



SAUNA
OPERATION
MANUAL

For your safety and continued enjoyment of this product, always read the Operation Manual carefully before using.



SAFETY PRECAUTIONS

OPERATION PRECAUTIONS

Keep this Operation Manual for future reference.

Initially limit sauna session frequency to 1 per day and session duration to 20 minutes.

Turn on Panel only if you will use the sauna immediately or to preheat immediately prior to use.

Turn off Panel immediately after use.

Always maintain a distance of at least 18 inches between your torso and the operating bulbs of the Tungsten™ Panel.

Do not expose any one side of torso to operating bulbs for too long by rotating torso 90 degrees every 2-10 minutes during the sauna session.

Remove bulbs before moving, assembling, disassembling or cleaning sauna.

Avoid direct water, liquid or metal contact with bulbs. Unexpected bulb rupture may cause injury, fire, or property damage.

Risk of Fire! Keep combustible materials including Sauna Cover away from bulbs.

Risk of Burn! Do not touch operating bulbs and bulbs that were recently turned off.

Bulb emits IR radiation which may cause eye injury. Do not stare directly at operating bulbs. Do not use on infant, disabled, sleeping, or unconscious person or any person unable to avoid potential injury.

Do not use this Product if you are impaired in any way by alcohol or illicit drugs and do not consume alcohol or drugs during use.

ELECTRICAL PRECAUTIONS

Do not plug into an overloaded circuit, or an ungrounded circuit.

Do not touch Panel nor its power cord if you are wet.

Route power supply cords so as to keep them from being walked on or damaged.

Power Supply Requirements. Panel is intended only for use with a 3-conductor power socket that is properly grounded. The Tungsten™ Panel is rated for 1000W max. This Product may only

be operated in minimum 13A (maximum 20A) grounded electrical supply circuit with 50/60Hz 110-240VAC voltage .

Power Supply Voltage. Use 120V-rated bulbs only with 110-120V power supply & use 240V-rated bulbs only with 220-240V power supply.

Inspect Power Cord. Always inspect power cord and Panel itself including bulb sockets, switch and Faraday™Bulb Guard for damage before operating Panel. If any parts of Panel appear to be damaged, immediately turn off Panel and unplug from power source. Contact SaunaSpace® Customer Service for repair and/or replacement.

MEDICAL & HEALTH PRECAUTIONS

Consult your health care provider prior to using this product.

Pregnancy: Do not use the sauna if you are pregnant.

Implants: Consult your health care provider regarding use of the sauna if you have any type of implant.

Prescription Medication: Consult your physician prior to using the sauna if you take prescription medication.

Children: Children should not operate Panel nor enter sauna without proper adult supervision and approval of their health care provider.

Danger of Hyperthermia. Do not allow your body's core temperature to exceed 103°F (39.4°C).

Healing Reactions may occur with sauna use and are temporary symptoms that occur as toxic substances are eliminated and chronic infections heal. Symptoms vary, but mild odors, tastes or rashes are very common and usually pass quickly. Some people feel great fatigue after sessions and this is normal. Some people have bowel changes, aches, pains or headaches.

DISCLAIMER

Always consult a health care provider who is knowledgeable in sauna use before using a sauna. Saunas are powerful devices and monitoring your progress by a professional trained in sauna use is always advised.

Sauna therapy can be dangerous and even fatal for some people under some circumstances. If you are considering sauna therapy, you must first seek the advice of your health care provider about sauna therapy and should also become educated as to the proper use of sauna, preparations for doing sauna therapy, as well as fully understanding the risks involved in sauna therapy.

Risks include, but are not limited to, cardiac failure, stroke, fainting, headache, nausea, weakness, rashes, hot flashes, dehydration, exacerbation of neurological symptoms, and even death. Variables of sauna therapy such as health condition of user, duration of sauna therapy, proper hydration, electrolyte and mineral balance and restoration must be properly considered and heeded before proceeding with sauna therapy.

SaunaSpace LLC (hereafter "SaunaSpace®") Products (hereafter "Products") are not registered with the United States Food and Drug Administration (FDA) as a Medical Devices. Consult your licensed health care provider to see if the SaunaSpace®'s Products are right for you. SaunaSpace® and/or its partners, associates, etc. are not liable for the use of SaunaSpace® Products nor any incidental or consequential damages. Under no circumstances shall SaunaSpace® Products or any of its representatives be held liable for injury to any persons or damage to any property. Some states do not allow exclusion or limitation of incidental or consequential damages, so the above limitations or exclusions may not apply to you.

The FDA requires us to inform you that this Product is not intended to diagnose or treat any disease or medical problem and is not a substitute for regular medical care from a licensed physician.

TABLE OF CONTENTS

3 SAFETY PRECAUTIONS

- 3 Operation Precautions
- 3 Electrical Precautions
- 4 Medical & Health Precautions

5 DISCLAIMER

8 WHY SAUNA?

- 8 Why Sauna Therapy?
- 8 The Near Infrared Advantage

9 SPECIFICATIONS

- 9 Tungsten™ Panel

10 PART LIST

- 10 Tungsten™ Panel
- 10 Luminati™ Sauna Enclosure
- 10 Stool

11 STOOL SETUP

12 TUNGSTEN SETUP

13 ENCLOSURE SETUP

- 13 A. Mount Panel to Long Poles
- 14 B. Assemble Frame Rear
- 15 C. Insert Short Poles & Stand
- 16 D. Install Mat Sticks into Mat
- 17 E. Install Mat into Frame
- 18 F. Continued Frame Assembly
- 19 G. Install Curtain
- 20 H. Align Bulbs to Torso
- 21 I. Install Inner Cover
- 22 J. Install Faraday™ Cover Layer & Outer Cover
- 22 K. Install Power Cord & Connect Ground Cables
- 23 L. Luminati™: Connect Ground Cable to Mat
- 24 M. Faraday™: Connect Ground Cable to Mat

- 25 N. Pass Power Cord Through Cover Slits
- 25 O. How To Seal Curtain During Use
- 26 P. Snap Curtain to Mat During Use

27 SHOWER CONVERTER SETUP

- 27 Shower Converter Parts List

29 INSTALL BULBS

30 OPERATION GUIDE

- 30 General Guidelines
- 31 Preparation Before Use
- 32 During Sauna Use
- 33 Clean-up & Cool Down After Use

34 PRODUCT CARE

- 34 Tungsten™ Panel
- 34 Sauna Frame
- 34 Cover & Regular Curtain
- 34 Faraday™ Shielding Cover & Shielded Curtain
- 34 Stool & Pedestal
- 34 Bamboo Grounding Mat

35 WARRANTY

36 RETURNS & REPAIRS

- 36 100 Day Trial
- 37 How to Return or Exchange Your Product?
- 39 What about Warrantied Repairs?
- 39 What about Non-Warrantied Repairs?

