

# The Grand Ballroom DVD Catalogue



## *About Andy & Wendy, Grand Ballroom owners and instructors ...*

The story of Andy & Wendy began in 1976 when they first met at The UBC Dance Club. Together they studied and trained as ballroom dance competitors with some of the best coaches in North America and around the world. Their achievements include an unprecedented 13 year reign as BC amateur champions in both the Standard and Latin divisions and finalists at the 1993 Canadian Championships. During those years, Andy studied pharmacy at UBC and graduated in 1981. He started work as a pharmacist at Macdonald's Prescription on Broadway and eventually joined the London Drugs Corporation in 1985. Wendy was a renowned costume designer and dressmaker in the dance community. In 1993, they both gave up their careers in pursuit of a dream.

Throughout their amateur careers, Andy and Wendy were tireless volunteers and pioneers in the promotion of ballroom dancing in Vancouver. They served continually as executive members of the B.C. Amateur Dancers Association (now Dancesport BC) and were part of the original committee that started the SnowBall Classic event in Vancouver. This period served them well in preparing them for their ultimate goal, the realization of their dream of opening the grandest dance studio in Canada. Andy and Wendy retired from amateur competitions on April 10, 1993 and devoted themselves full time to training as professional instructors and building their dream studio. Exactly one year later on April 10, 1994, The Grand Ballroom opened in Richmond.

Andy & Wendy's personal achievements and the continual success of The Grand Ballroom have garnered them the highest respect and admiration from their colleagues not just in the local dance community, but across Canada and the United States. They have done something that no professional has ever done before and very likely will never be duplicated. But the qualities that really set them apart are not their skills as entrepreneurs, but their genuine devotion to their students, kindness and generosity, attention to details, and their passion for teaching. It is not a coincidence that their group classes are continually the largest in Canada and their students stay loyal to them for many many years. The way they teach is like watching a maestro conduct a symphony orchestra. Many have tried, but nobody does it better than Andy & Wendy.



***“ What we did on the videos is to reproduce exactly what we teach in class. We are very proud to present the most complete and detailed instructional videos ever produced in Canada. It is a collection of 49 DVDs that represents the very best of The Grand Ballroom. We hope you enjoy them and find them invaluable to your dance training.”***

*Andy & Wendy*

## *Testimonials from our worldwide customers*

"Andy - your YouTube videos totally sold me - yours are the best international ballroom instruction clips I have seen, and I've seen a lot - you have a style for teaching that succeeds in balancing looking professional without the "exaggeration" of style you see in professional competitions, which makes it difficult to relate to as a "social dancer". Your teaching tips are done just right - you add a couple of tips re style and steps at different times so that learning is not an overload initially, yet they cover all the aspects anyone would need to know re dance to dance like a pro. You and Wendy make dance learning approachable for us new dancers. Thanks."  
**Owen Sheaks, Reston, VA, USA**

"I just received the Bronze II Slow Foxtrot DVD and it was great! Your method of teaching is top notch, I couldn't ask for more. Thank you!"  
**Bob Gillespie, Surrey**

"I just finished watching all of your DVDs and I think they're great. I've been able to maximize my dance lessons by having prior knowledge of the steps and whenever I'm having difficulties they're a perfect reference." **Jessica Van Dusen, Brockville, ON**

"My fiancé Mateja and I are truly excited and eager to receive your DVD. We are getting married in July 2009 and want to have a memorable first dance together. Mateja did extensive research online in trying to find the proper instructional video to help us get on our way. She found examples on YouTube that were particularly helpful. It seems that the details you provide in breaking down each particular step will help immensely. We are looking forward to receiving your DVD!!!  
**Rob Povirk, Atlanta, Georgia**

By the way: I love your explanations in English, though I speak German, I will understand every single word because you speak so clear...if you would have a Dancing school here in Austria I will definitely visit your courses...so I hope, I will learn it by your DVDs... **Best greetings from Vienna, Austria!** **Friedrich Patek**

"My husband and I were very impressed by your instructional clip on u-tube. It is clear and broken down into steps that are easy to follow. The information conveyed is pertinent, complimented by your physical demonstration of the steps. We have both taught in the past and you are an excellent teacher, as I am sure your staff at the Grand Ballroom must be." **Katlaan Huntir, Vernon, BC**

"Hi Mr and Mrs Wong greetings to you from my beautiful island Barbados in the West Indies. I was browsing the net for ballroom dancing videos or cds and ran into your website, I was totally surprised to see the quality of teaching from your videos which is fantactic, Mind you I'm doing bronze now having graduated from beginners, have been ballroom dancing just about 6 months and loving it that's why I want to get some cds on most of the rythmns that I practice with your unique teaching..."  
**Malie Pinkett, Barbados**

