - children under 5, epilepsy, high blood pressure, pregnancy
Rosemary Extract (<i>Rosmarinus officinalis</i>)	Extracted from leaves of herb plant.	Antibiotic, natural anti-oxidant, antiseptic, antispasmodic, astringent, sedative, stimulant, tonic, anti-inflammatory, antimicrobial properties.	Headaches, help prevent baldness and improve circulation weakness. Used to retard oxidation of lipids (oils) and rancidity. CAUTION - pregnancy
Rosewood (<i>Ariba roseodora</i>)	Steam distilled from the heartwood of the Rosewood tree. Grown in Brazil	Analgesic, antidepressant, anti-infectious, anti-parasitic, antifungal, antiseptic, bactericidal, general tonic, stimulant, deodorant, insecticide properties.	Cellular stimulant, acne, dry and combination skin, wrinkles, sensitive inflamed skin, dermatitis, scars, tissue regenerator, wounds.
Royal Jelly	Substance secreted from the glands in the heads of worker bees and fed to the Queen bee.	Anti-tumor properties. Proteins, Lipids, Glucides, Hormones, Enzymes, Mineral substances, Biotin, Vitamins B-1, B-2, B-6, C, E, A, D, Niacin, Pantothenic Acid, Inositol and Folic Acid, Essential fatty acids, Calcium, Copper, Potassium, Silicon, Sulfur.	Slows signs of aging, stimulates hair growth, skin disorders, tones skin.
Safflower Oil (<i>Carthamus tinctorius</i>)	Extracted from the seeds of plant. Belongs to the Sunflower family.	Protein, minerals, vitamins, linoleic acid, oleic acid, palmitic acid, stearic acid	All skin types, natural sun filter - screens out up to 20% of the suns rays, bruises
Sage (<i>Salvia officinalis L</i>)	Steam distilled from dried leaves of herb plant. Grown all over the world.	Antiseptic, antispasmodic, astringent	Strengthens hair, controls dandruff. CAUTION - pregnancy
Sandalwood (<i>Santalum album</i>)	Steam distilled from the heartwood of the evergreen tree. Grown in India	Antidepressant, anti-inflammatory, antiseptic, antispasmodic, astringent, antimicrobial, astringent.	Abscess, acne, eczema, oily skin, skin circulation, insomnia, cracked or chapped skin, varicose veins, dry coughs, cystitis. CAUTION - balsam allergy, depression
Sodium cocoyl isethionate	Surfactant	Mild surfactant with a dense, luxurious foam.	Body wash, shampoo
Sea lettuce Extract (<i>Pistia stratiotes</i>)	Leaves are dried and powdered. Can be used in oil blend or alcohol.	Anti-bacterial, antifungal, antiseptic	Boils, wounds, syphilitic lesions, skin infections, ringworm and other fungi, tuberculosis, dysentery and asthma.

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Sea Salt (<i>Sodium Chloride</i>)	Mineral salt lakes - Utah	Contains 50 natural trace minerals essential to the human body, such as calcium, potassium, sulphur, magnesium, iron, phosphorus, manganese, copper, iodine, zinc etc.	Both fine and coarse blends are an excellent but gentle exfoliant.
Seabuckthorn Oil (<i>Hippophae rhamnoides</i>) 	CO2 extracted from seeds and berries of plant. Certified organic.. Grown in USA	Anti-oxidant, anti-inflammatory, anti-aging properties. Contains over 190 nutrients necessary to bodily health, including high content of essential fatty acids of Omegas 3,6,7 & 9. Very high in unsaturated fats, carotenes, flavonoids,, phytosterols, vitamins A,C,B,K, P & E.	Skin nourishing, revitalizing and restorative actions. Eczema, burns, poorly healing wounds, wrinkles, dryness, prematurely aging skin, rosacea, sun block. Promotes cell tissue regeneration.
Sesame Oil (<i>Sesamum indicum</i>) 	Cold pressed from the seeds of herb plant.	Vitamin E, minerals, proteins, lecithin and amino acids, linoleic acid, oleic acid, palmitic acid, stearic acid	Psoriasis, eczema, tanning aid, all skin types, nourishing and softening, natural sunscreen filtering out up to 25% of sun rays. CAUTION - may cause hypersensitivity
Seaweed Extract (<i>Marine algae</i>)	Found throughout the world's oceans and seas.	High in nitrogen, phosphorous, potassium, plus many micro nutrients and trace elements. Non irritating, anti-allergic, anti aging properties.	Promotes softness and moisture in hair and skin. Inhibits oxidative degeneration of collagen and hyaluronic acid which in turn helps to smooth out wrinkles and fine lines.