40 CONTACT US

WHY SAUNA?

WHY SAUNA THERAPY?

Throughout history, humans have used sauna therapy, also known as hyperthermic therapy, as a safe and powerful means of detoxification. Sauna therapy heats the body, dramatically increasing blood-flow to the vital organs and skin, unlocking even hard to reach toxins. Sweating during vigorous exercise can raise the body temperature, but the “fight or flight” (sympathetic) state decreases deep organ blood flow. When you work-out you sweat, but you don’t detox much at all. Only in a “rest & digest” (parasympathetic) nervous state will sweating result in detoxification. Like sweating in a sauna.

THE NEAR INFRARED ADVANTAGE

Near infrared (NIR) sauna therapy has the power to change your body and mind. The beneficial effects positively impact acute and chronic infections, skin rejuvenation, the immune system, aging and longevity, and more.

DEEP TISSUE PENETRATION

Higher energy NIR light (versus lower energy far infrared) can penetrate up to 9 inches into the body reaching even internal organs. NIR light therapy provides improved cellular healing and energy compared to far infrared emitters, an important difference. Toxin protection, anti-inflammation and pain relief are additional benefits.

PHOTOTHERAPY

Specific wavelengths of near infrared light are absorbed mitochondrial photoreceptor proteins, directly activating increased metabolism, healing and detoxification processes in the cells and tissues.

SAFETY & EFFICIENCY

Incandescent near infrared bulbs are both ultra-low EMF and energy-efficient. NIR Bulbs provide the therapeutic effects inherent in the NIR band of natural sunlight, but without the harmful ionizing UV radiation.

ROTATION PROTOCOL

Rotating the body in our sauna allows for more even heating of the body and a more balanced sweat response, as well as better circulation by forcing the body to shunt blood from one side of the body to the other.

SPECIFICATIONS

TUNGSTEN™ PANEL

Brand: SaunaSpace®

MPN: 56154021

Wood Species: Tilia americana (Basswood)

Weight: 15 lb (6.8 kg)

DIMENSIONS

Width: 23.75 in (60.3 cm)

Height: 23.5 in (59.7 cm)

Depth: 9 in (22.9 cm)

ELECTRICAL INFO

Voltage: 110-240 VAC

Amperage: 8.3 A

Wattage: 1000 W

Frequency: 50-60 Hz

Plug Type: B (USA), F (EURO), G (UK); I (AU/NZ) or J (SWISS)

Shielded Removable Power Cord Length: 15 ft (4.6 m)

All electrical components UL-listed.

This product is CE-certified.



PART LIST

TUNGSTEN™ PANEL

QUANTITY	PART
1	Tungsten™ Panel
4	250W (120V or 240V) TheraLight™ Bulb
4	Turnkey Mounting Clamp
1	Power Cord Ground Sleeve
1	Removable Shielded Power Cord (15 ft, 4.6 m)

LUMINATI™ SAUNA ENCLOSURE

QUANTITY	PART
4	Long Vertical Pole (60.5 in, 154 cm)
6	Short Horizontal Pole (46 in, 117 cm)
2	3-Way Frame Connector
2	2-Way Frame Connector
4	2-way Frame Connector with Snap
1	Short Rear Mat Stick (22 in, 56 cm)
1	Long Front Mat Stick (49 in, 124.5 cm)
1	Bamboo Grounding Mat
1	Grounding Cable (3.3 ft, 1 m)
1	Regular Curtain
2	Cover Layer (Outer Layer with Pocket)
1	Frame Pole/Mat/Mat Stick Carrying Bag

FARADAY™ SAUNA ENCLOSURE EXTRAS

QUANTITY	PART
1	Shielding Cover Layer
1	Shielding Curtain (embroidered on collar with our logo)
1	Extra Grounding Cable (3.3 ft, 1 m)

STOOL

QUANTITY	PART
1	Seat Plate
2	Leg Panel

STOOL SETUP

NOTE: Pedestal is assembled same as Stool.

- 1) Insert one leg into another by aligning their center grooves.
- 2) Align legs with X-groove on back of Seat, seating the leg fully into the bottom of groove by rocking/wiggling legs back and forth and pushing down firmly.
- 3) Flip stool over and stand up on legs. Sit on stool or grasp stool by seat plate and push down above X-groove ends, to ensure legs are evenly and fully inserted into X-groove.
- 4) If seat is wobbly or uneven, go back to Step 3 and push seat top down extra-firmly to evenly seat legs into X-groove. If still uneven, remove legs and rotate in X-Groove.



TUNGSTEN SETUP

- 1) With open TurnKey pointed toward Panel, insert bare strap end into Panel's Bracket Slot.
- 2) Close Clamp by inserting bare end into back into TurnKey Screw and rotating TurnKey clockwise.