"I purchased a set of your gold standard ballroom dvd about a year ago. We found the instruction very well done. It is clear ,concise, and very helpful. We benefit a lot from the lessons. Thank you."  
**Dennis Toy, Winnipeg**

"Thank you very much for your generosity, your dance videos is a gold mine for social dancers. My wife and I hope to have a beginner group in standard and latin in our very little town, though our main interest is the Argentine Tango is a very basic level. Best greetings from Denmark."  
**Ilf & Karen, Denmark**

"Our daughter gave us your Silver Cha Cha for Xmas-I mean we've been doing it for 2 years. Now we realize we may benefit from your Bronze. We have ordered both and looking forward to correcting all our bad habits. We love the way you present your moves and are looking forward to the new DVDs."  
**Margaret & Lloyd Barnes, Newfoundland**

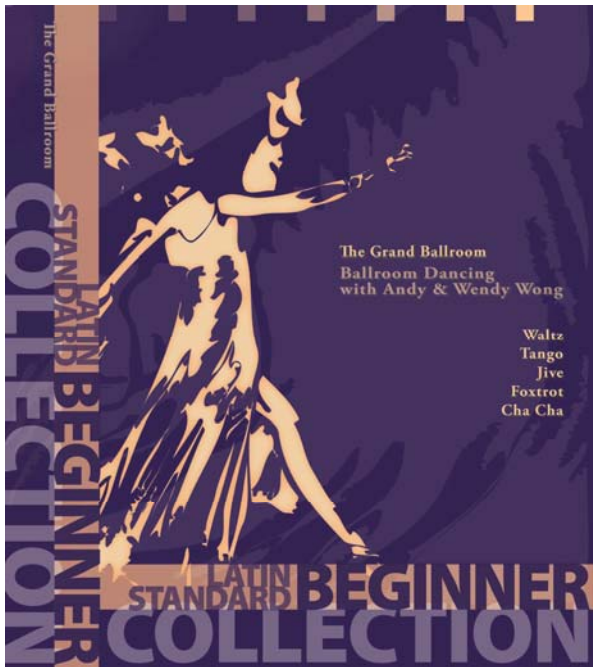
My wife and I purchased a number of your instructional DVD's a couple of months ago. I just wanted to let you know that we are extremely pleased and most impressed with the quality of your instruction. The details for each step are crystal clear and being able to see what you are ultimately working towards in terms of a routine for each dance is just what is needed (you can see the destination as well as each step of the route to get there - great!!). I had done a lot of research before buying your product (and had been disappointed with other products), and I just wanted to congratulate you on having put together such superior material.  
**Rob Bickerdike, Vero Beach, Florida**

"The teaching method is easy to follow and reinforces our practical instruction. We especially appreciate being shown what NOT to do. Thank you for a very comprehensive lesson."  
**Brian & Rona Holmes, Australia**

"We have purchased all your videos and I must say that you are the most amazing teacher. You explain and break down things in such a simple format even a novice can quickly learn. Congratulations and thanks so much."  
**Dr. Delbe Robichaud, New Brunswick**

"I am writing to you to congratulate you and your husband for the fantastic videos of dancing lessons that you have both produced. I have seen some parts on YouTube and they are the best tool that a beginner can buy in order to do the "homework", i.e. to review at home all the dancing steps that one has not totally understood during the last dancing lesson at school. It will be a pleasure for us to have you both as our virtual teachers."  
**Domingos Guimaraes, Portugo**

## Beginners Level - Complete 6 DVD Set Salsa, Waltz, Tango, Jive, Foxtrot, Cha Cha



**Purchase price: \$69.95**  
Taxes not included



### 6 DVD Beginners Collection

- Beginners Waltz
- Beginners Tango
- Beginners Foxtrot
- Beginners Jive
- Beginners Cha Cha
- Beginners Salsa

**Total time of 6 DVDs: 4 hr 10 min**

### *Video Synopsis*

This DVD collection is the perfect step-by-step guide for the absolute beginners who secretly wish that they can dance gracefully and effortlessly across the dance floor. It consists of six discs – Salsa, Waltz, Cha Cha, Tango, Jive, Foxtrot. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their Beginners classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).