Shea Butter (<i>Butrospermum parkii</i> fruit) 	Shea butter is the fat extracted from the seed that is removed from the shea nut.	Shea Butter has a high amount of Vitamin A and Vitamin E, as well as phytosterols, triterpenes, fatty esters and phenolic acids.	Shea Butter is a good emollient for moisturizers and helps to penetrate the skin. Vitamins A and E are important in helping to repair skin damage; phytosterols, and triterpenes aid in skin allergies; phenolic acids are good for cellular protection. Shea Butter is widely used to protect skin from the sun's UV rays, as well as soften and heal cracked and aged skin. Dry skin, wrinkles, skin rashes, eczema, psoriasis, sunburns, itching, dermatitis
Silk Amino Acids	Pure liquid silk	Silk Amino Acids contain a full complement of 18 amino acids, including alanine, glycine and serine, which are sighted as the protein stimulants in our skin and hair.	Powerful moisturizer. Penetrates deeply into hair cortex to strengthen and repair. Also binds moisture to the skin. Shampoo, conditioner, lotions, creams.
Sodium Carbonate	Natural mineral, Trona, from soda lakes and salt beds.	Lowers pH of a formula.	Compound used for laundry soaps, cleaners, dishwashing soaps.
Sodium Percarbonate	Sodium percarbonate is a white crystalline water-soluble adduct of sodium carbonate and hydrogen peroxide. ^[1] Sodium percarbonate is the active ingredient in many powdered oxygen eco-friendly bleach products, including OxiClean.	Natural bleaching compound that is color safe and has strong fungicide effect. Breaks down to oxygen, water and sodium carbonate in wash water. Non toxic, soluble in water. Safe for the environment.	Removes stains, deodorizes and whitens in a range of water temperatures. Not suitable for silk or wools. It will not remove rust stains or mineral deposits. Caution: After use of a strong concentration, do not hang white clothes in the sun—they will yellow.
Spearmint Oil (<i>Mentha spicata</i>)	Steam distilled from the flowering tops of herb plant. Grown in North America, Spain, Italy, China.	Antiseptic, antispasmodic, insecticide, stimulant properties, anti-inflammatory	Acne, dermatitis, aids healing of wounds, sores, scabs, congested skin, sinus problems, respiratory problems, headache pain. CAUTION -pregnancy and young children.
St. John's Wort (<i>Hypericum perforatum</i>)	Infused oil of St. John's Wort flowers in organic, cold pressed, virgin olive oil.		Mild burns, bruises, hemorrhoids, varicose veins, wounds, sores, ulcers, nerve pain such as neuralgia, sciatica, rheumatic pain. CAUTION - photo sensitivity.

INGREDIENT	NATURAL SOURCE	NATURAL PROPERTIES	USED FOR
Stearic Acid	Fatty acid derived from natural sources of vegetable fats.		Used to thicken and stabilize formulas.
Sunflower Seed - Oil, Extract (Helianthus annuus)	Oil - Cold pressed from the seeds of Sunflower. Extract - from seeds of sunflower	Vitamins A,B,D, and E, minerals of calcium, zinc, potassium, iron and phosphorus, linoleic acid, oleic acid, palmitic acid, stearic acid Anti-aging properties	All skin types, skin diseases, bruises, diaper rash, cradle cap
Sweet Almond Oil (Prunus armeniaca)	Cold pressed from the kernel.	Glucosides, Minerals, Vitamins A,B1, B2, B6, D, & E, rich in protein, oleic acid, linoleic acid, palmitic acid, stearic acid, myristic acid	Natural sunscreen that can filter out up to 25% of suns rays. Itching, dryness, inflammation, burns, thread veins. CAUTION - nut allergies
Sweet Thyme (Thymus vulgaris ct.linalol)	Steam distilled from the flowers of herb plant. Grown around the Mediterranean Sea.	Antibacterial, antifungal, antiseptic, antispasmodic, antiviral, expectorant	Athletes foot, boils, cuts, fleas, skin infections, sores, tonsillitis, alopecia areata. CAUTION - epilepsy, high blood pressure, pregnancy
Tamanu Oil (Calophyllum inophyllum)	Cold pressed from nut kernel of fruit of Tamanu tree. Grown in Polynesia coastal areas.	Calophyllic acid (a fatty acid found only in this oil), antibacterial, anti-inflammatory, neutral lipids, glycolipids, phospholipids	Blemishes, wrinkles, scars, stretch marks, dry skin, poison ivy, skin healing properties, growth of new tissue. Promotes soft, smooth, glowing skin.
Tamarind Seed Extract (Tamarindus Indica)	Cold pressed from the seeds of the fruit of the TamarindTree which grows in India.	High content of polysaccharides.	Improve skin elasticity, hydration and smoothness. Has been found to out perform Hyaluronic acid in skin moisturizing and the smoothing of fine lines and wrinkles.