ENCLOSURE SETUP

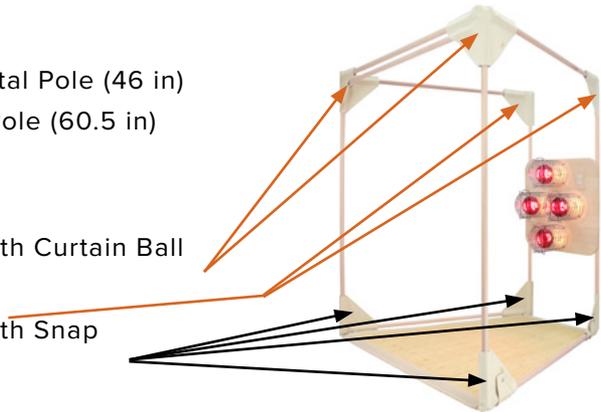
This applies to Luminati™ Sauna, Faraday™ Sauna and Faraday™ Shielding Upgrade owners.

POLES

- 6 of SHORT Horizontal Pole (46 in)
- 4 of LONG Vertical Pole (60.5 in)

FITTINGS

- 2 of 3-Way Fitting with Curtain Ball
- 2 of 2-Way Fitting
- 4 of 2-Way Fitting with Snap



A. MOUNT PANEL TO LONG POLES

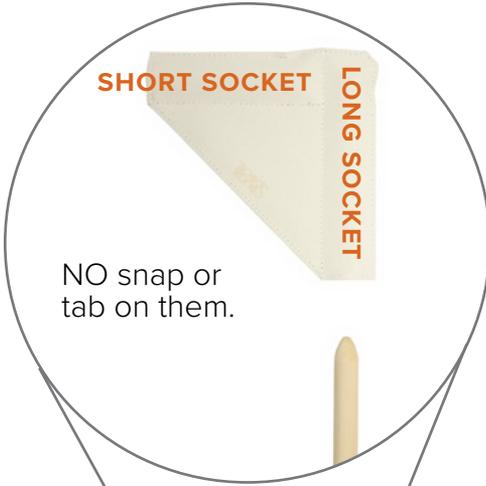
- 1) Place Panel with Faraday™ Bulb Guards-down on floor.
- 2) Slide a LONG Pole through each Clamp Pair, placing middle of each Pole at midpoint of Panel.
- 3) Tighten Clamps until just snug.



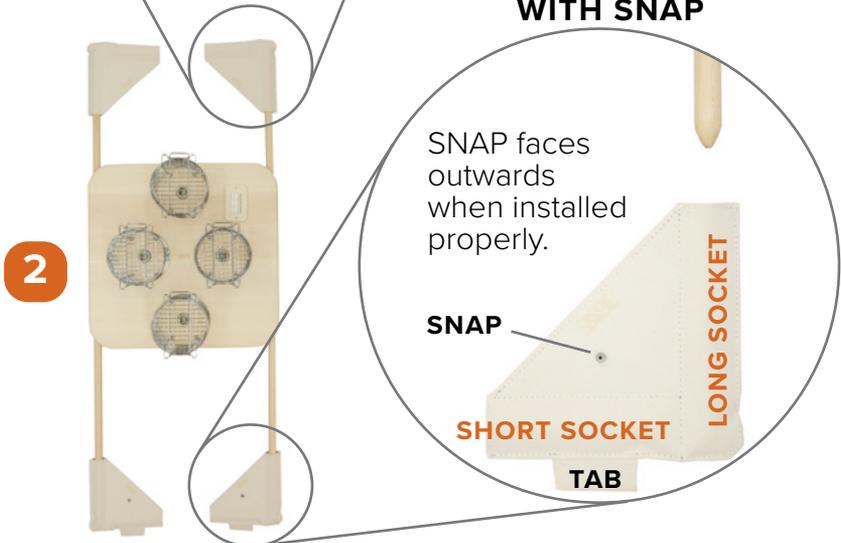
B. ASSEMBLE FRAME REAR

- 1) Flip assembly on floor, Faraday™ Bulb Guards facing up.
- 2) Install 2-Way Fittings to each end of both Poles.