# Bronze 1 (Intermediate level 1) Standard Dances - 5 DVD set

## Waltz, Tango, Viennese Waltz, Quickstep plus complete routines DVD

### Video Synopsis:

This Bronze 1 Standard DVD collection is the series which follows our Beginners series. It consists of four discs showing the International style of Waltz, Tango, Viennese Waltz, and Quickstep, plus a separate DVD showing complete routines to dance around the room for each dance. The Waltz and Tango are a continuation of the Beginners videos while the other two dances are taught right from the basic steps. Each DVD features Andy and Wendy Wong, directors and head instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their Bronze I Standard classes. Each dance variation is demonstrated in expert detail and includes the following features:

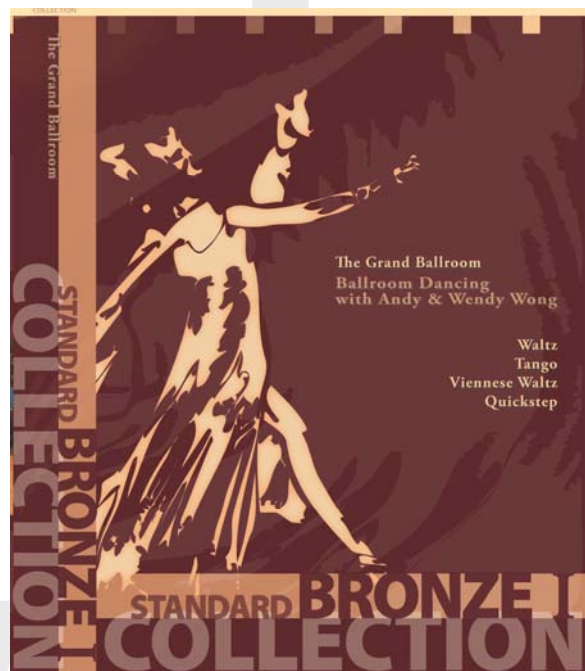
- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).



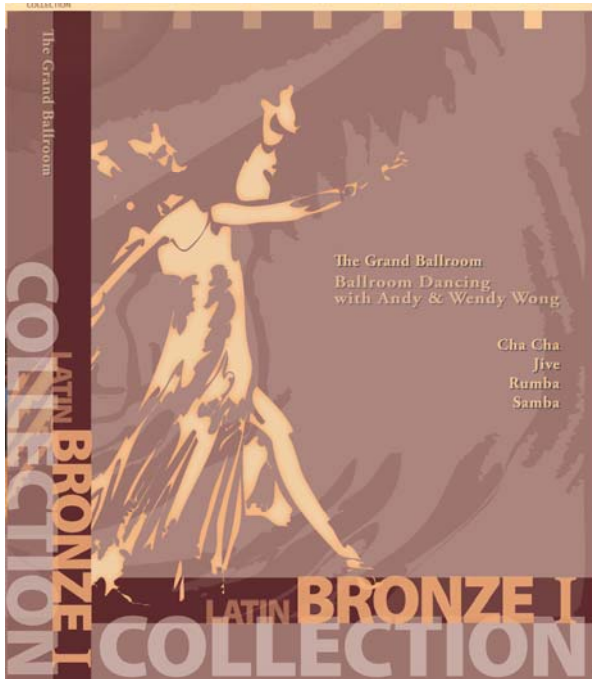
### 5 DVD Bronze I Standard Collection

- Bronze I Waltz
- Bronze I Tango
- Bronze I Viennese Waltz
- Bronze I Quickstep
- Complete Routines DVD
- Plus bonus music CD
- Total time of 5 DVDs = 2 hr 15 min



**Purchase price: \$74.95**  
Taxes not included

## Bronze 1 (Intermediate Level 1) Latin Dances - 4 DVD set Cha Cha, Rumba, Samba, Jive



### 4 DVD Bronze I Latin Collection

- Bronze I Samba
- Bronze I Cha Cha
- Bronze I Rumba
- Bronze I Jive
- Total time of 4 DVDs = 2 hours

**Purchase price: \$58.95**  
Taxes not included

### *Video synopsis*

This Bronze I Latin DVD collection is the series that follows our Beginners series. It consists of four discs showing the International Style of Samba Cha Cha, Rumba, Jive. The Cha Cha and Jive are a continuation of the Beginners videos while the other Samba and Rumba are taught right from the basic steps. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their Bronze I Latin classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).

# **Bronze 2 (Intermediate Level 2) Standard Dances - 5 DVD set**

## **Waltz, Tango, Slow Foxtrot, Quickstep**

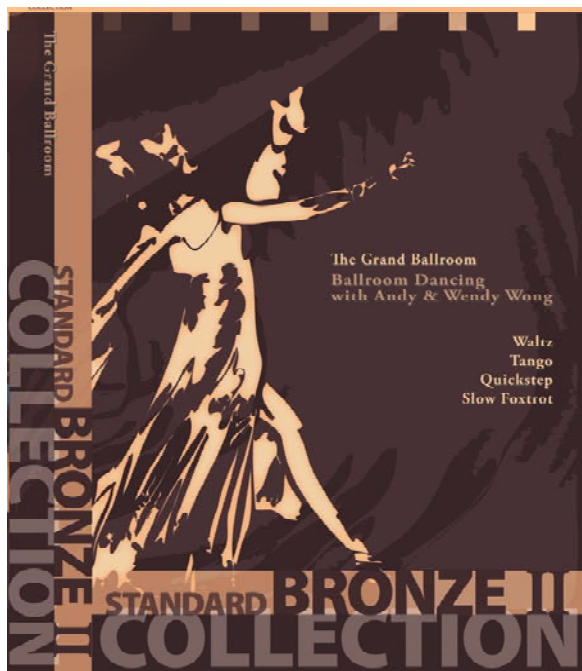
### **Plus choreographed routines for each dance**