Tea Tree (Melaleuca alternifolia)	Steam distilled from the branches of small Tea Tree. Grown in Australia	Antibacterial, antibiotic, anti-inflammatory, anti-parasitic, antiseptic, antiviral	Abscess, acne, athletes foot, bruises, burns, cuts, dandruff, diabetic gangrene, herpes, cold sores, impetigo, insect bites, itching, mouth ulcers, oily skin, rashes, ringworm, skin infections, sores, warts, wound healing. CAUTION - pregnancy, sensitive skin
Tei Fu Oil (Proprietary blend of oils from Nature's Sunshine Products)	Secret Chinese blend of camphor, menthol and wintergreen in a base of Safflower oil.		Heals cuts and insect bites, toothache, headaches, sore throat, inflammation, sinus congestion, aching muscles.
Vegetable Glycerin	Saponification of fats from vegetable source lipids.	Humectant	Aids in hydration of skin and hair.
Vena Silk	Derived from oat flour	Hydrolyzed Oat Flour - naturally derived from oat flour. Emollient and provides stability to surfactant base.	For skin care - adds silky feel to lotions and creams. For hair care - provides viscosity to the formula.
Vitamin A	Vitamin A is found in dark green and yellow vegetables and yellow fruits, such as broccoli spinach, turnip greens, carrots, squash, sweet potatoes, pumpkin, cantaloupe, and apricots, and in animal sources such as liver, milk, butter, cheese, and whole eggs.	Potent antioxidant with anti-inflammatory properties	Accelerates the formation of healthy new skin cells Assists treatment of skin disorders. Vitamin A is needed for new cell growth, healthy skin, hair, and tissues, and vision in dim light.
Vitamin B	Vitamin B is actually a combination of 8 different B vitamins.	Water soluble vitamin. Works as an antioxidant. It protects against free radicals and other harmful substances that enter the body.	Promotes cell growth. Aids in the circulation of blood which contributes to the repair of skin, nails and hair. Reduces the signs of aging.
Vitamin E oil (tocopherol)	Derived from d-alpha tocopherol, d-beta, d-gamma and d-delta tocopherols	Inhibits rancidity in oil blends	Relieves dry, itchy skin, aids healing of burns, abrasions, skin ulcers, helps prevent & dissolve scar tissue, prevents free radical damage to skin, wrinkles, prematurely aged skin.

INGREDIENT	NATURAL SOURCE	NATURAL PROPERTIES	USED FOR
Wheatgerm Oil (<i>Triticum vulgare</i>)	Warm pressed from the germ of wheat.	Vitamin E, linoleic acid, oleic acid, palmitic acid, linolenic acid.	Eczema, psoriasis, premature aging, stretch marks. CAUTION - wheat allergy
White Oak Bark Extract (<i>Quercus alba/robur</i>)	Extracted from the bark of the white oak tree. Also known as Tanner's Bark, English Oak, Red Oak, and Green Oak.	Anti-inflammatory, astringent, contains tannic acid.	Tighten and dry the tissues, relieves itch..
White Peony Tea Extract  (<i>Camellia sinensis</i>)	Extracted from leaves and buds of evergreen shrub "Camellia sinensis"	Antioxidant, anti-inflammatory, astringent. Similar to green tea properties, but has higher content levels of the phytochemical polyphenols.	Excellent for both hair and skin care.
White Willow Bark Extract (<i>Salix alba</i>)	Distilled from the bark of the white willow tree	Pain-relieving and anti-inflammatory capabilities. Contains salicin and is considered nature's aspirin.	Headaches, reduces fevers, all types of body pain.
White Vinegar (<i>Acetic acid</i>)	Acetic acid in water.		Used with hydrogen peroxide will kill bacteria and virus germs. Used with water is an excellent glass cleaner and will remove mineral deposits on some surfaces. Used with baking soda makes a good drain cleaner.
Witch Hazel (<i>Hamamelis virginiana</i>)	Steam distilled from the bark and branches of Witch Hazel tree.	Distillate water from the witch hazel tree. Astringent	Soothes irritated skin, tonic.
Xanthan Gum	Fermented from corn sugar, a derivative of the more familiar corn syrup	a polysaccharide that is a long chain of three different forms of sugar	As a thickening agent and stabilizer to keep the individual ingredients from separating.
Ylang Ylang (<i>Cananga odorata</i>)	Steam distilled from the flowers of evergreen tree. Grown in Comoro Islands and Madagascar	Antidepressant, antiseptic, antispasmodic, anti-inflammatory, bactericidal properties, antifungal,	Acne, dry scalp, hair growth, insect bites, oily skin, rejuvenates skin. CAUTION - low blood pressure, headaches