TOP 2-WAY FITTING

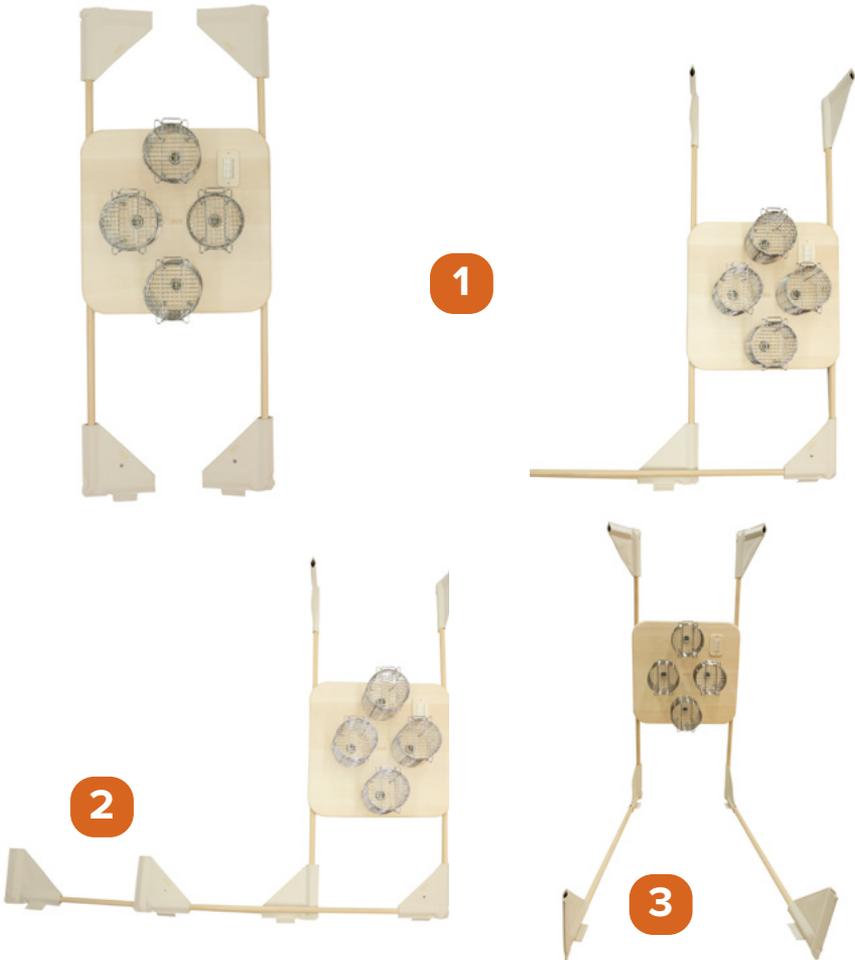


BOTTOM 2-WAY FITTING WITH SNAP



C. INSERT SHORT POLES & STAND

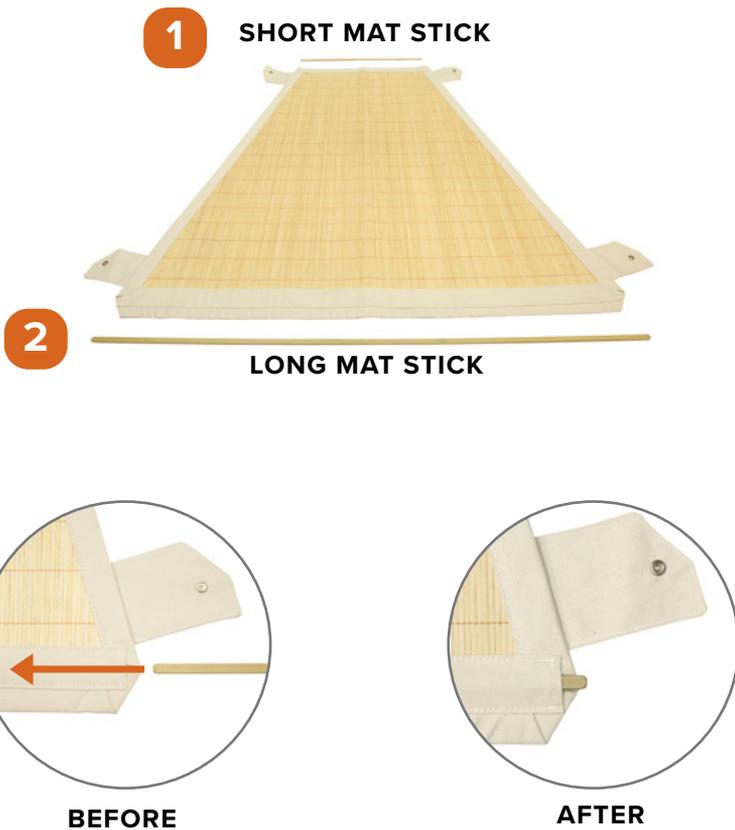
- 1) With Panel laying on ground, insert a SHORT Pole into each 2-Way Fitting.
- 2) Install last two 2-Way Fittings with snaps to other end of SHORT Poles. Install 2-Way Fittings on Poles, with snaps/logos to outside.
- 3) Using handle on back of Panel, carefully lift Panel and poles up and spread bottom legs for stability.



D. INSTALL MAT STICKS INTO MAT

To ensure proper stability of your Sauna, place Mat Sticks into either end of Bamboo Grounding Mat.

- 1) Short Mat Stick goes into the short or rear end of Mat
- 2) Long Mat Stick goes into long or front end of Mat.



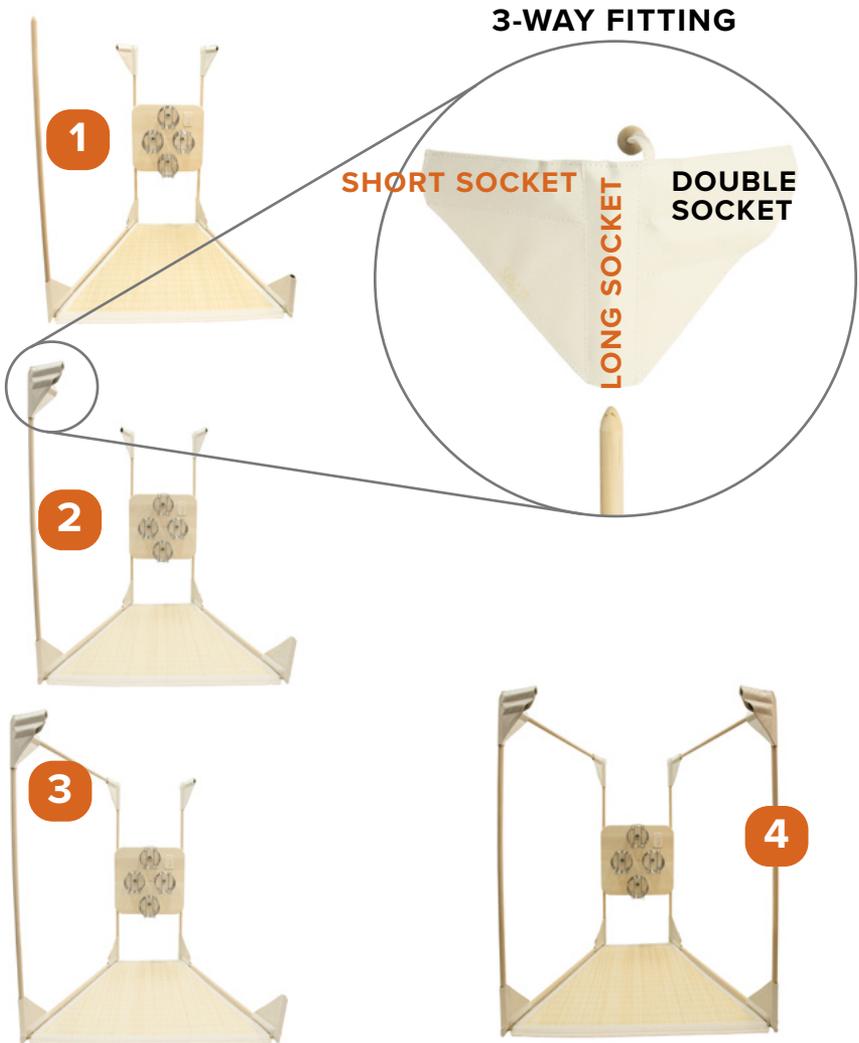
E. INSTALL MAT INTO FRAME

- 1) Place Mat between bottom Poles.
- 2) Mat Flap should lay under Fitting.
- 3) Ensure Fitting Tab is under Mat body and above Mat Flap.
- 4) Snap Flap to Fitting.