#### *Video synopsis*

This Bronze 2 Standard DVD collection is the series that follows our Bronze 1 Standard videos. It consists of four discs showing the International Style of Waltz, Tango, Quickstep, Slow Foxtrot, plus a separate DVD showing complete choreographed routines for each dance for dancing around the room. The first three dances are a continuation of the Bronze 1 Standard series while the Slow Foxtrot is taught right from the basic steps. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their Bronze 2 Standard classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at



#### **5 DVD Bronze II Standard Collection**

- Bronze II Waltz
- Bronze II Tango
- Bronze II Slow Foxtrot
- Bronze II Quickstep
- Choreographed Routines DVD
- Total time of 4 DVDs = 2 hr 57 min

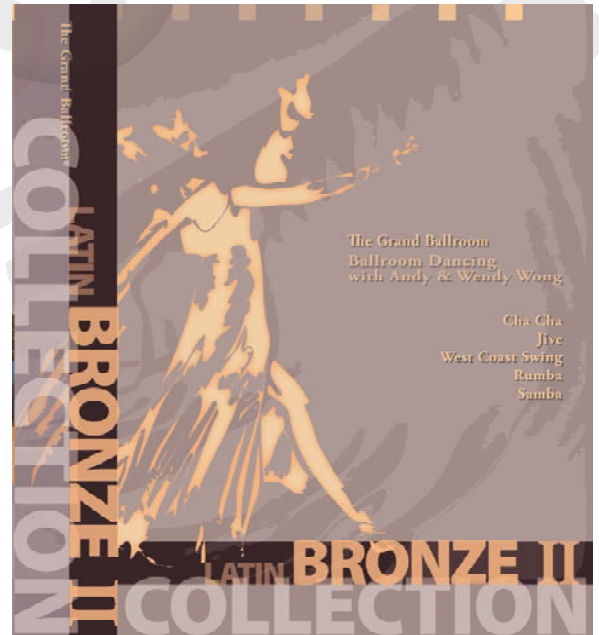
**Purchase price: \$79.95**  
Taxes not included

## Bronze 2 (Intermediate Level 2) Latin Dances - 5 DVD set Cha Cha, Rumba, Samba, Jive, W.C. Swing



### 5 DVD Bronze II Latin Collection

- Bronze II Cha Cha
- Bronze II Jive
- Bronze II West Coast Swing
- Bronze II Rumba
- Bronze II Samba
- Total time of 5 DVDs = 3 hours



**Purchase price: \$79.95**  
Taxes not included

### *Video synopsis*

This Bronze II Latin DVD collection is the series that follows our Bronze 1 Latin series. It consists of five discs showing the International Style of Samba, Cha Cha, Rumba, Jive, and West Coast Swing. The four dances are a continuation of the Bronze 1 Latin videos while the West Coast Swing is taught right from the basic steps. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do in their Bronze 2 Latin classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).



# Silver (Advanced Level 1) Standard Dances - 6 DVD set

## Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep

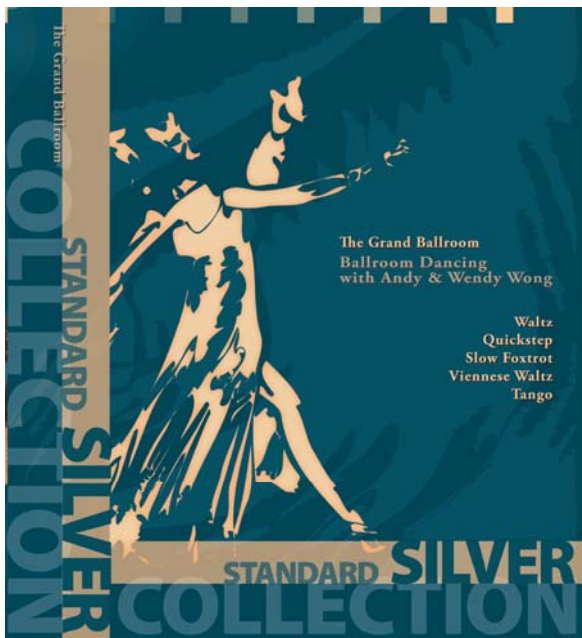
### Plus choreographed routines DVD

#### Video synopsis

This Silver Standard DVD collection is the series that follows our Bronze 2 Standard videos. It consists of five discs showing the International Style of Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep, plus a separate DVD of complete routines for each dance to dance around the room. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their hugely popular Silver Standard classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at

