

TAP DANCE MADE EASY:

INSTRUCTIONAL DVD SERIES

USER GUIDE / GLOSSARY - VOL. 2 - INTERMEDIATE



E. STEP SCUFF HOP EXERCISE

Notes: This exercise, as its name states, is made up of 3 basic steps: *step*, *scuff*, and *hop*.

The trick is to keep the rhythm EVEN in this step. 1&2&3&4& etc.

Another trick I can offer is to keep the *scuff* heading towards the floor, and not swinging out in front of you. Meaning, use the *scuff* to pop you up into the air for the *hop*. Use the *scuff* as momentum towards your *hop*.

Each part of this step really works together to make the entire step easier. What I mean by this is the *step* prepares the *scuff*, the *scuff* prepares the *hop*. You want them working together to make this step as fun as it can be.

When done correctly, this is a very fun step to do. It's a relaxed, compact step that gets more fun with each repetition.

Step	}	x2	}	x3	1
Scuff					&
Hop					2
Ball Change	&				
	3				
	&				
Step	}	x2	4&		
Scuff			etc.		
Hop			5		
			&		
			6		
Stamp			&		
			7		
			&		
			8		