F. CONTINUED FRAME ASSEMBLY

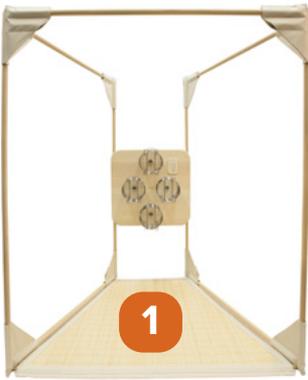
- 1) Install 1 LONG Pole into Front-Bottom Fitting
- 2) Install 1 3-Way Fitting on this LONG Pole, with Double Socket on Door Side.
- 3) Install 1 SHORT Pole between 3-Way Fitting & Rear 2-Way Fitting
- 4) Repeat Steps 1-3 with other Frame Side.



G. INSTALL CURTAIN

- 1) Insert SHORT Pole (Door Pole) into top Socket of Double Sockets to connect the 3-Way Fittings.
- 2) Insert remaining SHORT Pole (Curtain Pole) into lower of Double Socket of ONE 3-Way Fitting.
- 3) Holding this Curtain Pole, install 6 Curtain Loops facing outside. The outermost Curtain Loops are not used here, they are on opposite side of Curtain to receive the Curtain Balls.
- 4) In other 3-Way Fitting, retract Door Pole slightly to allow insertion of SHORT Pole into bottom socket.

Ensure all Poles are snug & fully inserted into all Fittings.



H. ALIGN BULBS TO TORSO

The most effective sauna therapy focuses the heat on the torso, the seat of the body's toxins, thereby maximizing the detoxification effect.

Top bulb aligns with chest, middle two bulb with abdomen, lowest bulb at knee height while user is seated.

Front of chest is 18-30 inches from bulb face, ideally 24 inches.

- 1) Turn clamp keys counter-clockwise to loosen.
- 2) Slide Light Panel to desired position.
- 3) Re-tighten clamp keys after proper height & level is achieved.



I. INSTALL INNER COVER

Dress Inner Cover (no embroidered pocket), seams inside.

1) ALIGN TOP. Drape Cover over top and align the top corners. Wide side of top goes to the front, narrow end to rear.



2) REAR CORNER TUCK. After Cover is aligned on top, tuck rear-bottom corners under Frame.



3) FRONT CORNER TUCK. Finally, tuck front-bottom corners under Frame for a snug fit.



J. INSTALL FARADAY™ COVER LAYER & OUTER COVER

- 1) If you purchased the Faraday™ Sauna or the Faraday™ Shielding Upgrade, then install your Faraday™ Cover Layer, same as the Inner Cover.
- 2) Install Outer Cover (with embroidered logo & pocket on door) same as the Inner Cover.
- 3) After correct installation, Cover should be dressed tightly around top and bottom corners, both outside and inside sauna.



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K. INSTALL POWER CORD & CONNECT GROUND CABLES

- 1) Hideaway-Pocket is sewn into Inner Cover below/behind Light Panel.
- 2) Pull top of Hideaway Pocket down and insert Power Cord *male* end into Pocket.
- 3) Grab male end of power cord that is now at bottom of Hideaway Pocket and pull through toward yourself all extra length.



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- 4) Open Cord Sleeve and connect other end of power cord to female receiver port inside Cord Sleeve.
- 5) Insert 3-ft ground cable into ground jack in Cord Sleeve.
- 6) Snap Cord Sleeve closed.
- 7) Feed ground cable and entire Cord Sleeve through top of Hideaway Pocket.
- 8) Grab ground cable end that is now at bottom of Hideaway Pocket.



9) If you purchased the Faraday™ Sauna or the Faraday™ Shielding Upgrade, then skip to **Chapter M: Faraday™: Connect Ground Cable to Mat.**



L. LUMINATI™: CONNECT GROUND CABLE TO MAT

- 1) Connect ground cable end to double ground jack on backside of central Mat flap. The second ground jack is not used during normal setup.*
- 2) Now skip to **Chapter N: Pass Power Cord Through Cover Slits.**

*Grounding Mat's 2nd ground jack is provided for users who need a dedicated external ground because the outlet being used is not grounded. If this applies to you, please contact support@sauna.space for advice on how to externally ground.

1



M. FARADAY™: CONNECT GROUND CABLE TO MAT

1) Reveal double-ground jack snap behind central Mat flap and remove it.



2) Pull Faraday™ Cover Layer's ground jack strap through the Inner Cover's Cord Slit.



3) Connect Mat flap snap to Faraday™ Cover Layer's double ground jack snap.



4) Connect ground cable end (coming out of Hideaway Pocket) to Faraday™ Cover Layer's ground jack strap. The second ground jack is not used during normal setup.*



*Grounding Mat's 2nd ground jack is provided for users who need a dedicated external ground because the outlet being used is not grounded. If this applies to you, please contact support@sauna.space for advice on how to externally ground.

N. PASS POWER CORD THROUGH COVER SLITS

- 1) Find the Cover Cord Slits at bottom of Hideaway Pocket. There is a slit through the Inner Cover, the Faraday™ Cover Layer (if you have it) and also the Outer Cover.
- 2) Insert Power Cord end through all Cover Slits & push through extra Power Cord length.
- 3) Arrange bottom of Hideaway Pocket to hide cables for a clean look.