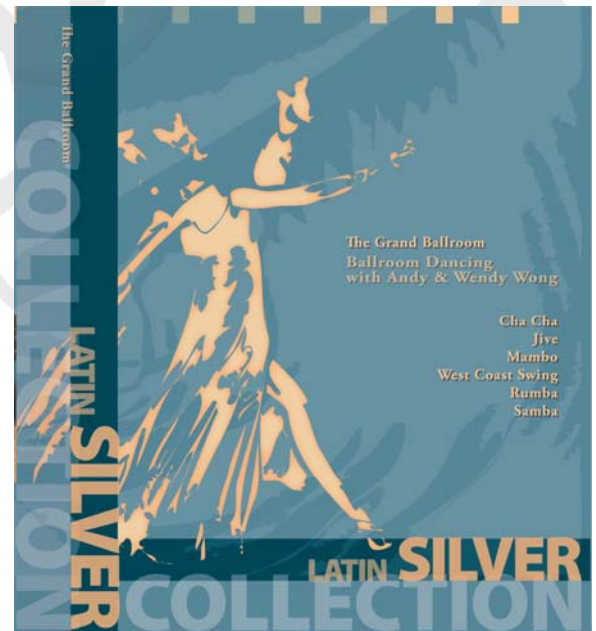


#### 6 DVD Silver Standard Collection

- Silver Waltz
- Silver Tango
- Silver Viennese Waltz
- Silver Slow Foxtrot
- Silver Quickstep
- Choreographed Routines DVD
- Total time of 6 DVDs = 7 hr 13 min

**Purchase price: \$143.95**  
Taxes not included

## Silver (Advanced Level 1) Latin Dances - 6 DVD set Cha Cha, Rumba, Samba, Jive, W.C. Swing, Mambo



### 6 DVD Silver Latin Collection

- Silver Samba
- Silver Cha Cha
- Silver Rumba
- Silver Jive
- Silver Mambo
- Silver West Coast Swing
- Total time of 6 DVDs = 11 hr 29 min

**Purchase price: \$158.95**  
Taxes not included

### *Video synopsis*

This Silver Latin DVD collection is the series that follows our Bronze 2 Latin videos. It consists of six discs showing the International Style of Cha Cha, Rumba, Samba, Jive, and American Style West Coast Swing and Mambo. The first five dances are a continuation of the Bronze 2 Latin videos while the Mambo is taught right from the basic steps. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their hugely popular Silver Latin classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

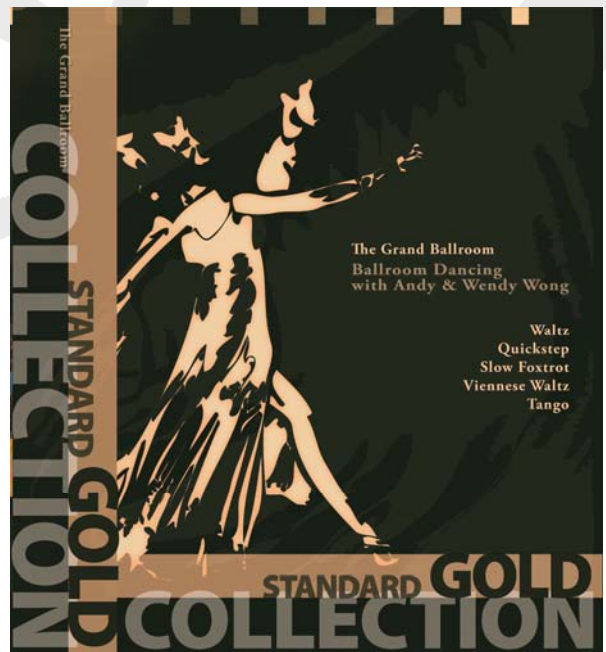
You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).