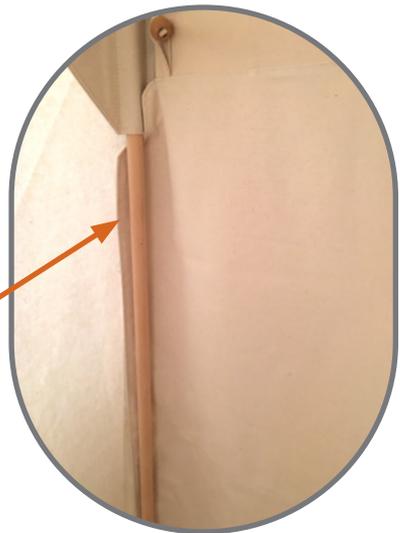


O. HOW TO SEAL CURTAIN DURING USE



**Outermost
curtain loop
hooks onto
curtain balls
on each side of
curtain collar**

**Curtain sides
tucked behind
Poles for
good seal**



P. SNAP CURTAIN TO MAT DURING USE

The Curtain has a snap on it's bottom front corners that snaps to the Bamboo Grounding Mat Front Flaps. Attaching one or both snaps helps ensure the Curtain-to-Cover seal is tight.

For the Faraday™ Sauna Owner, this also ensures that RF leakage into the sauna is minimized.

It's most convenient to leave 1 snap attached on the side of the Sauna from which you prefer to open/close the Curtain, so you only have to snap in the 2nd snap during operation.

- 1) Ensure Mat Flap properly extends out around the front-bottom Frame Fitting so it's visible and ready for Curtain's snap.
- 2) Snap Curtain to Mat.
- 3) Repeat Steps 1-2 with Curtain's 2nd snap.



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SHOWER CONVERTER SETUP

SHOWER CONVERTER PARTS LIST

QUANTITY	PART
2	Stainless Steel Shower Curtain Rod
1	Tungsten™ Panel
1	Pedestal
1	Stool
1	Shower Curtain

- 1) Install Curtain Rods at top of shower enclosure, one at rear and other at front of shower stall.
- 2) Drape Curtain over FRONT ROD and snap onto REAR ROD.



- 3) Assemble Pedestal and Stool as described in this Operation Manual under ASSEMBLE STOOL.
- 4) Install bulbs in Light Panel as described in this Operation Manual under INSTALL BULBS.
- 5) Place Pedestal at faucet side of shower. Place Stool at opposing end of shower. Stand Panel on Pedestal and plug into electrical outlet.
- 6) Close Curtain and Operate Sauna as described in this Operation Manual under **SAUNA OPERATION**.



USE RESTRICTONS

Do not use this product if you have any condition that prevents entering/exiting shower enclosure.

Do not use in shower enclosures made of plastic walls.

Do not use in enclosures that prevent maintaining 18 in. clearance from operating bulb to seated user's chest.

Do not use if your showerhead or spigot leaks/drips

SAFETY & PRODUCT CARE

Never operate shower when Converter Products are in bathroom.

Ensure all shower surfaces are completely dry prior to Converter installation, including floor.

Do not expose Converter Products to water or humid environments.

Remove Panel, Pedestal, Stool and Curtain after sauna operation & BEFORE operating shower!

INSTALL BULBS

CAUTION

Take care not to cross-thread bulbs during installation, which may result in damage to the bulb and/or socket.

1) Open Door fully by pulling on latch and pushing against adjacent wire tabs.



2) Insert bulb as shown and carefully thread clockwise into socket.



3) Close door and ensure latch snaps onto guard body securely.



US, Canada, Japan, Taiwan, other select countries:

Only use 120V-rated bulbs.

UK, Europe, Middle East, Asia, Australia, most other countries:

Only use 240V-rated bulbs.

SaunaSpace® stocks replacement 120V and 240V TheraLight™ bulbs for wherever you'll use your SaunaSpace® Products, available at sauna.space.

OPERATION GUIDE

Please read all of SAUNA OPERATION before use.

GENERAL GUIDELINES

We want to provoke a profuse, systemic sweat response during each session. The session duration and frequency will vary with individual user's needs.

Accordingly, please consult your healthcare provider regarding use of this product prior to first use.

If the user is very debilitated, acclimation to sauna therapy may take months and must start with limited duration sessions and limited weekly frequency of use.

DURATION

Begin with 20 minute duration for 3-4 weeks of use. Then slowly increase duration to 30-40 minutes by adding 5 minutes per week. Your eventual routine duration is up to you, but maximum duration should be limited to 60 minutes. **If one is very debilitated, begin with 5-10 minute session.**

FREQUENCY

Begin with 1x per day, 3 days per week for 3-4 weeks. Focus on increasing session duration first as described above before you increase frequency up to 5-7 days per week. Max recommended frequency is 2 times per day. Most users do at least 3 sessions per week. **If one is very debilitated, begin with 1-2 times per week.**

TIME OF DAY

It is best to use the sauna first thing in the morning or just before bedtime. At these times one is most relaxed, and the more one relaxes into the parasympathetic nervous state, the more one will sweat and so promote safe, maximal detoxification.

SUPERVISION

The presence of an attendant or friend close by is most helpful if you have any type of health condition.

PREPARATION BEFORE USE

ALIGN BULBS & LEVEL

Make sure the bulbs are properly aligned to your torso. See Chapter ALIGN BULBS TO TORSO.

PREHEAT

5-10 minute preheat is optional and based on user preference. Preheating will usually ensure you break a sweat sooner.

DRINK

8-16 ounces of water before a sauna session.

DRY BRUSHING

Optional. Very helpful for lymphatic activation and to help support your detox pathways.

TOWELS

Place 1 towel on the stool and 1-2 more beneath your feet. Some users enjoy having another small towel to wipe sweat off the face during the sauna session. **Failure to use towels to prevent sweat from reaching the product may lead to damage that could void the warranty on your Product.**

CLOTHING

Wear minimal clothing or none at all during your session because near infrared wavelengths are mostly blocked by cloth. Users may want cover the genitalia with a towel to prevent over exposure of this sensitive tissue.

JEWELRY

Generally, we don't recommend wearing jewelry in the sauna. If it's easy to remove, do so. Be aware that metal will heat up and plastic tends to offgas when directly in front of operating bulbs.

NO DISTRACTIONS

Avoid working, studying, or talking. Detoxification requires a relaxed nervous system, so relax, maybe listen to some relaxing music, meditate or use visualization techniques.

Sit comfortably but erect and avoid slouching or leaning.

3RD-PARTY PRODUCT USAGE IN SAUNA

Active Transmitter Tech (Ex: Apple Watch, Oura Ring, e-reader tablets, any smartphone) is okay, as long as it's in airplane mode when you are in the sauna. If your device lacks an airplane-mode feature, don't use it.

Passive Non-Transmitting Tech (Ex. simple timer, wall thermometer) is fine. Avoid placing it directly in front of the operating bulbs.

Essential oil, body lotion and cream use is not recommended because if it contaminates the Product, it will void your warranty and violate the return policy.

Salt lamps and salt generators are not recommended only because its unshielded power cord will bring undesirable EMF into your sauna.

DURING SAUNA USE

IMPORTANT SAFETY NOTES

It's okay to have eyes open or closed but don't stare directly into the operating bulbs.

Always keep your Torso at least 18 inches (46 cm) away from operating bulbs.

The Faraday™ Bulb Guard doors must be securely closed during operation.

Always leave sauna at once if you feel faint, if you stop sweating, if your face turns bright red, or if your heart starts to race. This indicates overheating or heat stroke.



PANEL ON/OFF OPERATION

Upper switch operates top bulb.

Middle switch operates two middle bulbs.

Bottom switch operates the bottom bulb.



ROTATION

The torso must always be rotated 1/4-turn every 2-10 minutes to control heat exposure and to prevent overheating of the exposed tissue.

SWEATING

Ideally, you want to have strong torso sweating for at least 5 minutes, which typically requires a minimum 20 minute session.

TURN OFF

Panel should be turned off after session is completed.

CLEAN-UP & COOL DOWN AFTER USE

REMOVE TOWELS IMMEDIATELY AFTER SESSION

Removing your towels afterward conveys your odorous and caustic sauna sweat out of the sauna. Wash towels after use.

Failure to use towels to prevent sweat from reaching the product and failure to remove towels immediately after the session may lead to damage that could void the warranty on your Product.

DRINK

8-16 ounces of water after a sauna session.

RINSE OFF IN SHOWER

After a sauna session you should take a cold or lukewarm shower to rinse off, as this prevents re-absorption of toxins excreted from tissues to the skin's surface through sweating.

Scrubbing the skin with a natural-bristle brush or loofa activates lymphatic system response and also feels wonderful.

RELAX

After a sauna session, relax to allow the body to re-adjust. Always rest for 10 to 15 minutes after a sauna session. Do not return to daily activities immediately.

PRODUCT CARE

TUNGSTEN™ PANEL

Unfinished wood must be protected from sources of water and conditions of high humidity. Dry off with a cloth immediately if exposed to sweat or water.

SAUNA FRAME

Contains unfinished wood must be protected from sources of water and conditions of high humidity. Same goes for the Canvas Frame Connectors.

COVER & REGULAR CURTAIN

WASHING: Delicate cycle with BioKleen Fragrance Free or similar hypoallergenic gentle detergent.

DRYING: Hang dry. If using in automatic dryer, use AIR DRY ONLY operation (do not dry with heat!).

STEAMING: Installed Covers may be steamed with a fabric steamer to reduce visible wrinkles. Care must be taken to use fabric steamer correctly and according to manufacturer's instructions to avoid discoloring and/or damaging the cover material.

FARADAY™ SHIELDING COVER & SHIELDED CURTAIN

WASHING: Hand wash with pH-neutral gentle soap in cold water. Do not soak.

DRYING: Hang dry. Do not machine-dry.

Do not dry clean. Do not steam.

STOOL & PEDESTAL

Unfinished wood must be protected from sources of water and conditions of high humidity. Dry off with a cloth immediately if exposed to sweat or water. **PLACE A TOWEL ON YOUR STOOL DURING SAUNA OPERATION TO PROTECT IT FROM EXPOSURE TO SWEAT.**

BAMBOO GROUNDING MAT

Unfinished bamboo and cotton canvas must be protected from sources of water and conditions of high humidity. Spot-clean bamboo as needed with a mild water-vinegar (1:1 vinegar/water) solution.

Avoid sweating directly on the mat to extend its product life and to keep the sauna experience pleasant. The mat is a barrier between the existing flooring and the sauna. It is not designed to soak up sauna sweat! **PLACE A TOWEL ABOVE THE MAT DURING SAUNA OPERATION TO COLLECT YOUR SAUNA SWEAT.**

Failure to use towels to prevent sweat from reaching the product and failure to remove towels immediately after the session may lead to damage that could void the warranty on your Product.

WARRANTY

SaunaSpace LLC (hereafter referred to as "SaunaSpace®") recognizes that certain naturally varying materials such as wood, cotton, bamboo and glass used in its Products (hereafter referred to as "Products") have naturally occurring blemishes, minor imperfections and weave asymmetry. These naturally occurring irregularities are not considered defects in materials for the purpose of this warranty, provided they do not adversely affect the functionality of the Product.

SaunaSpace® warrants to the original consumer purchaser that its Products will be free from defects in materials and workmanship appearing under normal individual consumer use for the time period(s) listed below. This warranty does not cover damage to Products caused by abuse, acts of God, theft, loss, mishandling, unauthorized modification or repair, or your failure to consult a licensed health care provider regarding proper use of this product.

THIS WARRANTY IS IN LIEU OF ALL OTHER EXPRESS WARRANTIES; AND ANY IMPLIED WARRANTIES, INCLUDING BUT NOT LIMITED TO ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE, ARE LIMITED TO THE DURATION OF THIS WARRANTY. IN NO EVENT WILL SAUNASPACE® BE LIABLE FOR ANY INCIDENTAL OR CONSEQUENTIAL DAMAGES.