## Gold (Advanced Level 2) Standard Dances - 8 DVD set Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep Plus choreographed routines DVD



### 8 DVD Gold Standard Collection

- Gold Waltz (double DVD)
- Gold Tango
- Gold Viennese Waltz
- Gold Slow Foxtrot (double DVD)
- Gold Quickstep
- Choreographed Routines DVD
- Total time of 8 DVDS = 10 hr 54 min



**Purchase price: \$175.95**  
Taxes not included

### *Video synopsis*

This Gold Standard DVD collection is the series that follows our Silver Standard series. It consists of seven discs showing the International Style of Waltz, Tango, Viennese Waltz, Quickstep, and Slow Foxtrot, plus a separate DVD showing complete choreographed routines for dancing around the room. These are the only videos produced in Canada that show the ISTD Gold syllabus of International style standard dances. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their hugely popular Gold Standard classes. Each dance variation is demonstrated in expert detail and includes the following features:

- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at

## Gold (Advanced Level 2) Latin Dances - 4 DVD set Samba, Cha Cha, Rumba, Jive

### *Video synopsis*

This Gold Latin American DVD collection is the series that follows our Silver Latin videos. It consists of four discs showing the International Style of Cha Cha, Rumba, Samba, and Jive. These are the only videos produced in Canada that show the ISTD Gold syllabus of International style Latin American dances. Each DVD features Andy & Wendy Wong, directors and instructors of The Grand Ballroom, teaching and demonstrating the steps exactly the way they do it in their hugely popular Gold Latin classes. Each dance variation is demonstrated in expert detail and includes the following features:

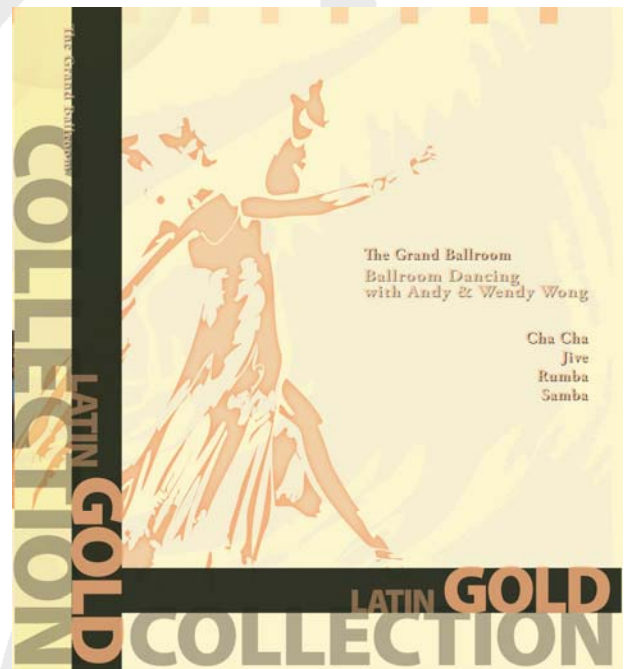
- Front and reverse angle views (so you can follow the TV image without twisting your neck to see us!)
- Man's steps only with proper musical count
- Lady's steps only with proper musical count
- Individual close up view of man's and lady's footwork
- Secrets of leading and following well
- A simple routine to show how the variation is danced on the floor
- Common faults and cures
- Dancing as a couple to music

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).



### **4 DVD Gold Latin Collection**

- Gold Samba
- Gold Cha Cha
- Gold Rumba
- Gold Jive
- Total time of 4 DVDs = 7 hr 17 min

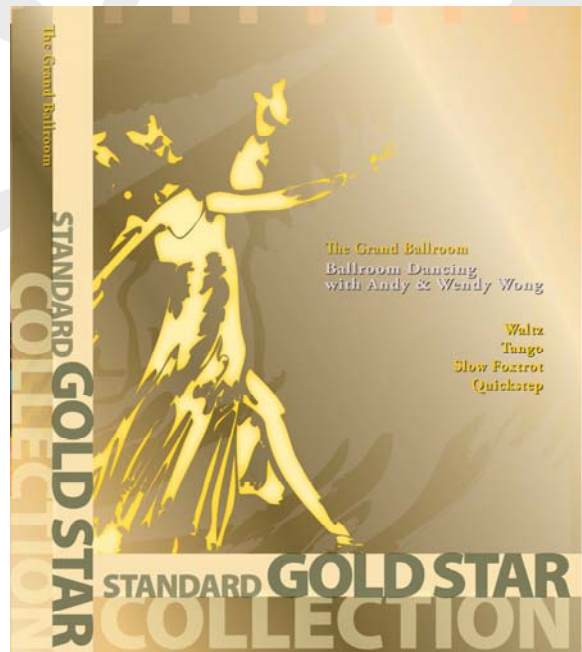


**Purchase price: \$114.95**  
Taxes not included

# Gold Star (Advanced Level 3) Standard Dances - 4 DVD set

## Waltz, Tango, Slow Foxtrot, Quickstep

### Instructional and choreographed routines DVDs



#### 4 DVD Gold Star Standard Collection

- Gold Star Waltz
- Gold Star Tango
- Gold Star Slow Foxtrot
- Gold Star Quickstep
- 20% package discount saving
- Total time of 4 DVDS = 3 hr 29 min

**Purchase price: \$118.95**  
Taxes not included

#### *Video synopsis*

This DVD collection is a complete instructional video library of the Waltz, Tango, Slow Foxtrot, & Quickstep routines (Program 2) taught in Andy & Wendy's hugely popular Gold Star Standard class on Monday nights. The steps are not only taught and shown in great detail but are put together in complete routines to save you the hassle of figuring out how to link them together. The dvds feature professional instructors Andy Wong and Linda Chen.

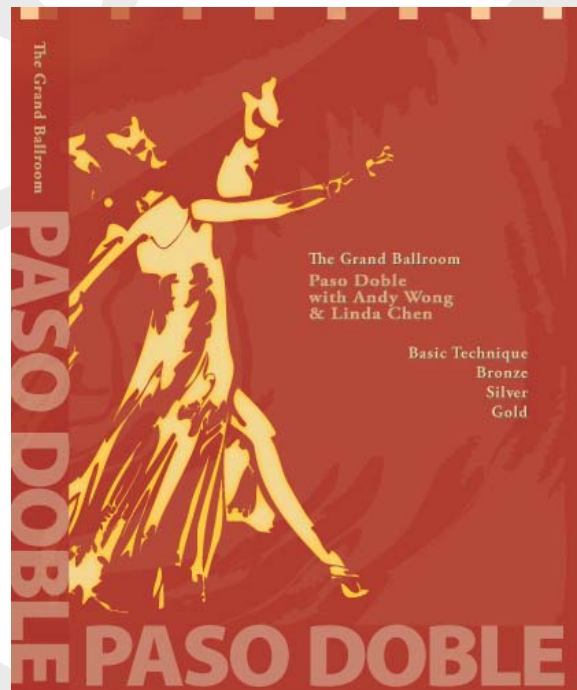
Every one of the four sides of the routine is shown a number of times in expert detail and includes:

- Full description and demonstration of the steps
- Front and reverse angle views of man's steps only
- Front and reverse angle views of the lady's steps only
- Front and reverse angle views of the couple dancing together with music.
- Proper technique of leading and following
- Complete text description of entire routine available for download from our online store.

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).

## Paso Doble - Complete 3 DVD set

### Basic technique and three choreographed routines



### Triple DVD Paso Doble Collection

- DVD 1 - Basic Paso Doble technique  
- Bronze Paso Doble routine
- DVD 2 - Silver Paso Doble routine
- DVD 3 - Gold Paso Doble routine
- Total time of 3 DVDS = 3 hours

**Purchase price: \$62.95**

**Taxes not included**

### *Video synopsis*

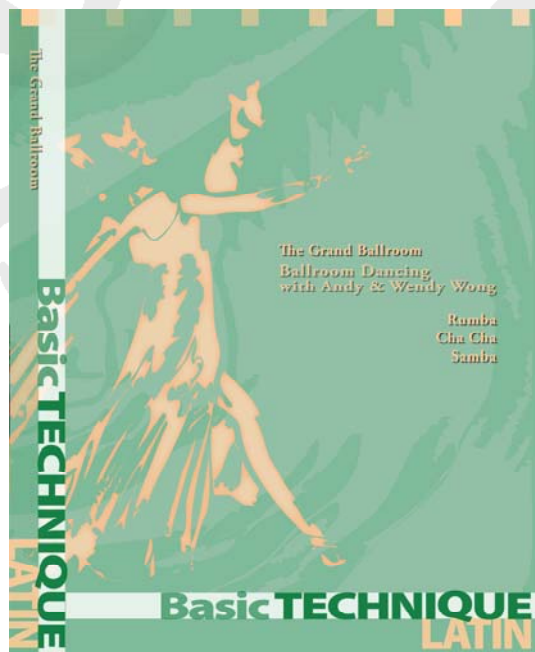
This DVD collection consists of three complete instructional videos on the Paso Doble. It starts of with Andy teaching the fundamental technique and steps of this exciting Latin dance. This is then followed by a detailed demonstration and instruction of three complete Paso Doble routines. The first is a Bronze routine using Bronze syllabus figures. The second is a Silver routine incorporating Silver syllabus figures. The third is a Gold routine using Gold syllabus steps. The dvds feature professional instructors Andy Wong and Linda Chen.

Every one of the four sides of the routine is shown a number of times in expert detail and includes:

- Full description and demonstration of the steps
- Front and reverse angle views of man's steps only
- Front and reverse angle views of the lady's steps only
- Front and reverse angle views of the couple dancing together with music.
- Proper technique of leading and following
- Complete text description of entire routine available for download from our online store.