Some states do not allow limitations on how long an implied warranty lasts and/or the exclusion or limitation of incidental or consequential damages, so the above limitation and/or the above exclusion may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state. As its sole responsibility and your sole remedy for any warranted defect, SaunaSpace® will repair or replace any defective part of its Products, containing a warranted defect, free of charge, and with notification within a reasonable period of time (but no longer than 6 months) following the discovery of such defect.

WARRANTY PERIOD	PRODUCT
10 Years	Faraday™ Sauna (excludes Faraday™Shielding Upgrade), Luminati™ Sauna, Tungsten™ Infrared Light Panel, Photon™ Infrared Light Panel, Sauna Stool, Tungsten™ Pedestal, Shower Sauna Conversion Kit, Photon™ Soft Case, Photon™ Desk Arm, Sauna Enclosure, Sauna Travel Bag Set, Sauna Cover Set
5 Years	Faraday™Shielding Upgrade
1+1 Year	ThermaLight Bulb 120V and 240V* *Note: If your ThermaLights are used exclusively in our Sauna and Light Panel Products as directed, you will obtain an additional one-year warranty.

RETURNS & REPAIRS

100 DAY TRIAL

You have up to 100 days to test your SaunaSpace® Product and decide if it suits you.

FREE RETURN SHIPPING IN CONTINENTAL USA & CANADA OVER \$200

We think you'll keep it. But if not, you can return it during the 100 Day Trial for a 100% refund. As long as the SaunaSpace® Product is still in "like new condition" we will refund the full purchase price. If you roughed it up a bit, that's okay. We may deduct a proportional amount from the refund to cover the cost of repair of the damaged component.

RETURN SHIPPING IN USA FOR ORDERS UNDER \$200

Equivalent to the actual cost to return-ship. We will issue you pre-paid FedEx return ship labels. We will deduct the return ship cost incurred from the refund.

RETURN SHIPPING FEE FOR ALL INTERNATIONAL DESTINATIONS (EXCLUDING CANADA)

Equivalent to the actual cost to return-ship. We will issue you pre-paid FedEx return ship labels. We will deduct the return ship cost incurred from the refund.

REFUND PROCESS

You may either exchange the product for the same product or receive a refund for amount of the purchased product. **Refunds on returned products will be issued in the same payment form as tendered at time of purchase.** Payments made by credit card will be reimbursed to your account after we receive and inspect the item. Please allow 7-14 days for a credit to appear on your credit card statement.

HOW TO RETURN OR EXCHANGE YOUR PRODUCT?

1. Email us, describing reason for return/exchange & desired return method, **DROP-OFF** or **PICKUP**

- **Email** sales@sauna.space
- We will email you pre-paid FEDEX labels for the return ship.

For **DROP-OFF** at your local **FEDEX Office** or **Customer Center**:

- Labels emailed to you may only be used for drop-off
- Drop-off may occur any date on or after labels are received, for up to 10 days.

For **PICK-UP** at your address:

- Indicate the desired pickup date and time window
- Pickup date must be at least 24 hours ahead of schedule date
- Pickup time window must be minimum 4 hrs, during 8am – 6pm local time.

2. Pack Return Items Into Boxes

- Re-pack the item(s) into original shipping carton exactly as received. It is important to place the custom foam pieces correctly to protect the components during transit.
- Failure to do so may cause the components to become marred and incur a reduction in your refund
- Tape carton(s) securely shut.
- Print the pre-paid FEDEX labels we emailed you and affix pre-paid labels to appropriate box(s).
- Please note dimensions and item descriptions for each label, as each label is meant for appropriate box size and weight.

3. SHIP

DROP-OFF at your closest Fedex location or wait for your scheduled **PICK-UP**.

100 DAY TRIAL RETURN POLICY RULES

- Claims for items missing or damaged in transit must be received within five (5) business days. We are not responsible for lost or damaged packages.
- All returned or exchanged items must be in "like-new" condition, in their original shipping carton, and must include all packing material and all parts. Products must be undamaged, unwashed (either by hand or by machine), unmarred, and unstained. Any damage or staining that occurs to the products during your Trial Period may result in a proportional reduction to your refund. Use the product with care!
- Goods will be carefully inspected upon return and photos taken of how packages are delivered by FedEx to our shop, how items were packed and any damage or staining of items.
- Identified damages due to user abuse may result in proportional reduction of refund amount.
- Please take care to re-pack items exactly as received in order to avoid damage during return shipping. Damage due to poorly packed items are not covered by the included shipping insurance and will be deducted from refund.
- SaunaSpace® is not responsible for personal data or items left in returned merchandise.
- SaunaSpace® is not responsible for any consequential or incidental damage resulting from the sale or use of any product bought from us. We are responsible for the monetary value of the product only.

WHAT ABOUT WARRANTIED REPAIRS?

Refer to the *WARRANTY* of this Operation Manual.

All our SaunaSpace® Products are warrantied against defects in manufacturing and workmanship under individual consumer use, as per our Warranty.

You will pay shipping cost both ways, to us and back to you.

5-10 business days will be required for repair or replacement before your repaired product or replacement product is shipped out to you. All repaired or replacement products will be shipped by ground courier service and a tracking number will be emailed to you once the shipment is in transport.

At our discretion, we may ship out a replacement part in lieu of return-repair. In this case, you pay ship cost to mail the replacement part to you.

Refer to *HOW TO RETURN OR EXCHANGE YOUR PRODUCT?* above to return your Product for repair.

WHAT ABOUT NON-WARRANTIED REPAIRS?

Rest assured that our Handmade Products are built with strict quality controls and will last many, many years if properly taken care of according to the Product's Operation Manual. For non-warrantied repairs, you pay shipping cost both ways, to us and back to you.

Refer to *HOW TO RETURN OR EXCHANGE YOUR PRODUCT?* above to return your Product for repair.

CONTACT US

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