You can view the step list and a sample video clip of each DVD by visiting our online store at [www.grandballroom.com/shop/](http://www.grandballroom.com/shop/).

## Basic Technique for Latin Dances DVD Cha Cha, Rumba, Samba



### Basic Technique for Latin Dances

- Cha Cha
- Rumba
- Samba
- Total time = 1 hr 25 min
- Save 20% by buying the Double DVD Latin and Standard Technique collection.

**Purchase price: \$25.95**  
Taxes not included

### *Video synopsis*

This DVD is a must for all Bronze, Silver, and Gold students. It is a video compilation of our four hour Basic Latin Technique class covering the Cha Cha, Rumba, and Samba. The goal of the technique classes and the video is not to teach steps (we have 40 plus videos that do that...), but to show our students the all-important techniques that make them dance easier, feel better, and of course, look great. Now who wouldn't want that!

The video will show in detail the following techniques:

- Proper body posture and alignment
- The technique of dancing the different chasses in Cha Cha
- A detailed description of the Rumba walk
- Leg action in Rumba and Cha Cha vs Samba
- Body rhythm and Cuban motion
- Rib cage and hip isolation movements
- Understanding the importance of musical count and beat values
- The difference in rhythm of the Samba basic, volta, walk, and bota fogo.

# Basic Technique for Standard Dances DVD

## The fundamental techniques used in all standard dances



**Purchase price: \$25.95**  
Taxes not included

### Basic Technique for Standard Dances

- Waltz, Tango, Slow Foxtrot, Quickstep
- Total time = 1 hr 10 min
- Save 20% by buying the Double DVD Latin and Standard Technique collection.

### *Video synopsis*

This DVD is a must for all Bronze, Silver, and Gold students. It covers all the fundamental techniques that are so important for dancing the standard dances- Waltz, Tango, Slow Foxtrot, and Quickstep. The goal of this video is not to teach steps (we have 40 plus videos that do that...), but to show you the technique necessary to make your dancing easier, feel better, and look better. Now who wouldn't want that! Here is a summary of what is covered on the video:

- Proper body posture, body alignment, and body tone
- Detailed description and demonstration of the dance frame and dance hold
- The difference between closed dance position and promenade position
- The importance of using all body joints and proper footwork
- Comparing 'Rise and Fall' in Waltz and the other dances
- The 'magic' of two people moving fluidly as one
- 'Lead and follow' vs 'Initiation and response'
- The principle of three body centres within each couple
- Demystifying the technique of Contra Body Movement and Contra Body Movement Position
- What is body swing and how do you get it?



## **Special Discount DVD Packages** (No other discounts or coupons apply.)

### **All Bronze Special:**

- Bronze I Latin 4-DVD complete set
- Bronze I Standard 5-DVD complete set
- Bronze II Latin 5-DVD complete set
- Bronze II Standard 5-DVD complete set
- Regular total price if purchased separately: \$293.80
- ***Special package price: \$275.00***

### **All Silver and Gold Special:**

- Silver Latin 6-DVD complete set
- Silver Standard 6-DVD complete set
- Gold Latin 4-DVD complete set
- Gold Standard 8-DVD complete set
- Regular total price if purchased separately: \$593.80
- ***Special package price: \$475.00***

### **All Latin Special:**

- Bronze I Latin 4-DVD complete set
- Bronze II Latin 5-DVD complete set
- Silver Latin 6-DVD complete set
- Gold Latin 4-DVD complete set
- Paso Doble 3-DVD complete set
- Basic Technique for Latin Dances
- Regular total price if purchased separately: \$501.70
- ***Special package price: \$425.00***

### **All Standard Special:**

- Bronze I Standard 5-DVD complete set
- Bronze II Standard 5-DVD complete set
- Silver Standard 6-DVD complete set
- Gold Standard 8-DVD complete set
- Gold Star Standard 4-DVD complete set
- Basic Technique for Standard Dances
- Regular total price if purchased separately: \$619.70
- ***Special package price: \$495.00***

### **Our Complete Library - all 12 Complete Sets Special:**

- Beginners 6-DVD complete set
- Bronze I Latin 4-DVD complete set
- Bronze I Standard 5-DVD complete set
- Bronze II Latin 5-DVD complete set
- Bronze II Standard 5-DVD complete set
- Silver Latin 6-DVD complete set
- Silver Standard 6-DVD complete set
- Gold Latin 4-DVD complete set
- Gold Standard 8-DVD complete set
- Gold Star Standard 4-DVD complete set
- Paso Doble 3-DVD complete set
- Basic Technique 2-DVD complete set
- Regular total price if purchased separately: \$1180.40
- ***Special package price: \$880.00***